

2025

ADVENTIST HEALTH SIMI VALLEY

IMPLEMENTATION STRATEGY
Year Three
January 1, 2025-
December 31, 2025

Community Health Plan Update, FY 2025

AdventistHealth
Simi Valley

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[ADVENTISTHEALTH:INTERNAL]

2022 CHNA Top Identified Health Needs

Prioritized Health needs – planning to address

- **Mental Health**
- **Health Conditions**
- **Access to Care**

In this Community Health Plan Update, FY 2025, you will find strategies, tactics and partnerships that worked to address the health needs as identified in the 2022 Adventist Health Simi Vally community health needs assessment.

Community Health Implementation Strategy 2022-2025

The high priority needs are addressed in the community health implementation strategy and are reported on yearly basis through the Annual Community Health Plan Update. This is year three of a three-year strategy to improve the health of our community. We invite you to learn about the actions, activities and programs that have been implemented in 2025.

In addition to the work identified in the Ventura County Community Health Improvement Collaborative (VCCHIC) contained in this report, Adventist Health Simi Valley is actively engaged in other projects which directly impact our community well-being that we implement, measure outcomes and report to the Mission Sub-Committee. These include: Community Presence through grants, events and sponsorships.

Youth

1. Empathy program funding for Simi Valley Unified School District
2. Partnership with Moorpark College
3. Athletic trainers and clinical oversight at five local high schools
4. Create education and support network for students and families to navigate issues
5. Opportunity to incorporate social work support
6. Healthy Kids Fun Zones at community events
7. Every 15 Minutes and Not One More education events; hosting, funding, facilitating
8. Foster Youth – Aging out of the foster system puts teens at higher risk of being trafficked, using drugs and alcohol, criminal behavior, homelessness and suicide
9. Human trafficking awareness, events and prevention

Aging Adults

1. Caregiver support program and care navigation
2. Senior Center collaborations
   a. Expand financial planning and counselling resources
   b. Senior Wellness Expo
   c. Fall Prevention
3. Senior Concerns collaborations
   a. Caregiver support events and groups
4. Parks and Recreation collaborations for senior health and well-being

Heart Health

1. AHA Partnership and Events
2. Blood Pressure Education Campaign
3. Heart Disease Prevention
4. 2-Step Hands Only CPR Education and Training

Substance Abuse and Mental Health

1. CA Bridge Substance Use Navigation Program
2. Stigma reduction education
3. Community outreach and education events
4. Distribution of Narcan

Cancer

1. Support Groups
2. Care Navigator Program
3. Education and Prevention Classes

Community Presence Grants, Events and Sponsorships

- 20+ events each year

About Us

Adventist Health

Adventist Health is a faith-inspired, nonprofit integrated health system serving more than 80 communities on the West Coast and Hawaii. Founded on Adventist heritage and values, Adventist Health provides care in hospitals, clinics, home care agencies, hospice agencies and joint- venture retirement centers in both rural and urban communities. Our compassionate and talented team of 34,000 includes associates, medical staff physicians, allied health professionals and volunteers driven in pursuit of one mission: *Living God's love by inspiring health, wholeness and hope.* Together, we are transforming the American healthcare experience with an innovative, yet timeless, whole-person focus on physical, mental, spiritual and social healing to support community well-being.

Adventist Health Simi Valley

Adventist Health Simi Valley was founded in 1965 by a group of dedicated community members who had a vision to build a hospital in the towns of Santa Susana and Simi Valley. Today, all of us at Adventist Health Simi Valley share that same vision of progress and growth as well as a passion to provide excellent care and service.

As a faith-based hospital founded on the health and wellness principles of the Seventh-day Adventist Church, we are committed to providing Simi Valley, Moorpark and surrounding communities with the finest medical care. We believe that our Christian-based mission to treat the whole person-mind, body and spirit-makes the difference.

Today, Adventist Health Simi Valley offers a wide range of patient care services including:

- Cancer Navigation Program
- Care Transitions and Caregiver Support Program
- Center of Excellence in Robotic Surgery
- Childhood Development Center
- Emergency Department Care
- Level 2 NICU / Mother-Baby Care
- Moorpark Urgent Care Center and Specialty Clinic
- Nancy Reagan Breast Center
- Spine and Orthopedic
- STEMI Receiving Center
- Stroke Center of Excellence
- Substance Use Navigation Program (CA Bridge)

Who Adventist Health Simi Valley (PSA & SSA) Cares For

Demographic Profile

The Adventist Health Simi Valley market is located in the state of California. The market has a total population of 246,022 (based on the 2020 Decennial Census). The largest city in the service area is Thousand Oaks city, with a population of 126,522. The service area is comprised of the following ZIP codes: 93065, 91362, 91360, 93021, 93063.

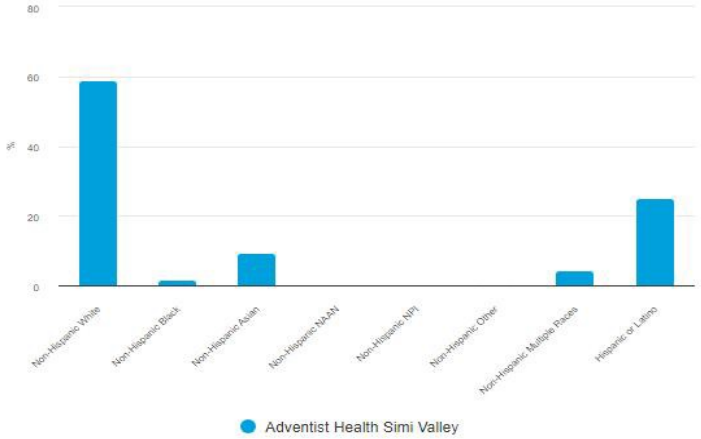


Total Population

246,022

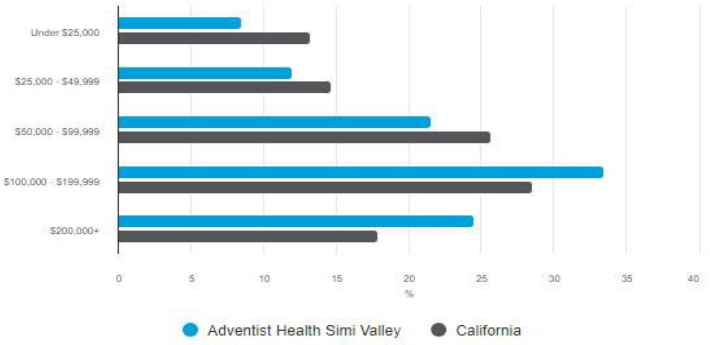
72.52%
of the population owns their home

