

Dealing with a serious illness can be a difficult experience for individuals and their families. Our Inpatient Palliative Care Service team includes specially trained physicians, nurses, social workers and chaplains to treat and care for people through this challenging time.

### Our Mission

Living God's love by inspiring health, wholeness and hope.

### Adventist Health Simi Valley

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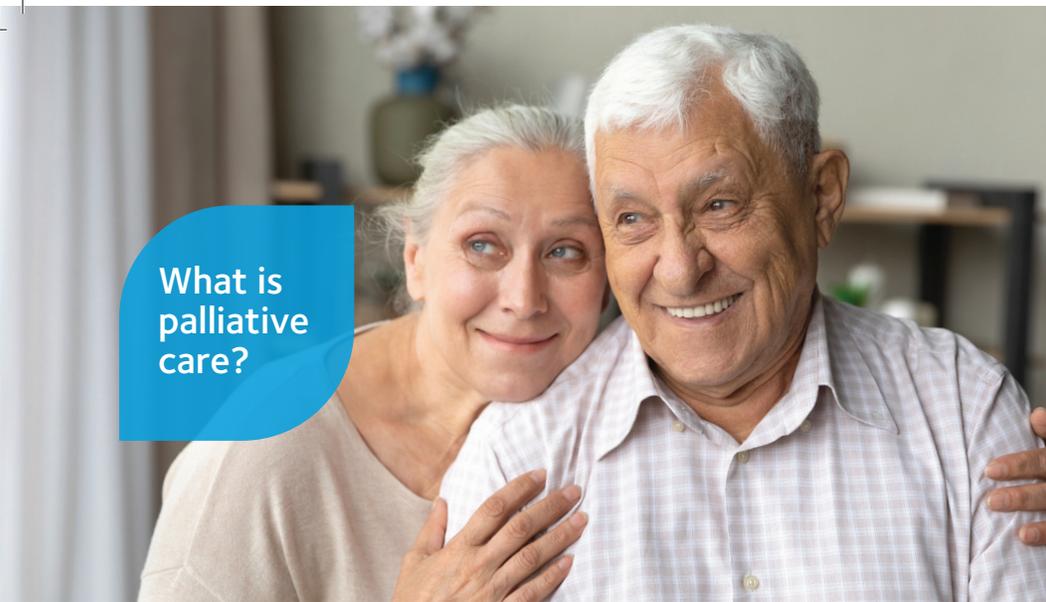
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### INPATIENT PALLIATIVE CARE SERVICES

A holistic approach to compassionate care for people with serious illnesses and their families





## What is palliative care?

Palliative care is patient and family centered supportive care, dedicated to helping patients and their loved ones cope with serious illness. Palliative care can be provided simultaneously with other treatments and may begin as early as diagnosis. The goal is to treat the whole person, tailored to meet the patient's medical, emotional, spiritual and social needs.

### How is palliative care different from hospice?

Palliative care offers an additional layer of support to patients and their loved ones. Patients may receive palliative care from the time of diagnosis, at any age or stage of serious illness. Palliative care is provided in conjunction with curative treatments. Hospice care is care that begins in the final months of life. With hospice, the patient has chosen to forgo further treatments and their life expectancy is less than 6 months.

### Living your life

Palliative care is focused on assisting patients to enjoy the best possible quality of life, despite the limitations of sickness or disease.

### Will a doctor continue to care for me?

Yes. A doctor will continue to care for you and be in charge of your care. The Inpatient Palliative Care team will work with doctors to ensure that you get the best possible care.



### Is palliative care right for me or my family member?

Palliative care may be right for you or a loved one who may be experiencing distressing or uncontrolled symptoms or side effects that interfere with their quality of life. Our team approach can provide assistance with:

- Pain
- Shortness of breath
- Nausea
- Fatigue
- Depression
- Anxiety
- Emotional and spiritual support for patients and their loved ones
- Identifying services and support for patients and loved ones after leaving the hospital
- Advanced care planning

### How can I receive palliative care?

Our Inpatient Palliative Care team is currently available to you or your family as a consultation, ordered by a physician. Your hospital doctor and/or primary care physician will be contacted to collaborate with the health care team on a plan of care for you, consistent with your wishes and your personal goals of care.

Our hope is to improve health care quality for patients by coordinating care transitions throughout the continuum of care, from hospitalization to home or a transitional care setting and to ensure the best possible outcome.