



BUILDING ON PROGRESS

THE 2025 COMMUNITY HEALTH NEEDS ASSESSMENT
AND THREE-YEAR IMPACT REVIEW





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About Us

Adventist Health

Adventist Health is a faith-based, nonprofit, integrated health system serving more than 100 communities on the West Coast and Hawai'i, with over 440 sites of care, including 27 acute care facilities. Founded on Adventist heritage and values, Adventist Health provides care in hospitals, clinics, home care agencies, hospice agencies and joint-venture retirement centers in both rural and urban communities. Our compassionate and talented team of more than 38,000 includes employees, physicians, allied health professionals and volunteers driven in pursuit of one mission: living God's love by inspiring health, wholeness and hope. Guided by our mission, Adventist Health supports purposeful work to address the social drivers of health, with a special focus on underserved members of the communities in which we operate. Together, we are transforming the healthcare experience of our communities with a whole-person focus on physical, mental, spiritual and social healing to support well-being.

Adventist Health Portland

Adventist Health Portland is a 302-bed hospital that has been providing comprehensive healthcare services to the Portland community since 1893. Our hospital is committed to delivering medical excellence, emergency care, outpatient services and wellness programs to all individuals regardless of insurance or ability to pay. Our continuum of care network of healthcare resources and expertise allows us to provide patients with seamless coordination and access to specialized services.

Specialties Brought to our Community

- Birthing Services
- Cancer Care
- Cardiovascular Care
- Digestive Health
- Hyperbaric Medicine
- Pulmonology
- Rheumatology
- Robotic Assisted Surgery
- Sleep Care



Defining the Community We Serve

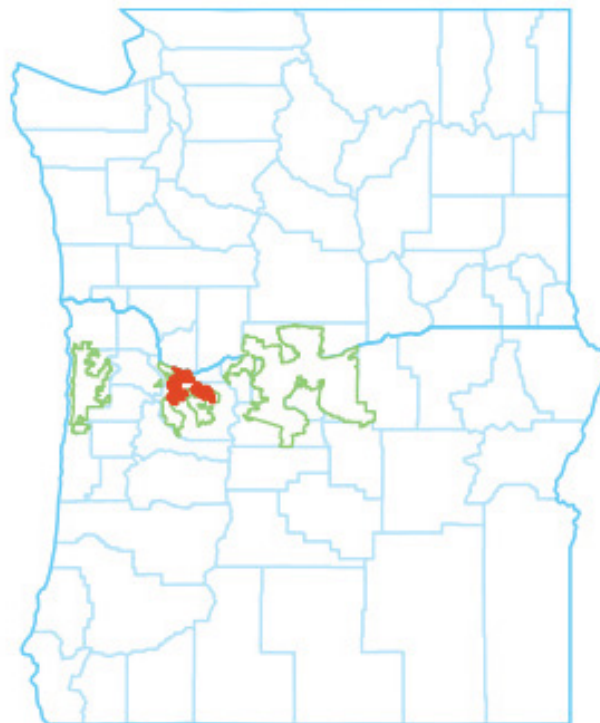
Adventist Health Portland is situated in Portland, Oregon also known as the City of Roses. Known for the vibrancy and uniqueness of its neighborhood's, the city is spread across six different "quadrants." Located on the northwestern border of the state of Oregon, the city is the largest in Oregon and sits at the convergence of the Columbia and Willamette rivers. The report area includes a total population of 991,463 (based on the 2020 Decennial Census). The largest city in the report is Portland, with a population of 652,503.

The report area is comprised of the following zip codes: 97009, 97013, 97015, 97023, 97024, 97027, 97030, 97038, 97045, 97055, 97060, 97067, 97080, 97086, 97089, 97141, 97202, 97203, 97206, 97209, 97211, 97212, 97213, 97214, 97215, 97216, 97217, 97218, 97222, 97223, 97230, 97233, 97236, 97266, 97267 and 97009.

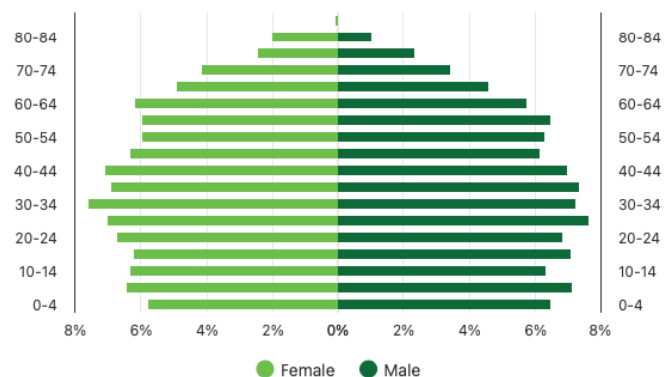
Key demographic indicators provide additional context on the community's social and health landscape:

- **Child poverty:** 13.12% of children live below the poverty line
- **Housing tenure:** 60.34% of residents own their homes, while 39.66% rent
- **Life expectancy:** Life expectancy at birth is 78.53 years, slightly lower than the Oregon state average of 79.22 years

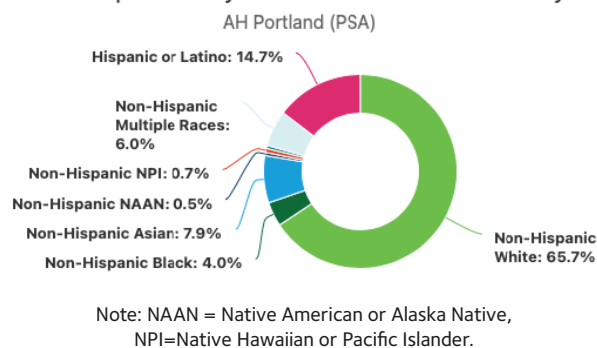
A complete listing of Adventist Health Portland specific data indicators can be found at <https://cares.page.link/qbbi>.



Population by Age Group



Total Population by Combined Race and Ethnicity



Looking Forward | Building on a Strong Foundation

CHNA 2026-2028

Non-profit health systems, community-based organizations and public health agencies across the country all share a similar calling: to provide public services to help improve the lives of the community members they serve. The Community Health Needs Assessment (CHNA) is conducted every three years to support this calling by helping non-profit hospitals understand the health needs of the community.

The CHNA process engages communities in identifying high priority health needs, and to align the resources of community-based organizations, public health services and Adventist Health to achieve improved health for all. Communities collect data and identify resources to maximize their focus on meeting the most significant community health needs over the next three years. For 2025, Adventist Health Portland, a member of the Healthy Columbia Willamette Collaborative, (HCWC) worked to create the 2025 CHNA which serves as an update to the 2022 CHNA. The collaborative is a unique coalition of organizations in both Oregon and Washington states and covers a four-county region. Findings presented in the CHNA are based on multiple sources. Qualitative or primary data sources included data collected through community surveys and focus groups. More than 2,128 people participated in a community health survey and 37 community focus groups were conducted involving over 347 community members. Community outreach included priority communities of Black, Indigenous, people of color, American Indian/Alaska Native, people who identify as LGBTQ2IA, people with intellectual and or physical disabilities, older adults, rural communities, people experiencing houselessness, immigrant populations, non-English speaking communities, people with substance use disorders and youth.

Quantitative or secondary data was gleaned from over 150 public data sources to compare and identify health trends of health outcomes over time. Data sources included Oregon Health Authority hospital data, American Community Survey, Oregon Student Health

Survey, Department of Education, Health Statistics and Vital Records, Washington Healthy Youth Survey, and Behavioral Health Risk Factor Surveillance Survey.

Through this in-depth analysis and discussion, the following top issues were prioritized:

- Safe and affordable housing
- Physical safety in the community
- Access to affordable health care
- Educational opportunity
- Trust of the health care system
- Culturally and linguistically responsive health care

On May 19, 2025, the Adventist Health Portland Community Impact Committee reviewed data and prioritized needs based on severity, prevalence, alignment around common goals, feasibility of potential interventions and opportunities to maximize available resources over a three-year period. Their review included the 2025 HCWC report along with secondary data outcomes specific to the AHPL primary and secondary services areas providing for the greatest understanding of community needs from the broadest range of perspectives. This collaborative effort resulted in the following high priority health needs:

- Access to Care
- Food Security
- Housing
- Mental and Behavioral Health

Looking Back | Foundational Work

CHNA 2023-2025

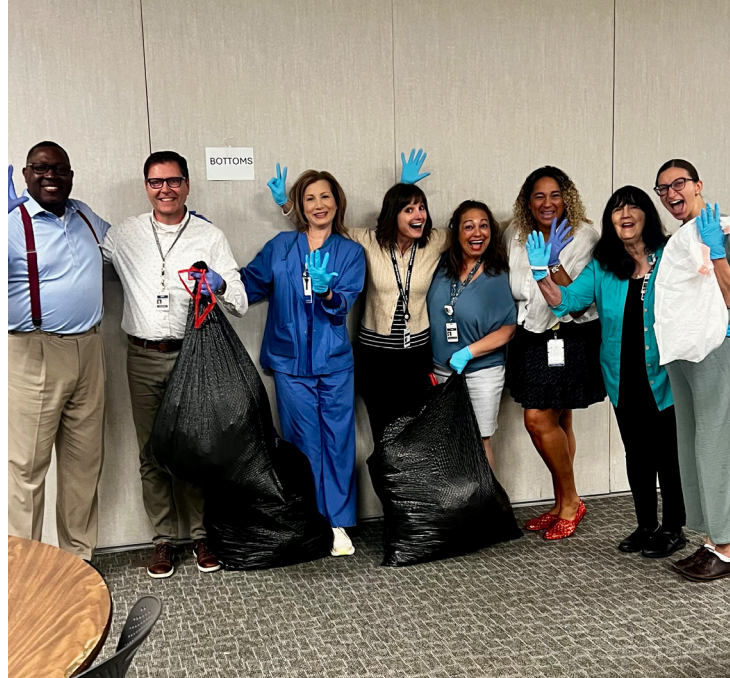
After our 2022 CHNA was completed, we identified four priority health needs for our region: Access to Care, Food Security, Health Risk Behaviors, and Housing. Over the past three years, we made strong progress by grounding our strategy in these needs and building relationships with community benefit organizations (CBOs) that have a proven track record of improving health outcomes and supporting individuals most at risk. This period provided significant learning about which partners could drive the greatest impact—and how we could best support them through both funding and service. During this time, our Volunteer Squad expanded from **74 to over 250 active members**, demonstrating the growing power of volunteerism to improve community health, especially when financial resources are limited. Below is a three-year summary of the work completed across our four highest-priority health needs, which shaped and guided our efforts throughout the CHNA cycle.

Access to Care Community Impact Summary

Over the first three years of this CHNA cycle, Adventist Health Portland significantly advanced equitable access to care for uninsured and underinsured individuals. We invested more than **\$304,000 in Project Access NOW**, increasing access to donated medical care, health insurance enrollment support, and community assistance services for vulnerable patients.

We worked to strengthen patient dignity and safety during care transitions by collecting, professionally laundering and distributing **over 2,300 lbs. of clean clothing**, while activating volunteers to organize and sustain the Emergency Department community closet for those in immediate need.

To better serve diverse populations, we expanded culturally responsive resources—**translating more than 20 patient-facing forms** and identifying additional materials for future translation in **Russian, Vietnamese, Spanish, and Chinese**. We also supported community-based outreach, including a partnership that surveyed **132 Slavic community members** to understand barriers to cancer screening, informing more inclusive pathways to care.





Food Security Community Impact Summary

Adventist Health Portland has made sustained progress in addressing food insecurity by expanding access to nutritious food, strengthening partnerships with community food providers, and investing in programs that ensure families have consistent access to the fresh, culturally relevant food they need to thrive.

A cornerstone of this work is the **community garden partnership with Outgrowing Hunger**, where approximately 57 immigrant families are provided land, tools, and resources to grow culturally familiar produce each year. This initiative supports food sovereignty, nutrition security, and community connectedness.

To further improve nutrition access following hospitalization, Adventist Health Portland partnered with **Meals on Wheels** to deliver **34,182 medically tailored meals to 192 patients and 111 family members** for up to 120 days post-discharge, reducing stress around food access and supporting chronic disease management at home. We also launched a **12-week produce stand** featuring immigrant farmers from Mexico and Africa, providing affordable fresh produce

in a local food desert while distributing wellness incentives to employees and community members.

We continued to nurture community relationships through **First Friday events**, which together provided **healthy dinners to nearly 900 people** throughout the year, ensuring a welcoming space for neighbors experiencing hardship.

To amplify partner capacity, we contributed more than **\$11,000** to organizations including Portland Adventist Community Services, Highland Christian Center, and Pleasant Family Church, each playing a vital role in feeding individuals facing food insecurity. Through ongoing food drives and community celebration events, we **donated nearly 3,000 lbs. of food** — to help fill immediate pantry needs at Portland Adventist Community Services. We also created a **free Heart Healthy cookbook** to improve nutrition education and support healthy eating at home.

We added a new local partner Mill Park Elementary which serves primarily low-income students that speak over 27 languages. We held a snack drive for the school to ensure students have full stomachs so they can focus on their studies.

Health Risk Behaviors Community Impact Summary

Adventist Health Portland has strengthened community response and support systems for individuals affected by substance use disorder (SUD) by investing in clinical education, integrated care models, and community-based partnerships that ensure people receive compassionate, coordinated care when they need it most.

A major focus of this work has been the development and launch of the **IMPACT program**, implemented in collaboration with **CareOregon and OHSU Health**. This multidisciplinary care model includes medical providers, case management, and **peer recovery support**, enabling individuals experiencing SUD to receive timely treatment engagement, care coordination, and long-term stabilization. By shifting from episodic crisis response to proactive support, the program has helped reduce barriers and improve the overall patient experience.