27.48%
of the population rents their home

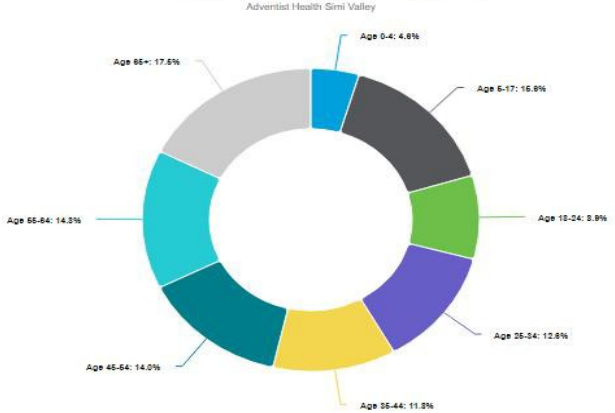


Note: NAAN = Native American or Alaska Native, NPI = Native Hawaiian or Pacific Islander.

Households by Household Income Levels, Percent



Total Population by Age Groups, Total



At-a-Glance

COMMUNITY HEALTH IMPLEMENTATION STRATEGY VENTURA COUNTY

ADDRESSING MENTAL HEALTH AND SUBSTANCE USE ACROSS THE LIFESPAN

GOAL: Increase access to mental health and substance use related services in Ventura County

STRATEGY: Expand reach of mental health and substance use prevention programs and measures

PREVENTION OF CHRONIC CONDITIONS BY PROMOTING HEALTHY LIFESTYLES

GOAL: Address some of the social determinants of health (SDOH) that contribute to chronic conditions and inhibit healthy lifestyles in Ventura County

STRATEGY: Promote and environment conducive to both physical exercise and increased access to healthy foods.

ADVANCING EQUITABLE ACCESS TO HEALTHCARE

GOAL: Expand access to preventative care services to reduce the need for emergency visits in Ventura County

STRATEGY: Develop and implement health equity conscious policies and programs to expand preventative care service availability and accessibility in Ventura County.

[ADVENTISTHEALTH:INTERNAL]

DESCRIPTION OF THE COMMUNITY SERVED

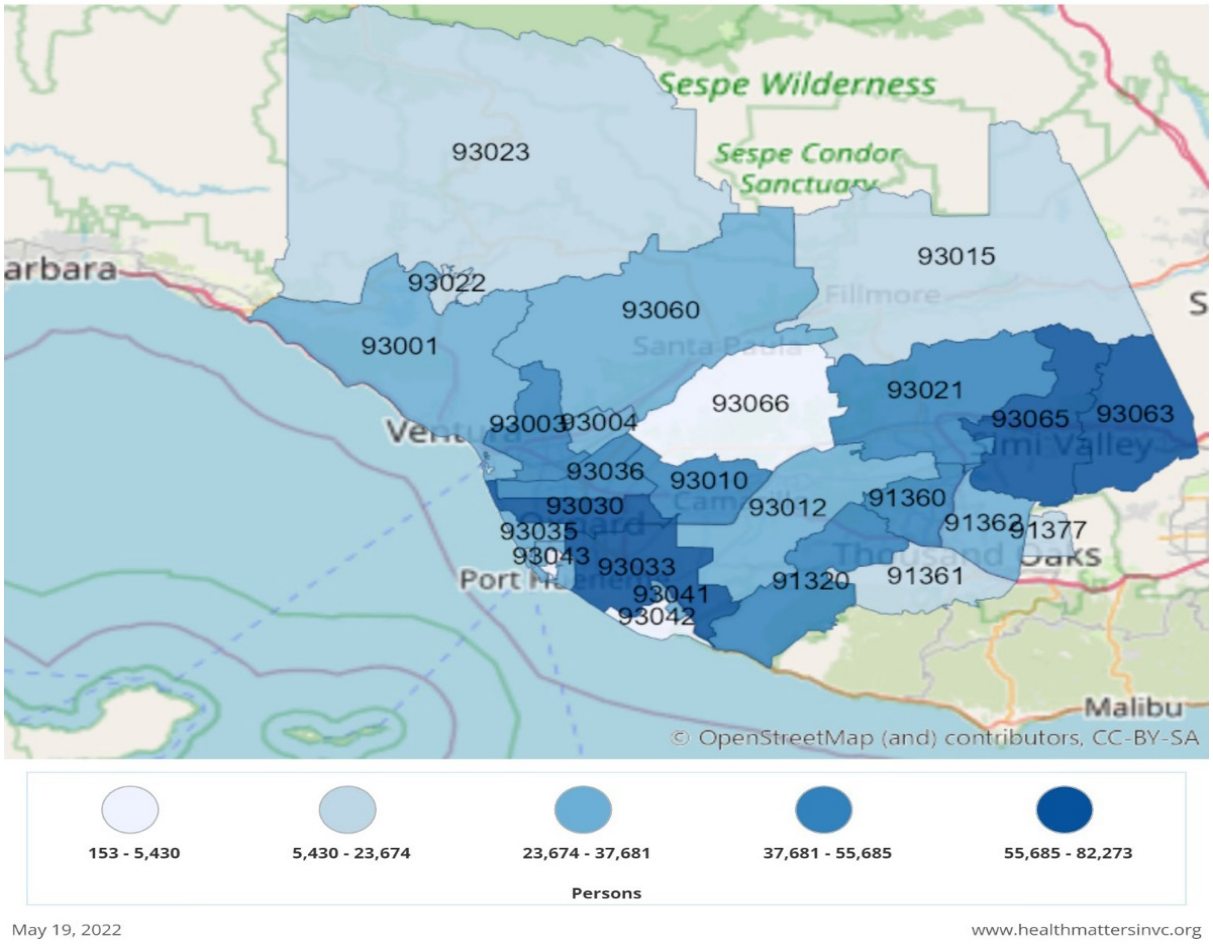
Community Definition and Description

In this document, community is defined as the resident population within the hospital's service area. Committed to addressing health disparities and serving communities with impactful solutions that leverage shared resources and coordinate care, the health agencies that make up the VCCHIC have come together in defining their service area as the County of Ventura.

Located in Southern California, Ventura County has a land area of 1,843.1 square miles which encompasses 10 cities, 23 census- designated places, and 15 other unincorporated communities. According to 2022 Claritas Pop-Facts, Ventura County has a population of 842,465 and is the 13th largest county in terms of population. Figure 1 illustrates the population size in Ventura County by zip code. The most populated zip codes are 93033 (Oxnard), 93065 (Simi Valley), 93030 (Oxnard), and 93063 (Simi Valley) with population totals of 82,273; 74,289; 60,815; and 55,685 respectively. Additional details describing the community in Ventura County, including demographics and social and economic determinants of health, can be found in the CHNA report on the Health Matters in Ventura County website at https://www.healthmattersinvc.org/.

