



ADVENTIST HEALTH
Twin Cities

Community Health Plan
Annual Update, FY 2025
January 1, 2025 - December 31, 2025

2025

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Purpose & Summary

Adventist Health is a faith-inspired, nonprofit integrated health system serving more than 100 communities on the West Coast and Hawai'i, with over 440 sites of care. Founded on Adventist heritage and values, Adventist Health provides care in hospitals, clinics, home care agencies, hospice agencies and joint-venture retirement centers in both rural and urban communities. Our compassionate and talented team of more than 38,000 includes employees, physicians, allied health professionals and volunteers driven in pursuit of one mission: living God's love by inspiring health, wholeness and hope. Guided by our mission, Adventist Health supports purposeful work to address the social drivers of health, with a special focus on underserved members of the communities we serve. Together, we are transforming the healthcare experience of our communities with a focus on physical, mental, spiritual and social healing to support community well-being.

On March 29, 2024, Adventist Health completed the acquisition of Twin Cities Community Hospital from Tenet Healthcare Corporation, a for-profit health care services company. Now doing business as Adventist Health Twin Cities, it is part of the larger Adventist Health non-profit health care system.

Non-profit health systems, community-based organizations, and public health agencies across the country all share a similar calling: to provide public service to help improve the lives of their community. To live out this calling and responsibility, Adventist Health Twin Cities began the Community Health Needs Assessment process to determine the health needs of the community in 2024. Non-profit hospitals are required to conduct a Community Health Needs Assessment (CHNA) every three years by engaging our community through focus groups, key informant interviews and surveys and secondary data analysis.

The Adventist Health Twin Cities (AHTC) community health needs assessment report is scheduled for completion in September 2025 and publication in December 2025. In the interim, AHTC will leverage several resources to identify priority health needs with their service area. This effort is crucial for the annual reporting of community benefits ensuring compliance with state and federal regulations.

In this Community Health Plan, FY 2025 you will find strategies, tactics, and partnerships aimed at addressing the health needs as previously identified by regional health organizations. This plan also incorporates insights from the current San Luis Obispo County Community Health Assessment and a detailed quantitative analysis of over 150 data indicators specific to the primary and secondary service areas of Adventist Health Twin Cities. The three significant health needs discussed in this annual update were determined upon review of all available current local health resources. See page 12 for further details.

- Access to Care
- Education Attainment & Financial Stability
- Health Promotion & Prevention

Who Adventist Health Twin Cities Cares For

Defining Our Service Area

The report area is located in the state of California and includes a total population of 99,678 (based on the 2020 Decennial Census). The largest city in the report area is El Paso de Robles (Paso Robles) city, with a population of 31,490. The report area is comprised of the following ZIP codes: 93422, 93432, 93446, 93451, 93453, 93461, 93465.

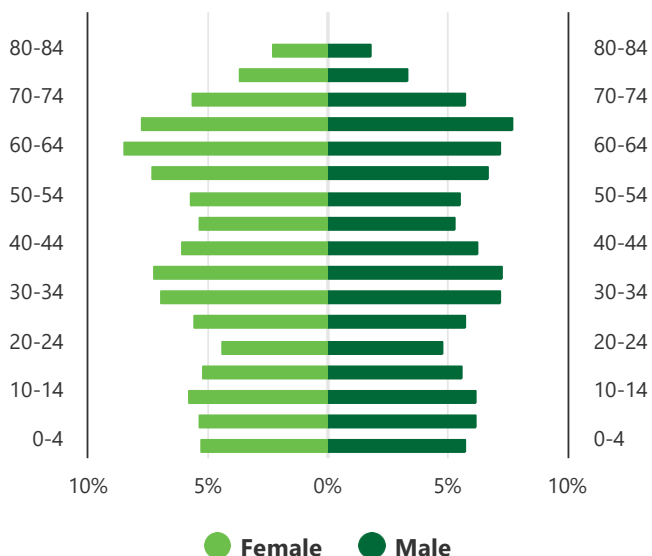


Total Population
99,678

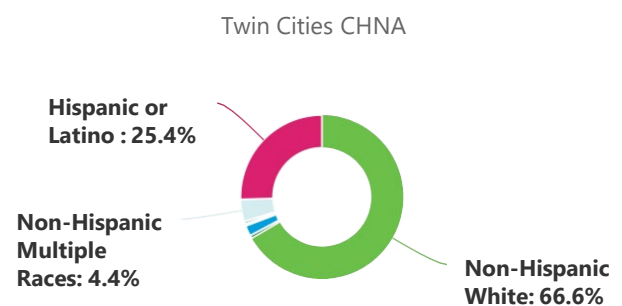
The largest city in the service area is
El Paso de Robles (Paso Robles) city
with a population of
31,490

Demographic Profile

Population by Age Group



Total Population by Combined Race and Ethnicity



Data Source: US Census Bureau, [American Community Survey](#), 2018-22.

