

OTOLARYNGOLOGY

Pre-Surgery Instructions

Date of Surgery

Time of Arrival

You will receive a phone call the day before Surgery to confirm your arrival time for surgery, if you have not heard from our office by 11:30 am, please call the office at 707.462.8855.

Check In

Pavilion Surgical Services (245 Hospital Drive), the green building at the south end of the Ukiah Valley Medical Center Hospital. After entering the building, go through the door on the right and check in at the front desk.

Pre-Surgery Instructions

- NO BLOOD THINNERS 5 DAYS PRIOR TO SURGERY. If you are taking warfarin, Coumadin, platelet thinners (such as Plavix, clopidogrel or equivalent) or any similar blood-thinning medication, be sure to notify the doctors and get information on how to manage these medications in preparation for surgery.
- NO ASPIRIN OR ASPIRIN-CONTAINING PRODUCTS FOR 10 DAYS BEFORE SURGERY
- NO NSAID (non-steroidal anti-inflammatory) (for example, MOTRIN, IBUPROFEN, ALLEVE, NAPROSYN OR EQUIVALENT) OR HERBS SUCH AS GINGKO, GARLIC, GINSENG FOR 3 DAYS BEFORE SURGERY

(continued on back)

Laurie E. M. Spence, MD | Susan Cordes, MD, FACS
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1165 South Dora Street, Suite C-2 | Ukiah, CA 95482
Telephone 707.462.8855 | Fax 707.462.8386

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Post-Operative Instructions

Pre-Surgery Instructions (continued)

- If ordered by your surgeon, pre-op blood tests and EKG and chest x-ray will need to be completed within 1 month before your surgery date. You may have your testing done at the Pavilion (hours M-F 6:30am-6pm) or if blood test only (no EKG), you may have it done at Mendocino Radiology, Suite D in our office complex. If tests are done at any other facility, please make sure to have the results faxed to our office at least 3 days prior to surgery at 707.462.8386
- Call the office if you develop an illness so that we may determine whether your surgery needs to be postponed.

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