FIGURE 1 POPULATION OF VENTURA COUNTY BY ZIP CODE

Data Source: Claritas



FINDINGS FROM THE 2022 CHNA

VCCHIC conducted its 2022 Community Health Needs Assessment (CHNA) between January and June 2022. The purpose of the CHNA was to identify and prioritize the significant health needs of the community.

Methods for Identifying Community Needs

Primary Data included more than 15 focus groups including represented and vulnerable populations of Focus group participants included persons from the black community, monolingual Hispanic or Latino Spanish speakers, older adults, LGBTQIA+ persons, students, and those accessing mental health and substance use treatment services among others. In collaboration with California State Channel Islands University and Pacifica High Primary Data Collection School in Oxnard, CA, VCCHIC was also able to receive input from local high school and college students about the issues impacting them.

Summary of Findings

Health needs were determined to be significant if they met the following criteria:

- Secondary data analysis: top 10 health needs as ranked by HCI's Data Scoring Tool
- Survey analysis: identified by 25% or more of respondents as a priority issue
- Qualitative analysis: frequency topic was discussed within/across focus groups
- Life expectancy data: analysis of leading causes of death, leading causes of premature death and all-cause mortality

Through this criteria, fifteen needs emerged as significant. Figure 2 illustrates the final 15 significant health needs, listed in alphabetical order, that were included for prioritization based on the findings of all forms of data collected for the VCCHIC 2022 CHNA.

VCCHIC convened a group of community leaders to participate in a presentation of data on the 15 significant health needs. Following the presentation, participants engaged in a discussion and were asked to complete an online prioritization activity.

FIGURE 2. SIGNIFICANT HEALTH NEEDS



[ADVENTISTHEALTH:INTERNAL]

Process and Criteria

The online prioritization activity included two criteria for prioritization:

- Magnitude of the Issue
- Ability to Impact

Participants assigned a score of 1-3 to each health topic and criterion, with a higher score indicating a greater likelihood for that topic to be prioritized. Numerical scores for the two criteria were then combined and averaged to produce an aggregate score and ranking for each health topic.

Prioritization Results

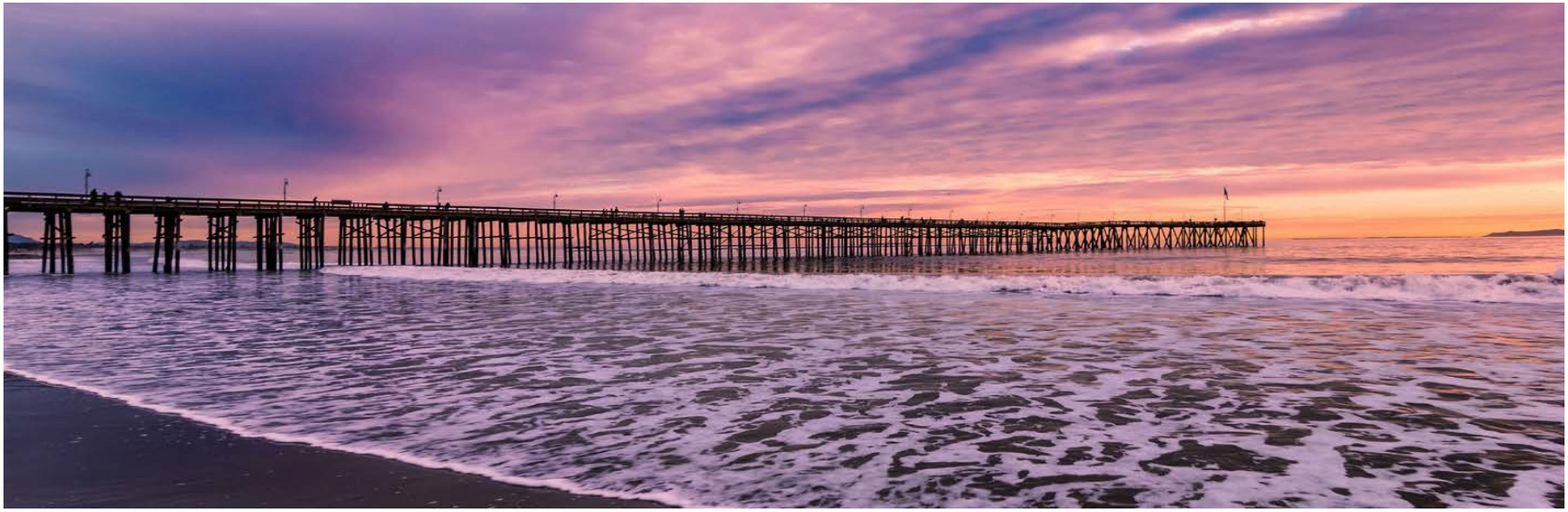
After discussing the results of the prioritization process, the VCCHIC founding members agreed to include each of the 15 significant health needs as subtopics to three prioritized significant health needs. The three priority health needs are shown in Table 1.

Prioritized Significant Health Needs

The first prioritized significant health need, Addressing Mental Health and Substance Use Across the Lifespan included Adverse Childhood Experiences (encompassing Adolescent Health, Substance Use, Housing Overcrowding and Education) and Health and Wellness for Older Adults. The second prioritized significant health need, Prevention of Chronic Conditions by Promoting Healthy Lifestyles, includes chronic disease related sub-topics like Diabetes, Cancer, Weight Status, Physical Activity, Heart Disease and Stroke and Nutrition and Healthy Eating. The third and final prioritized significant health need is Advancing Equitable Access to Healthcare.

TABLE 1 PRIORITIZED SIGNIFICANT HEALTH NEEDS

Addressing Mental Health and Substance Use Across the Lifespan
Prevention of Chronic Conditions by Promoting Healthy Lifestyles
Advancing Equitable Access to Healthcare



[ADVENTISTHEALTH:INTERNAL]

Action Plan for Addressing High Priority Needs

The following pages reflect the goals, strategies, actions, and resources that Adventist Health Simi Valley provided in 2025 to address each selected High Priority Need.

Addressing Mental Health and Substance Use Across the Lifespan

Goal: Increase access to mental health and substance use related services in Ventura County

Strategy: Expand reach of mental health and substance use prevention programs and measures

Objective: Improve mental health access through education, leveraging existing behavioral health resources, building organization-based networks and sharing lessons learned.

