ADVENTIST HEALTH
TEHACHAPI VALLEY

2025

IMPLEMENTATION STRATEGY

Year Three Update, FY 2025

January 1, 2025-December 31, 2025

Adventist Health
Tehachapi Valley

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[ADVENTISTHEALTH:INTERNAL]

Purpose & Summary

Non-profit health systems, community-based organizations, and public health agencies across the country all share a similar calling: to provide public service to help improve the lives of their community. To live out this calling and responsibility, Adventist Health Tehachapi Valley conducts a Community Health Needs Assessment (CHNA) every three years, with our most recent report completed in 2022. Part of that process is engaging our communities through focus groups, key informant interviews and surveys. Represented and vulnerable populations included: Agricultural workers, civic government, community-based healthcare workers focusing on behavioral health, children, domestic abuse, early education, education, families, formerly incarcerated, higher education, law enforcement, low-income, medically underserved, men, minority populations, older adults, providers, public health, students, unhoused and women populations.

Now that our communities' voices, stories, and priority areas are reflected in the CHNA, our next step is to complete a Community Health Improvement Plan (CHIP), or as we refer to it in this report, a Community Health Implementation Strategy (CHIS).

The CHIS consists of a long-term community health improvement plan that strategically implements solutions and programs to address our health needs identified in the CHNA. Together with the Adventist Health Well-Being team, local public health officials, community-based organizations, medical providers, students, parents, and members of selected underserved, low-income, and minority populations, Adventist Health Tehachapi Valley intentionally developed a strategic plan to address the needs of our community.

In this Implementation Strategy Year Three Update, FY 2025 also known as the Community Health Plan Update, FY 2025 you will find strategies, tactics and partnerships that address the following health needs identified in the 2022 Adventist Health Tehachapi Valley CHNA:

Access to Care

Health Conditions

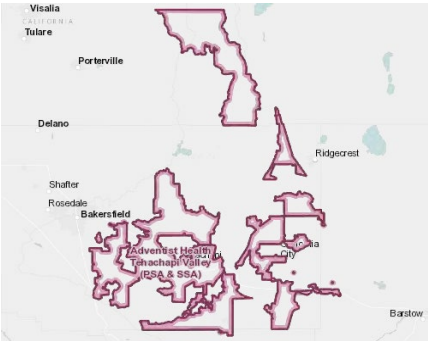
Health Risk Behaviors

Who We Serve

DEMOGRAPHIC PROFILE

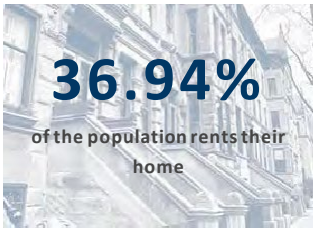
The following zip codes represent Adventist Health Tehachapi Valley's primary service area (PSA), accounting for 75% of hospital discharges. Additionally, we took a collaborative approach and expanded our PSA by inviting Steering Committee members to include the zip codes of those they serve.

The Adventist Health Tehachapi Valley CHNA market has a total population of 122,230 (based on the 2020 Decennial Census). The largest city in the service area is Arvin, with a population of 19,304. The service area is comprised of the following zip codes: 93528, 93558, 93501, 93519, 93518, 93516, 93531, 93554, 93241,93560, 93561, 93203, 93505, 93523, 93527, 93524.

