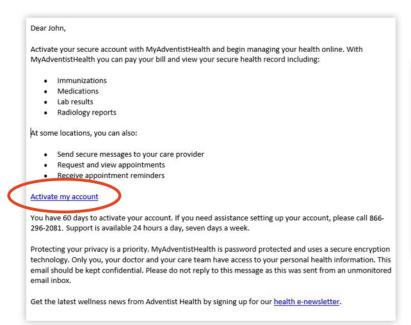
## Sign up for MyAdventistHealth with an email invitation

You may request an email invitation to sign up for the MyAdventistHealth patient portal by speaking with the staff at any Adventist Health facility. Here's how to get started.

 Open the email invitation from AdventistHealth@ iqhealth.com. Check your junk folder if you cannot find the email in your inbox. Then click the blue Activate my account link in the email.

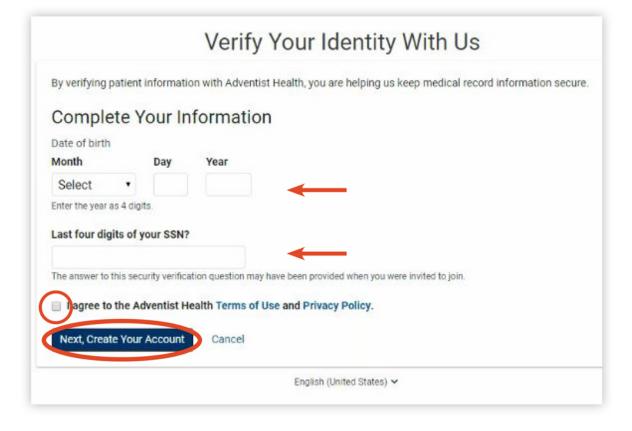


 On the page that opens, select I am [patient name] to begin managing your own health online, and click Continue.

For more information about managing your family's health online, visit MyAdventistHealth.org.



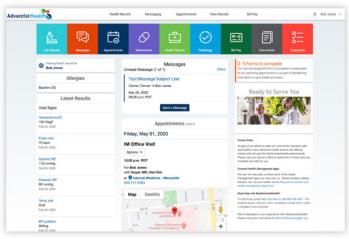
**3.** Then, verify your identity by providing your **Date of birth** and answering your **security question**. Then select the check box to **agree to the terms of use and privacy policy**, and click **Next**, **Create Your Account**.



4. Complete all fields: First name, Last name, Email address, Gender and Date of birth.
Then create a Username and Password which you will use to access your account in the future.
Next, select a Security question and enter your Security answer.
Finally, select the checkbox to Agree to the terms and conditions and click the Create Account button at the bottom of the screen.



**5.** Once your account is created, you can begin managing your health online.



**6.** To view your account in the future, visit **MyAdventistHealth.org** and click the **Sign in to MyAdventistHealth** button on the right. Then enter your **username** and **password** to log in.