Intended Population: Children and Older Adults (0-75) in Ventura County

Resources: Ventura County Community Health Improvement Collaborative (VCCHIC) founding member organizations

Collaboration Partners: Ventura County Behavioral Health

Programs/Activities	Lead Person / Organization	Process Measure Y1	Process Measure Y2	Process Measure Y3	Data Source	Baseline
Activity 1: Expanding Substance Use Navigators (SUN) to all hospitals within Ventura County	VCCHIC Founding Members, Community Memorial Health System, Ventura County Public Health with the Ventura Department of Education as partner	• Leverage Continuing Medical Education (CME) program for providers to introduce substance use navigators and address stigma • Utilize and expand existing frameworks to address stigma via school-based and community programs • Schedule quarterly meetings of the SUNs to identify and maximize best practices	Identify opportunities to leverage diversion from the emergency department to the sobering center or other substance use treatment centers within the county	Engage the Ventura County Sheriff's Office and other associated organizations for jail diversion through sobering centers	California (CA) Bridge	Number of medical assisted therapy orders written in the emergency room prior to discharge
Activity 2: Leveraging lessons learned from Medi-Cal integrated behavioral health programs to expand access to behavioral health services	VCCHIC Founding Members, Gold Coast Health Plan	• Establish relationship and communication with commercial plans (via California Hospital Association, Hospital Association of Southern California, Veterans Affairs, etc.) • Schedule biannual meetings to support collaborative learning between BHIIP partners	Leverage Medi-Cal Behavioral Health Integration and Student Behavioral Health Integration Program pilots as a starting point for expanding integrated programs to more Medi-Cal providers and in working with commercial plans to expand Behavioral Health and Substance Use resources in Ventura County through the school-linked Behavioral Health statewide fee schedule and provider network mandates	Identify funding opportunities via existing programs to maximize county resources	Gold Coast Health Plan	Data from BHIIP partners
Activity 3: Leverage the Community Information Exchange (CIE) as a resource for providers connecting patients in the primary care setting with existing and future community behavioral health support programs and services	VCCHIC CIE Governance Board Member Organizations	Assess and categorize available community resources	Collaborate with providers and community-based organizations to develop a common referral approach/mechanism and determine how best to communicate results and troubleshoot challenges regularly	Coordinate with providers and community-based organizations to develop and distribute materials to communicate and strengthen the connection between primary care providers and community-based behavioral health support programs including school-based programs	CIE	Collect at CIE launch

Anticipated Outcomes	Data Source	Baseline
Short-Term: Number of providers and community members educated to address mental health related stigma	VCCHIC	Collect at program implementation
Medium-Term: Percentage of patients identified receiving mental health care through hospital or community-based services for depression, anxiety, suicide or substance use	Hospital records, CIE	Collect at program implementation
Long-Term: Reduced ER visits due to mental illness and/or substance use, by diverting those with mental health/substance use needs to mental health/substance use care specific centers	Department of Health Care Access and Information (HCAI)	Hospitalization Data (2021)

Preventing Chronic Conditions by Promoting Healthy Lifestyles

Goal: Address some of the social determinants of health (SDOH) that contribute to chronic conditions and inhibit healthy lifestyles in Ventura County

Strategy: Promote an environment conducive to both physical exercise and increased access to healthy foods

Objective: Identify policies and programs, evaluated through a health equity lens, that promote healthy behaviors and increase access to physical activities and healthy foods in Ventura County.

Intended Population: All age, race and ethnic groups in Ventura County

Resources: Ventura County Community Health Improvement Collaborative (VCCHIC) partner organizations, state and county health departments, local businesses and non-profit organizations

Collaboration Partners: VCCHIC partner organizations

Programs/Activities	Lead Person/ Organization	Process Measure Y1	Process Measure Y2	Process Measure Y3	Data Source	Baseline
Activity 1:Increase access to healthy foods by connecting community members to available resources	VCCHIC Founding Members with Ventura County Public Health and Gold Coast Health Plan as lead organizations	• Leverage existing data to identify produce providers and philanthropy partners in and around communities at highest risk for food insecurity • Locate a Farmer's Market with free produce in the neighborhood	Provide on-site CalFRESH enrollment and healthy food education into the Farmer's Market location	Leverage existing programs to increase produce consumption in the homeless population and older adults	Ventura County Public Health and Gold Coast Health Plan	Collect at activity implementation
Activity 2: Promote physical activity as a key component of a healthy lifestyle	VCCHIC Founding Members with Camarillo Health Care District, Community Memorial Health System, Gold Coast Health Plan as lead organizations	Identify community-based programs and resources including green spaces, community centers and recreational clubs (walking, biking, running, sport, etc.) providing access to physical activities at low or no cost.	Identify and engage providers and other community partners to promote physical activity through physical activity prescriptions, family wellness workshops, recreational clubs and other community-based programs previously identified in Y1	Seek grant funding to improve access to recreational opportunities in areas with less access to open space including expanding walking paths, sports and club programs to include more age categories, etc.	VCCHIC Founding Member organizations	Collect at activity implementation
Activity 3: Facilitate coordination of hospital and health system cancer prevention programs	VCCHIC Founding Members hospital cancer coordinators with Cancer Support Community with Dignity Health as lead organization	Brand VCCHIC health education materials for partner and community-based organizations to support cancer prevention activities	Expand screening and prevention initiatives by leveraging partner resources and VCCHIC education materials developed in Y1	Develop a strategic plan for all cancer programs in Ventura County	Dignity Health	Collect at activity implementation
Activity 4: Coordinate referrals for strategic programs and promote events via the Community Information Exchange (CIE)	VCCHIC Founding Members with CIE Governance Board as lead organization	Assess and categorize available community resources	Onboard community resources identified in Y1 to the CIE	Utilize the referral data from the CIE to evaluate the needs and determine which programs VCCHIC wants to invest to increase availability of resources	CIE Governance Board	Collect at activity implementation

Anticipated Outcomes	Data Source	Baseline
Short-Term: • Number of community-based programs (CalFRESH, recreational clubs and screening events) that invest in a community activity to promote physical activity, healthy eating and/or cancer screening	CIE, community partners	Collect at program implementation
Medium-Term: • Number of community members utilizing CalFRESH benefits at Farmer's Markets. • Number of community members enrolled in physical activity programs • Planned cancer prevention coordination activities	Human Services Agency	Collect at program implementation
Long-Term: • Reduction in emergency room and hospital utilization from uncontrolled diabetes • Reduction in morbidity from all cancers • Reduction in mortality from all cancers	Department of Health Care Access and Information (HCAI)	Hospitalization Data (2021)