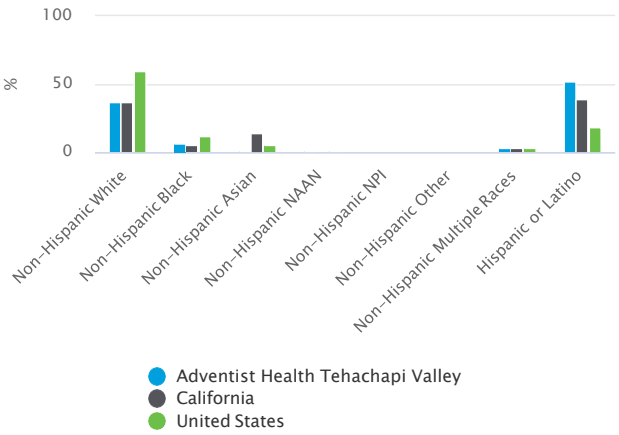


Total Population

122,230

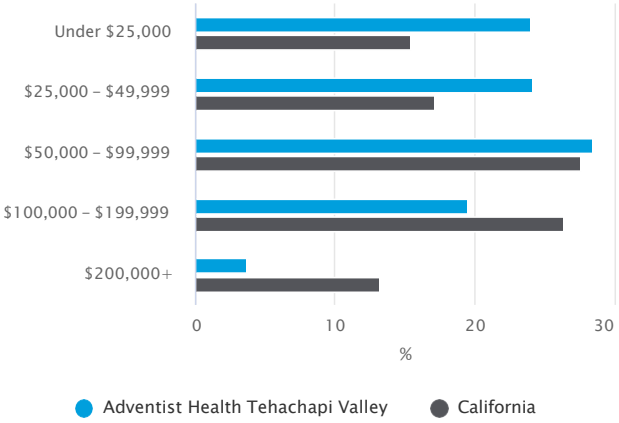


Population by Combined Race and Ethnicity



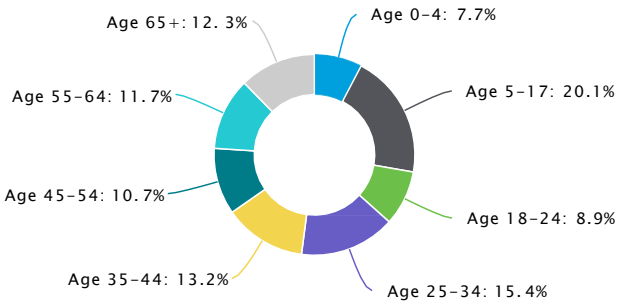
Note: NAAN = Native American or Alaska Native, NPI = Native Hawaiian or Pacific Islander.

Household Income Levels



Total Population by Age Groups, Total

Adventist Health Tehachapi Valley



About Us

Adventist Health Tehachapi Valley

Nestled in the Tehachapi Valley, the city of Tehachapi is surrounded by mountains and scenery on all sides, with a significant and meaningful history of Native American tribes. Its high elevation, desert landscape, and near by popular Pacific Crest Trail attract the ultimate adventurer. Our geographically distinctive Tehachapi Valley service area consists of a population of 122,230.

As a critical access hospital, Adventist Health Tehachapi Valley is designed to provide the healthcare services needed right here in our community, and we stand at the ready when you need them. With nearly 11,000 visits last year, many of our Tehachapi Valley neighbors chose the hospital's emergency department and each day more are discovering all we have to offer.

Today it is easier than ever to keep your family well with our 25-bed hospital, wide range of outpatient services, 24/7 emergency department, three rural health clinics and our Adventist Health Physicians Network Tehachapi medical office.

Adventist Health

Adventist Health is a faith-inspired, nonprofit integrated health system serving more than 80 communities on the West Coast and Hawaii. Founded on Adventist heritage and values, Adventist Health provides care in hospitals, clinics, home care agencies, hospice agencies and joint-venture retirement centers in both rural and urban communities.

Our compassionate and talented team of 34,000 includes associates, medical staff physicians, allied health professionals and volunteers driven in pursuit of one mission: living God's love by inspiring health, wholeness and hope. Together, we are transforming the American healthcare experience with an innovative, yet timeless, whole-person focus on physical, mental, spiritual and social healing to support community well-being.

Adventist Health's Approach to CHNA & CHIS

Adventist Health prioritizes well-being in the communities we serve across our system. We use an intentional, community centered approach when creating our hospital CHNA's to understand the health needs of each community. After the completion of the community assessment process, we address health needs such as mental health, access to care, health risk behaviors, and others through the creation and execution of a Community Health Implementation Strategy (CHIS) for each of our hospitals and their communities.

The following pages highlight the key findings the Adventist Health Tehachapi Valley CHNA Steering Committee identified as their top priority health needs, or as we refer to them in this report, their 'High Priority Needs'. The High Priority Needs are addressed in the Community Health Implementation Strategy and are reported on a yearly basis through the Annual Community Health Plan Update. This is year three of a three-year strategy to improve the health of our community. We invite you to learn about the actions, activities and programs that have been implemented in 2025.

[ADVENTISTHEALTH:INTERNAL]

Action Plan for Addressing High Priority Needs

The following pages reflect the goals, strategies, actions, and resources that Adventist Health Tehachapi Valley provided in 2025 to address each selected High Priority Need.

ADDRESSING HIGH PRIORITY: Access to Care

GOAL	Collaborate with community partners to provide access to care to underserved communities.

Strategy 1:	Provide and partner with organizations to promote access to care via mobile health units.

FY 2025 YEAR THREE Actions: Programs/Activity

COMMUNITY IMPACT SUMMARY/ALL STRATEGIES

In 2025, Adventist Health Tehachapi Valley continued to expand access to care by offering pop-up rural health clinics throughout Tehachapi and Kern County. These clinics brought essential healthcare services directly into underserved areas, helping reduce barriers for local families.

In partnership with First 5 California, Adventist Health also increased access to year-round immunizations, including flu vaccines and other seasonal needs. The mobile health team participated in several community events across Eastern Kern County, providing health education and vaccinations to underserved populations. These outreach efforts were especially impactful for residents with limited transportation or resources, while also encouraging ongoing engagement with primary care providers for preventive health and annual checkups.

Through additional community partnerships including Kern Family Health Care, Tehachapi Chamber of Commerce, and Tehachapi Unified School District Adventist Health and its affiliated clinics supported a range of community-wide initiatives ranging from health screenings, education, resources, and support services, further strengthening connections between residents and local healthcare providers.

[ADVENTISTHEALTH:INTERNAL]

ADDRESSING HIGH PRIORITY: Health Conditions

GOAL	Reduce chronic health conditions by providing education and support services in the community.