Note: NAAN = Native American or Alaska Native, NPI = Native Hawaiian or Pacific Islander.

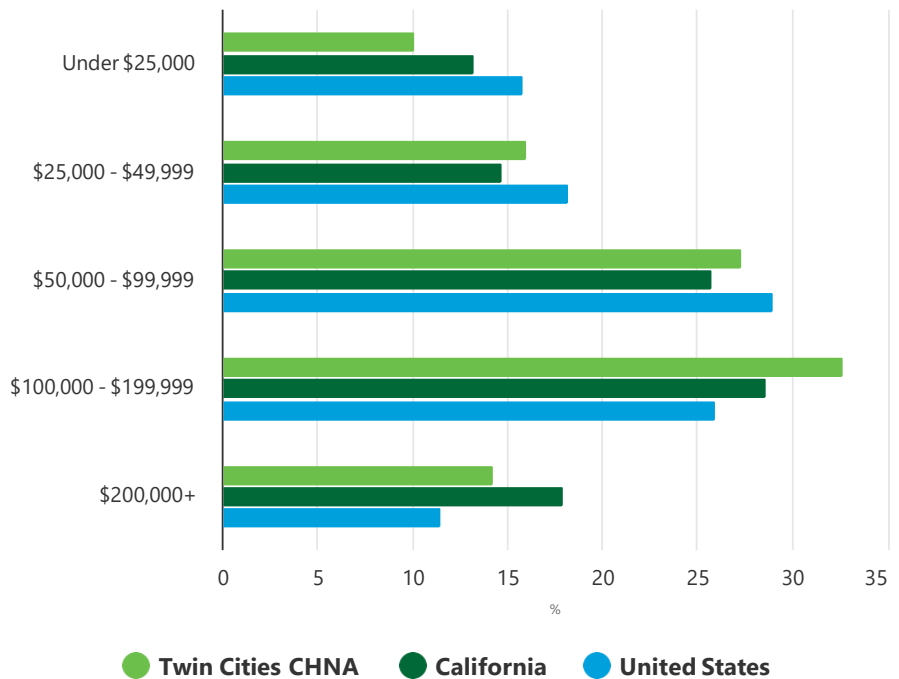
Students Experiencing Homelessness, Percent
4.67%
California: 3.89%

Associate's Degree or Higher
43.44%
California: 43.82%

Labor Force Participation Rate
62.91%
California: 63.82%

Households by Household Income Levels, Percent

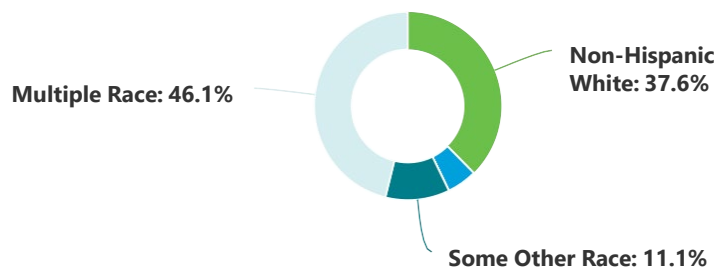
68.30%
California: 55.63%
of the population **owns** their home
31.70%
California: 44.37%
of the population **rents** their home



Data Source: US Census Bureau, [American Community Survey](#). 2018-22.

Children in Poverty by Race, Total

Twin Cities CHNA



Data Source: US Census Bureau, [American Community Survey](#). 2018-22.