Advancing Equitable Access to Healthcare

Goal: Expand access to preventative care services to reduce the need for emergency visits in Ventura County

Strategy: Develop and implement health equity conscious policies and programs to expand preventative care service availability and accessibility in Ventura County

Objective: Implement policies and programs aimed at expanding and promoting access to culturally appropriate preventative care services among underserved populations in Ventura County

Intended Population: Underserved populations including low-income, immigrant, migrant, refugee, LGBTQIA+, Latinx and Black/African American

Resources: Ventura County Community Health Improvement Collaborative (VCCHIC) partner organizations, American Hospital Association Institute for Diversity and Health Equity (AHA IFDHE)

Collaboration Partners: VCCHIC partner organizations

Programs/Activities	Lead Person / Organization	Process Measure Y1	Process Measure Y2	Process Measure Y3	Data Source	Baseline
Activity 1: Develop a collaborative Population Health Management (PHM) strategy as the framework for CalAIM implementation (high-level, data-driven, risk-stratified strategy for intended populations across the collaborative)	VCCHIC Founding Members with Gold Coast Health Plan as lead organization and First5 Ventura County and Westminster Clinic as partner organization	Develop a PHM strategy aimed at enhancing access to primary care and prenatal/postnatal care services	Restructure health plan financial model(s) and/or programs to incentivize both patients and providers toward expanded opportunities to access primary care and prenatal/postnatal visits and preventative screenings	Develop collaborative community wellness and prevention programs to address the needs of highest risk community members	Gold Coast Health Plan	Collect at program start
Activity 2: Expand Sexual Orientation and Gender Identity (SOGI) knowledge and awareness in the community	VCCHIC Founding Members with Dignity Health as lead organization and Ventura County Diversity Equity and Inclusion (DEI) program as partner	Lead organization (Dignity Health) to facilitate Healthcare Equality Index (HEI) certification for other collaborative health systems	Support expansion of residency programs to include SOGI training	Elevate public awareness of SOGI concerns as well as classes and education available to increase knowledge	VCCHIC Founding Member organizations	Collect at program start
Activity 3: Assess the Diversity & Inclusion in Leadership and Governance state of VCCHIC founding member organizations and action plan based on those findings	VCCHIC Founding Members with Communities Lifting Communities as partner	Select assessment tool and Conduct Assessments	Develop and implement individual organization action plans and VCCHIC action plan based on assessment findings	Summit of DEI leadership from VCCHIC founding member organizations to include their respective Board representatives	AHA IFDHE	Collect at program start
Activity 4: Ensure Community Information Exchange (CIE) is integrated with Ventura County Health System electronic health records (EHR)	VCCHIC Founding Members with the CIE Governance Board as lead organization	Evaluate potential technology vendors for capability to connect with health systems' EHR	Ensure ability of health systems to make social needs referrals to the CIE and close the loop from their EHR	Evaluate type of referrals coming from the health care system and optimize community partnerships to address social needs	CIE	Collect at baseline

Anticipated Outcomes	Data Source	Baseline
Short-Term: • Number of organizations that participate in SOGI and/or DEI assessments • Number of organizations participating in the PHM strategy	American Hospital Association, Dignity Health, Gold Coast Health Plans and any state-level accreditation organization	Collect at program implementation
Medium-Term: • Number of collaborative wellness and prevention programs that were developed because of the PHM strategy	VCCHIC Founders	Collect at program implementation
Long-Term: • Increase primary care visits including screenings • Increase in infant, child, and adolescent well-child visits • Increase in childhood and adolescent vaccinations • Reduce emergency room visits	Gold Coast Health Plan, VCCHIC health care partners, Department of Health Care Access and Information (HCAI)	Collect at program implementation

AHSV ADDRESSING HIGH PRIORITY: MENTAL HEALTH AND SUBSTANCE USE

GOAL	Increase access to mental health and substance use related services in Ventura County

Strategy:	Expand reach of mental health and substance use prevention programs and measures.
Population Served:	Children and Older Adults (0-75) in Ventura County
Internal Partners:	Clinical, SUN, Director of Well-Being, and Staff
External Partners:	VCCHIC, Ventura County Behavioral Health, Soroptimist of Simi Valley, Moorpark College

Type of Strategy: Program/Activity/Tactic/Policy	**Lead/Organization**
Improve mental health access through education, leveraging existing behavioral health resources, building organization-based networks and sharing lessons learned. **Activity 1:** Expanding Substance Use Navigators (SUN) to all hospitals within Ventura County. **Activity 2:** Leveraging lessons learned from Medi-Cal integrated behavioral health programs to expand access to behavioral health services. **Activity 3:** Leverage the Community Information Exchange (CIE) as a resource for providers connecting patients in the primary care setting with existing and future community behavioral health support programs and services.	VCCHIC Founding Members, Community Memorial Health System, Ventura County Public Health with the Ventura Department of Education, Gold Coast Health Plan and VCCHIC CIE Governance Board Member Organizations as partners

REPORTING: FY 2025 YEAR THREE

CHIS ACTIVITIES	***Quantitative Data***	**Qualitative Narrative-**
With the focus of improving mental health/substance use access through education, existing resources and building CBO/HRSN networks, AHSV will work toward the following milestones that will evolve quarterly over the next 3 years. ***Data Source:*** *VCCHIC, Director of Well-Being* ***Contact:*** *Director of Well-Being*	950 patients 5,000 Community Members 1,008 patients	**Year 3 January 1 – December 31, 2025** In collaboration with the Ventura County Community Health Collaborative, the Ventura County Community Information Exchange was created that connects various partners to participate in a shared resource database and an integrated technology platform to improve community care planning. More than a dozen Community Based Organizations committed to the new platform in 2025. The Substance Use Navigator (SUN) program at Adventist Health Simi Valley continues to serve as a critical support system for patients presenting to the Emergency Department with substance-related needs. Through proactive engagement, the navigator connects individuals to treatment options, recovery services, and essential community resources. More than 950 patients have benefited from one-on-one consultations, 500 referred to treatment with close to 50% succeeded treatment, and 700 Narcan Kits were distributed. The Substance Use Navigator and AHSV team members remained high visibility in the community through educational outreach events and speaking engagements including Simi Valley Street Fair, Cops N' Cruisers, Veteran's Wellness Fair, Health Fair, Backpack Medicine, Ventura County Supervisor Parvin's Town Hall, and homeless community outreach. Emergency Department patients identified as unhoused were provided with resource booklets, sack meals, bus passes (250 distributed), and clothing to help address immediate needs while connecting them with care management and community support services.