Strategy:	Expand and leverage existing partnerships to promote health education and support for Tehachapi community.

FY 2025 YEAR THREE Actions: Programs/Activity

COMMUNITY IMPACT SUMMARY/ALL STRATEGIES

In 2025, Adventist Health Tehachapi Valley sponsored and participated in five monthly community farmers' markets hosted by the City of Tehachapi, creating opportunities to connect directly with residents and share information on chronic disease prevention and overall wellness.

Through these events, more than 10,000 community members received educational materials focused on conditions such as diabetes, cardiovascular disease, and stroke prevention. These outreach efforts emphasized the importance of education and awareness in improving long-term health outcomes. In addition, community members had the opportunity to schedule on the spot appointments at a local Adventist Health clinic removing barriers for access to care.

Adventist Health also continued its partnership with Kern County Public Health and Community Action Partnership of Kern to promote healthy lifestyles and nutrition. Through social determinants of health screenings and referral services, Adventist Health helped connect individuals and families with essential community resources. As a result, more than 100 families were referred to local organizations for additional support, strengthening access to services that address broader health and wellness needs.

[ADVENTISTHEALTH:INTERNAL]

ADDRESSING HIGH PRIORITY: Health Risk Behaviors

GOAL	Partner with local organizations on education and resources contributing to health risk behaviors.

Strategy:	Participate in local community programs to educate people about lifestyle changes contributing to health risks.

FY 2025 YEAR THREE Actions: Programs/Activity

COMMUNITY IMPACT SUMMARY/ALL STRATEGIES

In 2025, Adventist Health Tehachapi Valley continued supporting community gardens and food distributions across Tehachapi, California City, and Mojave. These partnerships helped increase access to fresh fruits, vegetables, and healthier food options for local residents. Through these efforts, Adventist health also collaborated with organizations such as Community Action Partnership of Kern and The Tehachapi School District to connect community members with additional wraparound services beyond food access.

In partnership with local resource centers, Adventist Health also linked patients and residents to food distribution sites while also promoting education on the importance of balanced, nutritious meals through CalFresh Healthy Living in an effort to provide nutrition education at the Tehachapi Senior Center, reaching more than 200 local seniors.

These efforts helped address the unique nutritional needs of older adults and emphasized the importance of maintaining healthy eating habits to support overall well-being.

[ADVENTISTHEALTH:INTERNAL]

Significant Identified Health Needs

The Adventist Health Community Well-Being team and community partners collectively reviewed all relevant significant health needs identified through the CHNA process. Using a community health framework developed for this purpose, 12 significant health needs were initially considered. The list of significant needs are as follows:

- Access to Care
- Community Safety
- Community Vitality
- Education
- Environment & Infrastructure
- Financial Stability
- Food Security
- Health Conditions
- Health Risk Behaviors
- Housing
- Inclusion & Equity
- Mental Health

From this group of 12, several high priority health needs were established for Adventist Health Tehachapi Valley. High priority health needs were chosen as they had demonstrated the greatest need based on severity and prevalence, intentional alignment around common goals, feasibility of potential interventions, and opportunities to maximize available resources over a three-year period.

Using the criteria mentioned above, we were able to determine which needs were high priority, as compared to those that were significant needs. The High Priority Needs are the focus of the community health implementation strategy and this accompanying Community Health Plan Update, FY 2025. The remaining significant health needs are not addressed directly but will likely benefit from the collective efforts defined in this report.

TABLE OF SIGNIFICANT IDENTIFIED HEALTH NEEDS

Access to Care
Health Conditions
Health Risk Conditions
Lower Priority Needs that will not be addressed directly by Adventist Health Tehachapi Valley due to limited resources, expertise and feasibility of viable interventions
Housing
Financial Stability
Mental Health
Food Security
Environment & Infrastructure
Inclusion and Equity
COVID
Education
Community Vitality
Community Safety

Scan the QR code for the full Secondary Data Report

Community Health Financial Assistance for Medically Necessary Care Commitment

Adventist Health understands that community members may experience barriers in paying for the care they need. That is why we are committed to providing financial assistance to those who may need support in paying their medical expense(s).

Community members can find out if they qualify for financial aid in paying medical bills by completing a financial assistance application. Applications can be filled out at the time care is received or after the bill has been administered. To access the financial assistance policy for more information or contact a financial assistant counselor, please visit us at: Adventist Health - Help Paying Your Bill.

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Thank you for reviewing our Implementation Strategy Year Three Update, FY 2025. We are proud to serve our local community and are committed to making it a healthier place for all.

To provide feedback on this community benefit report or other reports referenced, please email community.benefit@ah.org. You may also request a copy free of charge.

To review this report as well as our most recent Community Health Needs Assessment and Community Health Implementation Strategy, please visit:

https://www.adventisthealth.org/tehachapi-valley/about-us/community-benefit/

or

https://www.adventisthealth.org/about-us/community-benefit/

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