Childhood Poverty Rate
12.98%
California: 15.61%

About Us

Adventist Health Twin Cities

Formerly known as Twin Cities Community Hospital, it is a 122-bed facility, that has served Northern San Luis Obispo County since 1977. Specializing in emergency care, obstetrics, orthopedics, digestive disorders, wound care, and various medical, surgical and outpatient services, it has received accolades such as The Joint Commission's Gold Seal of Approval for its knee replacement program and recognition as a Blue Distinction Center + for Knee and Hip Replacement Surgery. Additionally, it holds the Baby-Friendly USA designations and reports one of California's lowest Cesarean section rates.

Adventist Health

Adventist Health is a faith-inspired, nonprofit integrated health system serving more than 80 communities on the West Coast and Hawaii. Founded on Adventist heritage and values, Adventist Health provides care in hospitals, clinics, home care agencies, hospice agencies and joint-venture retirement centers in both rural and urban communities. Our compassionate and talented team of 34,000 includes associates, medical staff physicians, allied health professionals and volunteers driven in pursuit of one mission: living God's love by inspiring health, wholeness and hope. Together, we are transforming the American healthcare experience with an innovative, yet timeless, whole-person focus on physical, mental, spiritual and social healing to support community well-being.



Adventist Health's Approach to Community Impact

Adventist Health prioritizes well-being in the communities we serve across our system. We use an intentional, community centered approach when creating our hospital CHNA's to understand the health needs of each community. After the completion of the community assessment process, we address health needs such as mental health, access to care, health risk behaviors, and others through the creation and execution of a Community Health Implementation Strategy (CHIS) for each of our hospitals and their communities.

In November 2024, the Community Impact team traveled to the Central Coast as the first step in engaging the community in the CHNA process. They spoke with 53 people through 7 Focus Groups and 4 key informant interviews. Represented and vulnerable populations included: healthcare workforce, human services, law enforcement,

low-income, LGBTQ community, medically underserved, substance use disorder, persons with disability, public health, unhoused population, women, men & youth.

Until the Community Health Needs Assessment (CHNA) and Community Health Improvement Strategy (CHIS) processes are complete for our newest hospital, Adventist Health Twin Cities (AHTC) will report its community impact based on previously identified needs through regional entities with existing community health assessments. Specifically, AHTC is aligning this report with the 2022 CHNA from the French Hospital Medical Center, the Marion Regional Medical Center and Arroyo Grande Community Hospital, and the 2023 San Luis Obispo County Community Health Needs Assessment. Additionally, we will incorporate secondary data outcomes specific to the primary and secondary service areas of AHTC. We invite you to learn about the actions, activities and programs that have been implemented in 2025.

Action Plan for Addressing High Priority Needs

The following pages reflect the goals, strategies, actions, and resources that Adventist Health Twin Cities provided in 2025

GOAL	To improve access to care through an increase in interventions to provide needed health services.
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Fiscal Year 2025 COMMUNITY IMPACT SUMMARY
In collaboration with the SLO Food Bank, Transitions Mental Health Association, Tolosa Children’s Dental Center, Mission Minded, Better Vision- Better Hope, and Bienestar is Wellbeing, Adventist Health on the Central Coast hosted a free community wellness clinic on October 4 and 5 at the Templeton Hills Seventh-day Adventist Church. The two-day event provided a wide range of free services — including dental, vision, cardiology, and mental health care — as well as complimentary haircuts and food boxes for attendees. Thanks to the dedication of more than 100 volunteers, the clinic served over 1,000 community members. In its first year in operation, the wellness clinic reflects our mission to improve access to care and support the well-being of uninsured and underinsured individuals across our communities. <u>Community Impact at a Glance:</u> • Vision Services: 134 patients served • Dental Services: 105 patients served • Fresh Produce Distributed: 55,600 pounds In 2025 Adventist Health Sierra Vista and Adventist Health Twin Cities began recruiting community members to enhance patient-centered care initiatives through the establishment of a Patient and Family Advisory Council (PFAC). They began actively soliciting recommendations from staff and clinicians to identify individuals or family members who have received our services and are interested in serving on the council. As an advisor, members can help shape patient care by sharing their experiences with hospital staff and providing insight on how policies or processes affect patients, families, and the underserved. Issues discussed included: • Customer service and patient care including barriers to care • The activities and programs offered • How we work with health plans • Opportunities for new services
ADVENTIST HEALTH COMMUNITY IMPACT IN THE NEWS:
Paso Daily News: https://pasoroblesdailynews.com/free-wellness-clinic-offers-dental-vision-and-medical-care/214739/