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	1,000 students	The Emergency Department participates in the annual Every 15 Minutes program. A two-day mock style crash simulation event focuses on high school juniors and seniors emphasizing the impacts of drinking, driving, mental health, personal safety, and the responsibility of making mature decisions. A 13 minute You Tube video highlights the vehicle crash, the lead up to, and the possible effects of choosing to drink and drive.
	180 attendees 54 students	The Apathy Effect Exhibit: Partnered with Soroptimist of Simi Valley offered an immersive experience sharing internal stories of resilience of survivor of human trafficking. In addition, 52 students attended a free first responder training on how to recognize the signs and respond to human trafficking in the field. This is an approved education course for Continuing Education credits.
Adventist Health In the NEWS:		
 SUN Program Brochure ALL pages.  VCHTTF Soroptimist Training Flyer.pdf  VCHTTF Soroptimist Apathy Effect Flyer.p	Every 15 Minutes 2025	

[ADVENTISTHEALTH:INTERNAL]

AHSV ADDRESSING HIGH PRIORITY: PREVENTING CHRONIC CONDITIONS

GOAL	Address some of the social determinants of health (SDOH) that contribute to chronic conditions and inhibit healthy lifestyles in Ventura County

Strategy:	Promote an environment conducive to both physical exercise and increased access to healthy foods
Population Served:	All age, race and ethnic groups in Ventura County
Internal Partners:	Director of Well-Being, Community Engagement Manager (Athletic Trainer), Executive Assistant, Clinical, Staff
External Partners:	VCCHIC, Body Brain Train, Kiwanis of Simi Valley, City of Simi Valley, Simi Valley Chamber of Commerce, Simi Valley Women's Club

Type of Strategy: Program/Activity/Tactic/Policy	**Lead/Organization**
Identify policies and programs, evaluated through a health equity lens, that promote healthy behaviors and increase access to physical activities and healthy foods in Ventura County. **Activity 1:** Increase access to healthy foods by connecting community members to available resources. **Activity 2:** Promote physical activity as a key component of a healthy lifestyle. **Activity 3:** Facilitate coordination of hospital and health system cancer prevention programs. **Activity 4:** Coordinate referrals for strategic programs and promote events via the Community Information Exchange (CIE).	VCCHIC Founding Members with CIE Governance Board, Ventura County Public Health, Gold Coast Health Plan, Camarillo Health Care District, Community Memorial Health System,

REPORTING: FY 2025 YEAR THREE		
CHIS ACTIVITIES	***Quantitative Data***	**Qualitative Narrative**

[ADVENTISTHEALTH:INTERNAL]

With an equitable lens and in partnership with VCCHIC, AHSV will work to Identify policies and programs focused on healthy behaviors, access to physical activities and healthy foods, and connect residents to HRSN in Ventura County by working toward the following milestones that will evolve quarterly over the next 3 years. Advocate, Identify, Engage, Collaborate, Develop Framework, Create Program, Launch Activity 1: • Leverage existing data to identify produce providers and philanthropy partners in and around communities at highest risk for food insecurity • Locate a Farmer's Market with free produce in the neighborhood ***Data Source: AHSV, VCCHIC Governance Board*** ***Contact: Director of Well-Being, VCCHIC Board Chair***	8,000 attendees 50 members 1,200 students 5,000 community members 25 athletic trainers 500 attendees	**Year 3 January 1 – December 31, 2025** AHSV supports programs and services that promote healthy behaviors, increase access to physical activity, and improve availability of nutritious foods. Through active participation in community events, outreach and education efforts, guest speaker engagements, and collaborative partnerships with organizations serving vulnerable populations, AHSV remains committed to advancing community health and well-being. Adventist Health Simi Valley opened its Farmers Market in 2024 to provide associates and community members with greater access to fresh, nutritious foods. Featuring certified local vendors offering fruits, vegetables, honey, nuts, and more, the market supports healthy living while strengthening partnership with local vendors. Participation in the CalFresh SNAP program further expands access to healthy food options for community members facing food insecurity. The Farmers Market offered monthly themed activities to promote well-being and healthy food options, lifestyles included activities, games, prizes, and giveaways. • January: Community Health Fair promoting wellness and healthy lifestyles included a dozen community vendors. More than 300 were in attendance. • February: Heart Health outreach and education • March: Certified Nurse's Day, Patient Safety Week, Sonny Horses' for Kids • April: Body Brain Train Drumming Class • May: Rancho Simi Recreation & Park District Water Safety Awareness • October: Women's Health and Breast Cancer Awareness Month • November: Handwashing education Body Brain Train provides specialized fitness and wellness programs for older adults and individuals living with Parkinson's disease in the Simi Valley community. Grant funding supported instructor training through the Sound Healing Academy and the purchase of short and long wooden swords used for Jungshin practice. AHSV partnered with the Simi Valley High School PTA and sponsored the annual Junior Olympics event. Student athletes in 4th, 5th, and 6th grade compete and test their skills among their peers in several Olympic style events. AHSV sponsored the Rotary Club of Simi Sunrise Happy Face Music Festival, Simi Valley Chamber of Commerce Spring and fall Street Fair, Kiwanis of Simi Valley 4th of July Celebration Kidz Fun Zone areas for youth and families. The Kidz Zone provides the community to interact and participate in a free active play environment to socialize, increase physical movement and build friendships for a purpose of health, wholeness, and well-being. In partnership with Moorpark College, AHSV hosted the annual Athletic Training Symposium for 25 athletic trainers earning CEU credits. Guest speaker presentations included topics related to concussion evaluation, recovery and return to play, emergency response settings, mental health, and first responder partnerships. Wellness Expo – AHSV sponsored and participated in the annual one-day community event aimed at bringing health and wellness information,

[ADVENTISTHEALTH:INTERNAL]

		free services, and resources to the 50+ population. AHSV provided 40 free blood pressure and offered healthcare related information including heart health, urology, primary care, dietary, stroke, and home health.
	300 senior athletes	Senior Community Games – AHSV partnership with the Rancho Simi Recreation and Park District Senior Community Games offered more than 300 seniors to participate in 25 different Olympic style events that promotes health activity, socialization, and mental health well-being.
	1,000 attendees	AHSV participated in the Simi Valley Explorers' annual event Cops 'N Cruisers that helps raise awareness and funds for the Police Explorer program. AHSV staff hosted an educational booth that included drug awareness, primary care, stroke, and Narcan education training, 35 Narcan kits were distributed to community members.
	3,000 attendees	National Night Out is a nationwide community event hosted by Simi Valley Police Department. AHSV hosted an informational booth offering information on topics such as health education, primary care services, substance use education, and more. A strong emphasis is made on creating a safe environment for families, including anti-drug and anti-violence programs for Simi Valley youth, crime prevention tips, resources for families and mental health services. Naloxone distribution (42 kits).
	2,000 students	A grant was awarded to the Simi Valley Education Foundation where teachers from the Simi Valley Unified School District received funds to promote creative teaching approaches to expand and improve classroom, grade level or department academic environment to provide students with enhanced learning experience including healthy activities and other health-related programs.
	29 families	AHSV sponsored the annual Turkey Drive and where Thanksgiving meals were given to families experiencing food insecurity through a local food bank.
	100 attendees	Veteran's Health & Wellness Fair – AHSV participated in the sponsored event by Rancho Simi Recreation and Park District. AHSV team members and Dr. Westbrook offered information related to primary care, weight management, and service offerings.