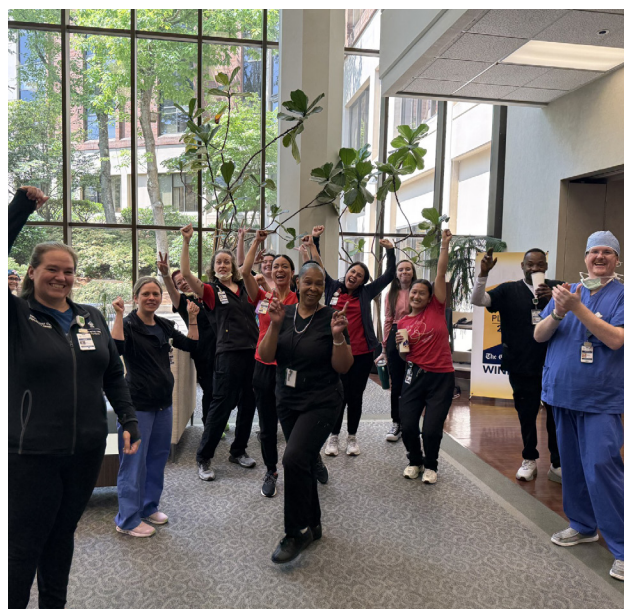
To ensure caregivers feel prepared and supported, Adventist Health Portland hosted a series of **expert-led education events**, including sessions on managing agitation, recognizing substance use disorder as a treatable medical condition, and understanding emerging drug trends such as fentanyl exposure.

Clinical staff further expanded their knowledge through **shadow shifts at Fora Health**, gaining deeper insight into recovery pathways and the lived experience of patients.

A **SUD peer recovery mentor from Fora Health** began working **in our Emergency Department every Monday–Friday**, supported by a Mental Health and Addiction Association of Oregon grant. This role provides patients with emotional encouragement, treatment navigation, and facilitated connections to ongoing support—often at the most critical moment of readiness.

To further support community dignity and successful care engagement, Adventist Health Portland **purchased supplies and assembled more than 200 welcome hygiene kits** for Oregon Change Clinic — one of our community-based partners serving individuals with high-risk health behaviors. Volunteers assembled and delivered the kits, demonstrating the meaningful role caregiver engagement plays in holistic health outcomes.

We also reinforced local prevention and recovery efforts through **\$17,500 in sponsorship contributions to Fora Health** and strengthened coordinated pathways through site visits and continuous planning with Oregon Change Clinic.



Housing Access Community Impact Summary

Adventist Health Portland has prioritized housing stability and safe transitions of care as essential components of wellbeing, focusing on partnerships and direct resource support for individuals experiencing homelessness or severe housing insecurity.

We strengthened relationships with key community-based organizations including **Blanchet House**, **Transition Projects**, **Portland Rescue Mission**, **Oregon Change Clinic**, and **Our Just Future**—trusted partners providing shelter, transitional housing, meals, recovery support, and services that reduce the risk of returning to crisis after hospitalization.

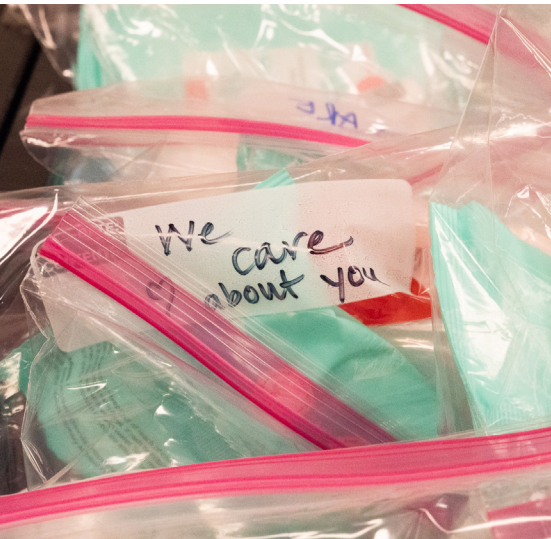
To protect dignity and improve outcomes during hospital discharge, we provided **emergency hotel and transportation support**, ensuring unhoused patients had a safe place to stabilize after receiving care.

Our volunteer squad drove much of this work forward by creating essential personal care resources for community partners. Volunteers **built over 200 winter care kits** for the unhoused community **specifically for Blanchet House**, using supplies purchased by Adventist Health Portland to ensure quality and consistency of support.

To meet high-demand essential needs, we conducted multiple drives resulting in **more than 6,000 pairs of socks** collected for Portland Rescue Mission and over **1,000 books, puzzles, and games** donated to residents at Oregon Change Clinic and Blanchet House. These resources help promote both comfort and emotional wellbeing during recovery and transition.

We also contributed **over \$16,000 in sponsorship investments** to support partner fundraising efforts, strengthening sustainability and expanding the community's ability to provide shelter, services, and warm meals to those experiencing homelessness. Regular **site visits** cultivated coordination in referrals and opened opportunities for new collaborative programs and shared service connections.







AdventistHealthPortland.org