ADDRESSING HIGH PRIORITY: Educational Attainment & Financial Stability

GOAL	Collaboration with local secondary education establishments to provide space for clinical training, licensing, or certification of health professionals.
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Fiscal Year 2025 COMMUNITY IMPACT SUMMARY
Through our partnership with the San Luis Coastal Education Foundation, we supported the iINNOVATE Regional Skills Lab initiative, a program designed to expand STEM learning and career awareness for all K–6 students across the Central Coast. The initiative reached approximately 13,000 students and strengthened early exposure to high-opportunity local careers, including those in healthcare. Each month, participating classrooms received a Skills Lab lesson box that included hands-on activities and a short career-focused video. These videos highlighted local industries, described essential job skills, and introduced students to professionals working in the field. As part of this partnership, we developed three healthcare-specific educational videos featuring careers in clinical laboratory science, nursing, and respiratory therapy. The first video showcased the critical role of clinical lab scientists, emphasizing their use of advanced technology and analytical expertise to support disease diagnosis and patient care. This collaboration helped build a future talent pipeline by integrating healthcare career awareness directly into elementary classrooms and strengthening connections between education and the regional workforce.

ADDRESSING HIGH PRIORITY: Health Promotion/Prevention

GOAL	To improve, promote and maintain health and well-being while preventing disease
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Fiscal Year 2025 COMMUNITY IMPACT SUMMARY

In honor of May's National Stroke Awareness Month, Adventist Health on the Central Coast partnered with KSBY to launch a public awareness campaign to educate the community about the signs and symptoms of stroke. The campaign featured the testimony of patient Laurel Krause, a stroke survivor, and Kristi Ermigarat, Stroke Coordinator, who shared the BE FAST method for recognizing stroke symptoms. The campaign ran on both the KSBY news station and website throughout the month of May. Community members were also encouraged to request a free stroke awareness kit that included a brochure on the 5 Ways to Reduce Your Risk of Stroke, the BE FAST stroke signs and symptoms resource, and a Blood Pressure Tracking Card.

Adventist Health Sierra Vista and Adventist Health Twin Cities, in partnership with Vitalant, hosted community blood drives every other month at the hospitals.

In collaboration with the Hope for Stroke Survivors support group, Adventist Health on the Central Coast hosted a free painting class at Morro Bay Art Center on May 5 from 1:00 p.m. - 4:00 p.m. The event was designed for stroke patients, their spouses, caregivers, and friends and aimed to help promote community and connection through social activities and creative expression.

ADVENTIST HEALTH COMMUNITY IMPACT IN THE NEWS:

[KSBY: Hope for Stroke Survivors support group hosts painting class in Morro Bay](#)

Adventist Health Twin Cities Additional Narrative:

Adventist Health on the Central Coast was proud to be a sponsor of the Rendezvous at the Rock fundraising event for the Court Appointed Special Advocates of San Luis Obispo County (CASA). Proceeds from the event directly supported CASA's mission to recruit, train, and support caring volunteer advocates for local foster children. CASA advocates for the best interests of abused and neglected children within the court system. The organization recruits, trains, and supervises volunteers who serve this vulnerable population with the goal of ensuring that every child grows up in a safe, nurturing, and permanent home.

Adventist Health Sierra Vista and Adventist Health Twin Cities were honored to partner with the United Way of San Luis Obispo County to support Dolly Parton's Imagination Library program. Through this partnership, all babies born at Adventist Health Twin Cities and Adventist Health Sierra Vista had the option to enroll in the program.

Dolly Parton's Imagination Library, launched in 1995, was created to foster a love of reading among preschool children and their families. Each enrolled child received a new, high-quality, age-appropriate book every month from enrollment through age five, helping them build a personal library. Since launching the program locally in 2011, United Way of San Luis Obispo County has mailed more than 38,000 books to local children. To solidify the partnership, a check was presented to representatives of the United Way. The donation helped fund the mailing and distribution of Imagination Library books throughout the county.

On Friday, June 6, the SLO Food Bank held a Hunger Awareness Day open house, welcoming the community to tour its new facility, learn about regional food security efforts, and get a behind-the-scenes look at its operations. As a sponsor, Adventist Health on the Central Coast assembled a team to compete in a friendly "Breakfast Bag Build-Off" to see how many breakfast bags teams could assemble within a set timeframe. Twenty-two teams participated, and our team built 10 bags in 3 minutes.