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Adventist Health In the NEWS: Place links to stories highlighting the impact on your community's well-being.


MPK Acorn 012525 - Health Fair Ad.pdf


ONE Channel 022725 - One-Year F


SV Acorn 041925 - Street Fair rolls in (A


SV Acorn 072625 - Farmers Market ad $


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AHSV ADDRESSING HIGH PRIORITY: ADVANCING EQUITABLE ACCESS TO CARE

GOAL	Expand access to preventative care services to reduce the need for emergency visits in Ventura Count

Strategy:	Develop and implement health equity conscious policies and programs to expand preventative care service availability and accessibility in Ventura County
Population Served:	Underserved populations including low-income, immigrant, migrant, refugee, LGBTQIA+, Latinx and Black/African American
Internal Partners:	Director of Community Well-Being, Clinical, SUN
External Partners:	VCCHIC partner organizations, Westminster Free Clinic, Soaring Spirits, Simi Valley Chamber of Commerce, For the Need Foundation, Simi Valley Police Department

Type of Strategy: Program/Activity/Tactic/Policy	**Lead/Organization**
Implement policies and programs aimed at expanding and promoting access to culturally appropriate preventative care services among underserved populations in Ventura County. **Activity 1:** Develop a collaborative Population Health Management (PHM) strategy as the framework for CalAIM implementation (high-level, data-driven, risk-stratified strategy for intended populations across the collaborative. **Activity 2:** Ensure Community Information Exchange (CIE) is integrated with Ventura County Health System electronic health records (EHR).	VCCHIC Founding Members, CIE Governance Board, Gold Coast Health Plan, First5 Ventura County, Westminster Clinic, Dignity Health, Ventura County Diversity Equity and Inclusion (DEI) program, and Communities Lifting Communities as partners

REPORTING: FY 2025 YEAR THREE

CHIS ACTIVITIES	***Quantitative***	**Qualitative Narrative-**
Advocate, Identify, Engage, Collaborate, Develop Framework, Create Program, Launch Activity 1: Develop a PHM strategy aimed at enhancing access to primary care and prenatal/postnatal care services ***Data Source:*** *VCCIE* ***Contact:*** *Director of Community Well-Being*		**Year 3 January 1 – December 31, 2025** In 2025, Adventist Health Simi Valley (AHSV) worked to implement service offerings and programs aimed at expanding and promoting access to culturally appropriate preventative care services among underserved populations in Ventura County through building relationships, forming coalitions, and engaging with new partnerships in order to improve access to care. Adventist Health Simi Valley (AHSV) is a founding member of the Ventura County Community Health Improvement Collaborative (VCCHIC) and partnered with Communities Lifting Communities (CLC) through a three-year collaboration agreement to establish a sustainable structure that strengthens VCCHIC member engagement and community partnerships. This collaborative effort supports the long-term implementation of population health strategies identified in the 2022 Community Health Needs Assessment (CHNA) and Community Health Improvement Plan (CHIS). CLC serves as the backbone organization for this collective impact initiative, bringing together hospitals, the local health department, community clinics, Medi-Cal managed care plans,

[ADVENTISTHEALTH:INTERNAL]

		and community benefit organizations (CBOs) to advance coordinated community health improvement efforts.
	6,000 community members took the survey 50 Booklets	In 2025, a Community Health Needs Assessment (CHNA) was conducted between January and June with the purpose of identifying and prioritizing the significant health needs of the community. The top three priorities for 2026-2028 are Behavioral Health, Older Adults' Health, and Women's Health. Booklets are available to the community. The 2026-2028 Community Health Implementation Strategy (CHIS) was completed that follows the development of the 2025 CHNA.
	300 attendees	AHSV partnered with 99.1 The Ranch and hosted an associate and community Health Fair at the Farmers Market alongside a dozen community non-profit health care organizations offering health care programs and services, 50 health screenings, wellness resources, and a live-remote including interviews from AHSV Leadership and physicians demonstrating our continued commitment to the community with expanded access to care, prevention, and health education.
	12 patients	AHSV partnered with the National Health Foundation to assist with recuperative care services for individuals experiencing homelessness after being discharged from the hospital.
	40,000	Community investment plays a significant role at AHSV whereas building and strengthening relationships provides support for local non-profit organizations to improve the health and wellness of the Simi Valley and Moorpark community. Investments in 2025 included the following: • Rotary Club of Simi Sunset Johnna's Tea supports cancer patients. • Rotary Club of Simi Sunrise Happy Face Music Festival – youth program to support scholarships and bikes for kids • Rotary Club of Simi Sunset – Meals on Wheels senior program • Soroptimist of Simi Valley supporting women and girls with access to training, education and empowerment • Boys & Girls Club of Moorpark & Simi Valley supporting youth community in a positive, safe, healthy, fun and educational environment • Kiwanis of Simi Valley – fun active play event • Moorpark Rotary – youth programs • Cancer Support Community • Samaritan Center of Simi Valley – homeless programs/services
	19,000 3,000	Simi Valley Street Fair – The Simi Valley Street Fair is held in May and October of each year and is the largest attended annual community event. AHSV's outreach and education booths engaged community members by providing general resources and services related to primary care, robotic surgery, heart health, stroke, substance use disorder (SUN) awareness, blood pressure screenings, oncology, and urology. Thousand Oaks Street Fair – promoted women's health and Breast Cancer Awareness Month in meaningful conversations.