Adventist Health also was a key sponsor for the 2025 Empty Bowls event, a signature fundraiser for the El Camino Homeless Organization (ECHO). Our support helped ensure the success of this community event while furthering ECHO's mission to provide shelter, meals, and essential services to individuals and families experiencing homelessness in North San Luis Obispo County.

Empty Bowls brought the community together to enjoy a simple meal of soup and bread in a handmade ceramic bowl as a reminder of those facing hunger and housing insecurity. The 2025 events were held in Atascadero at the Pavilion on the Lake on April 10 and in Paso Robles at Studios on the Park on April 24, featuring handcrafted bowls, live music, and local cuisine. Proceeds directly supported ECHO's shelter programs, case management services, and homeless prevention initiatives.

ECHO provides a comprehensive range of services, including a 90-Day Emergency Shelter Program, case management, job training through the Workforce Development Program, and nightly meals for those in need. The Homeless Prevention Program works to keep individuals and families housed by offering vital resources and support to those at risk of homelessness.

Thanks to donations and sponsorships like that of Adventist Health, more than 100 individuals and families found stable housing in 2025. These contributions made a tangible difference in the lives of those experiencing homelessness and allowed ECHO to continue expanding its impact on the community.

Since its inception nearly 17 years ago, Adventist Health on the Central Coast has sponsored the Season of Hope Toy and Food Drive, KSBY's toy drive that brings joy to families across our Central Coast community. This tradition invites everyone to make a difference by donating new, unwrapped toys. Donation bins for toys were available in the lobby of both hospitals and at several medical offices.

Adventist Health’s commitment to community investment underscores its dedication to community well-being and aligns with its mission to inspire health, wholeness, and hope.

[Atascadero News — Atascadero News & Community](#) (ECHO)

Significant Identified Health Needs

RESOURCES:	Educational Attainment	Access to Care	Mental Health & Substance Use	Health Promotion & Prevention	Healthy Neighborhoods	Financial Stability
2022 CHNA Marian Regional Medical Center & Arroyo Grande Community Hospital	X	X		X		
2022 CHNA French Hospital Medical Center	X	X		X		
2024 – 2029 SLO County Community Health Assessment		X	X		X	
2024 Adventist Health CARES Secondary Data	X		X			X

The Adventist Health Twin Cities (AHTC) community health needs assessment report is scheduled for completion in September 2025 and publication in December 2025. In the interim, AHTC will leverage several resources to identify significant priority health needs within their service area. This effort is crucial for the annual reporting of community benefits ensuring compliance with state and federal regulations.

The three high priority needs were identified after review of the above resources and which identified alignment with Access to Care, Educational Attainment & Financial Stability, and Mental Health & Substance Use. These high priority needs were chosen as they had demonstrated the greatest need based on severity and prevalence, intentional alignment around common goals, feasibility of potential interventions and opportunities to maximize available resources. They are the focus of this 2025 annual report.

The remaining significant health needs are not addressed due to limited resources, expertise and feasibility of viable interventions. While they are not addressed directly, they will likely benefit from the collective efforts defined in this report.

Community Health Financial Assistance for Medically Necessary Care Commitment

Adventist Health understands that community members may experience barriers in paying for the care they need. That is why we are committed to providing financial assistance to those who may need support in paying their medical expense(s).

Community members can find out if they qualify for financial aid in paying medical bills by completing a financial assistance application. Applications can be filled out at the time care is received or after the bill has been administered. To access the financial assistance policy for more information or contact a financial assistant counselor, please visit us at: [Adventist Health - Help Paying Your Bill](#).



Adventist Health Twin Cities

1100 Tablas Road, Templeton,
CA 93465

(805) 434-3500

HCAI #: 106400524

<https://www.adventisthealth.org/central-coast/>

Susan Passalacqua | Community Benefit
Compliance Manager
P 916-406-1469 | AdventistHealth.org



Thank you for reviewing our Community Health Plan Update, FY 2025.
We are proud to serve our local community and are committed to making it a healthier place for all.
To provide feedback on this community benefit report or other reports referenced, please email
community.benefit@ah.org. You may also request a copy free of charge.