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		Featured an education booth highlighting available services at the Nancy Reagan Breast Center and primary care Moorpark Country Days – promoted women's health, Breast Cancer Awareness Month in meaningful conversations. It featured an education booth highlighting available services at the Nancy Reagan Breast Center and primary care.
	200 student athletes	AHSV hosted the annual sports physical event where two AHSV physicians volunteered to conduct sports physicals to Simi Valley High School and Royal High School athletes to ensure athletes are physically ready to play sports.
	175 patients 35 attendees 60 attendees 38 attendees 15 attendees 24 attendees 41 attendees 17 attendees 20 attendees 6 attendees 15 attendees 20 attendees 20 attendees 25 attendees 20 attendees 45 attendees	**Community Health Education** Developing the framework of collaborative partnerships, representatives from Adventist Health Simi Valley were guest speakers offering field expertise in various subjects for a better healthier and well-being lifestyle. • AHSV Orthopedic Care Education Classes • Understanding Atrial Fibrillation, Ashley Schofield, RN Nurse Navigator • Lunch & Learn: Dr. Nguyen, Interventional Cardiologist • Lunch & Learn: Dr. Tilles, ED • Stroke Education & Awareness • Stroke Awareness for Healthy Aging • Lunch & Learn: Dr. Pakula, Robotic Surgery • Bank of America: Walk with a Doc • Bank of America: Walk with a Doc • Hands Only CPR & Narcan Training • VFW Women's Group Hands Only CPR & Heart Health • WINS – Hands on CPR & Sun Presentation • Home Health: Your Care, Your Way: Planning Ahead for Loved Ones • Home Health: Safe Use and Handling of Oxygen Equipment • Home Health: Hospice Clinical Capabilities & Team Based Care • Senior Center: Your Heart, Our Care: What to Expect on Your Cardiac Procedure Journey
	102 Clients	Through a capacity building relationship, AHSV and Soaring Spirts International Simi Valley collaborated and entered into a one-year MOU Agreement to provide grief support resources for the widowed community including 100 widowed packets, peer support, workshop, mentoring, and training.
	50 attendees	In 2023, Westminster Free Clinic Grant (WFC) and AHSV entered into a 3-year agreement beginning January 1, 2024, to support the Corazones Sanos "Healthy Hearts" Program. WFC helps to advance the health and wellness of Ventura County's low-income uninsured and underinsured population by offering early access to free healthcare and preventing and improving chronic health conditions.
	16 students	Community Integration: AHSV hosted business professionals from Ventura County Leadership Academy and Leadership of Simi Valley cohort to learn about the hospital's programs, services and resources and a tour of the hospital.

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	346 patients	AHSV awarded Moorpark College Foundation 16 scholarships in the field of nursing, EMT, radiology, and biotech studies for college students to support their social and physical needs while pursuing a college degree. AHSV partnered with the Free Clinic of Simi Valley and provided free laboratory and radiology services to uninsured or under-insured individuals. **Community Outreach:** The AHSV Nancy Reagan Breast Center offers compassionate care to more than 10,000 women experiencing breast cancer. In addition, the NRBC offers free mammography services to the Free Clinic of Simi Valley, which provides medical care to individuals and families in need, regardless of their ability to pay. Partnered with 99.1 The Ranch, local non-profit radio station that included: • 4,258 aired spots of 3o-second commercials • Commercials: Health Fair, Farmers Market, Cardiology, Primary Care, ED, and USNWR Best Hospitals • 2 Live remotes occurred at the Farmers Market • On-Air Interviews – Spring and Fall Street Fair, Farmers Market, Physicians and Leadership AHSV Sycamore Drive clinic now offers expanded hours to include early morning and evening appointments. Adventist Health Simi Valley continues to expand services to the community including: ○ Opened a newly designed Sycamore Clinic in March 2025 to enhance patient flow, reduce wait times, and improve care coordination including expanded office hours. ○ Welcomed two new interventional radiologists who bring advanced expertise in treating complex conditions, including vascular disease, cancer, women's and men's health issues, and minimally invasive pain management. ○ Introduced Varipulse™ PFA (Pulsed Field Ablation), a cutting-edge and highly precise treatment now available to our patients. Adventist Health Simi Valley is among only a few hospitals in the region offering this safer, next-generation technology. ○ Expanded urological care with Optilume Stricture, a new outpatient procedure that offers meaningful relief for the more than 1.5 million men in the U.S. affected by urethral stricture, helping reduce recurrence and improve long-term outcomes. ○ Added two new physicians specializing in neurosurgery, neurointerventional surgery, enhanced access to advanced neurological care and strengthened the continuum of services available to the community. AHSV's Health Inspired magazine reaches approximately 181,000 Simi Valley and Moorpark residential community members three times a year focusing on health and well-being resources.

The VCCIE Committee is developing the framework of a Ventura County-wide Communication Information System (CIE), and in the process of hiring a Community Hub Director to lead the CIE program and in the selection process of a Technology Vendor to support the CIE.

Adventist Health In the NEWS: Place links to stories highlighting the impact on your community's well-being.


VCCHIC CHIS 2026-28 Final.pdf


Ventura_CHNA_2025_Updated.pdf


SV Acorn 032225 - AHSV opens doors t


SV Acorn 111525 - Hospital encourage


SV Acorn 092025 - From 50 beds to 60


SV Acorn 032925 - More Healthy days s


MPK Acorn 083025 - Area hospital gets n

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Significant Identified Health Needs

The High Priority Needs are the focus of the community health implementation strategy and this accompanying Community Health Plan Update, FY 2025.

Although we address aspects of the fifteen identified areas through our service lines and community outreach, we have chosen to apply targeted funding and efforts to our top three areas. The purpose of not targeting additional areas are due to a combination of factors that include capacity, expertise and the way these concerns can be addressed by other agencies and organization.



High Priority Needs
Mental Health (alcohol & drug use)
Health Conditions by promoting healthy lifestyles (diabetes/respiratory diseases/heart disease and stroke/weight status/cancer)
Access to Care
Lower Priority Needs that will not be addressed directly by Adventist Health Simi Valley due to limited resources, expertise and feasibility of viable interventions but are
Adolescent Health
Nutrition and Healthy Eating
COVID-19
Housing
Physical Activity
Education
Older Adults

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Community Health Financial Assistance for Medically Necessary Care Commitment

Adventist Health understands that community members may experience barriers in paying for the care they need. That is why we are committed to providing financial assistance to those who may need support in paying their medical expense(s).

Community members can find out if they qualify for financial aid in paying medical bills by completing a financial assistance application. Applications can be filled out at the time care is received or after the bill has been administered. To access the financial assistance policy for more information or contact a financial assistant counselor, please visit us at: Adventist Health - Help Paying Your Bill.











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Thank you for reviewing our Community Health Plan Update, FY 2025.
We are proud to serve our local community and are committed to making it a healthier place for all.
To provide feedback on this community benefit report or other reports referenced, please email community.benefit@ah.org. You may also request a copy free of charge.

To review this report as well as our most recent Community Health Needs Assessment and