

Adventist Health Clear Lake Hospital 2020 Community Health Implementation Strategy



Executive Summary

Introduction & Purpose

Adventist Health Clear Lake Hospital is pleased to share its Community Health Implementation Strategy. This follows the development of its 2019 Community Health Needs Assessment (CHNA) in accordance with requirements in the Affordable Care Act and IRS 990 Schedule H requirements and approved by the Adventist Health Board of Directors on October 17, 2019.

After a thorough review of the health status in our community through the community health needs assessment (CHNA), we identified areas that we could address using our resources, expertise and community partners. Through these actions and relationships, we aim to empower our community and fulfill our mission of “Living God’s love by inspiring health, wholeness and hope.”

The results of the CHNA guided this creation of this document and aided us in how we could best provide for our community and the vulnerable among us. This Implementation Strategy summarizes the plans for Adventist Health Clear Lake Hospital to develop and collaborate on community benefit programs that address prioritized health needs identified in its 2019 CHNA. Adventist Health Clear Lake has adopted the following priority areas for our community health investments.

Prioritized Health Needs – Planning to Address

- **Health Priority #1: ADDRESS DRUG ABUSE/SUBSTANCE USE WITHIN THE COMMUNITY**
- **Health Priority #2: INCREASE HOUSING STABILITY AND TARGET HOMELESSNESS**
- **Health Priority #3: COMMUNITY OUTREACH & EDUCATION FOR ALL HIGH NEED AND/OR DISENFRANCHISED COMMUNITIES AND ACCESS TO HEALTH SERVICES**
- **Health Priority #4: INCREASE OPPORTUNITY FOR CANCER PREVENTION AND SCREENINGS**

Building a healthy community requires multiple stakeholders working together with a common purpose. We invite you to explore how we intend to address health challenges in our community and partner to achieve change. More importantly, we hope you imagine a healthier region and work with us to find solutions across a broad range of sectors to create communities that define the well-being of people.

The purpose of the CHNA was to offer a comprehensive understanding of the health needs in Adventist Health Clear Lake Hospital service area and guide the hospital's planning efforts to address those needs.

The significant health needs were identified through an analysis of secondary data and community input. These health needs were identified according to a set of criteria that included primary and secondary data on Lake County and responses received from Community Forums held around Lake County. We recognized that many of the priority health needs from prior CHNAs remain health issues for Lake County. For further information about the process to identify and prioritize significant health needs, please refer to Adventist Health Clear Lake Hospital CHNA report at the following link:

<https://www.adventisthealth.org/about-us/community-benefit/>

Adventist Health Clear Lake Hospital and Adventist Health

Adventist Health Clear Lake Hospital is an affiliate of Adventist Health, a faith-based, nonprofit integrated health system serving more than 80 communities on the West Coast and Hawaii.

Vision

Adventist Health will be a recognized leader in mission focus, quality care and fiscal strength.

Mission Statement

Living God's love by inspiring health, wholeness and hope.

Adventist Health facilities Include:

- 21 hospitals with more than 3,284 beds
- Over 273 clinics (hospital-based, rural health and physician clinics)
- 13 home care agencies and seven hospice agencies
- Four joint-venture retirement centers
- Compassionate and talented team of 35,000 associates, medical staff physicians, allied health professionals and volunteers.

We owe much of our heritage and organizational success to the Seventh-day Adventist Church, which has long been a promoter of prevention and whole person care. Inspired by our belief in the loving and healing power of Jesus Christ, we aim to bring physical, mental and spiritual health and healing to our neighbors of all faiths. Every individual, regardless of his/her personal beliefs, is welcome in our facilities. We are also eager to partner with members of all faiths to enhance the health of the communities we serve.

Our commitment to quality health care stems from our heritage, which dates to 1866 when the first Seventh-day Adventist healthcare facility opened in Battle Creek, Michigan. There, dedicated pioneers promoted the “radical” concepts of proper nutrition, exercise and sanitation. Early on, the facility was devoted to prevention as well as healing. They called it a sanitarium, a place where patients—and their families—could learn to be well.

More than a century later, the health care system sponsored by the Seventh-day Adventist Church circles the globe with more than 170 hospitals and more than 500 clinics, nursing homes and dispensaries worldwide. And the same vision to treat the whole person—mind, body and spirit—continues to provide the foundation for our progressive approach to health care.

Summary of Implementation Strategies

Implementation Strategy Design Process

Stakeholders from the 19 hospital facilities in the Adventist Health System were invited to participate in a Mission Integration Summit on September 26 and 27, 2019. During this two day-long event, participants were introduced to the 2019 Adventist Health Implementation Strategy Template. After the summit, each hospital was invited to participate in a series of technical assistance calls and consultation sessions with representatives from Adventist Health Community Integration and Conduent Health Communities Institute to further develop and refine their implementation strategy.

Adventist Health Clear Lake Hospital Implementation Strategy

The implementation strategy outlined below summarizes the strategies and activities by Adventist Health Clear Lake Hospital to directly address the prioritized health needs. They include:

- **Health Need 1: ADDRESS DRUG ABUSE/SUBSTANCE USE WITHIN THE COMMUNITY INCLUDING ALCOHOLISM**
 - SUN ED Navigator & ED Bridge Program
 - X-Wavier training & certification course
 - Opioid Recovery Live Well Institute
- **Health Need 2: INCREASE HOUSING STABILITY AND TARGET HOMELESSNESS**
 - Expanding Project Restoration – Restoration House 2...
 - Hope Rising – Hope Center to open in June 2020
 - Hope Harbor Seasonal Homeless Shelter
- **Health Need 3: COMMUNITY OUTREACH & EDUCATION FOR ALL HIGH NEED AND/OR DISENFRANCHISED COMMUNITIES AND ACCESS TO HEALTH SERVICES**
 - Shower Trailer
 - Safe Sleeping for Baby & Mothers – Spanish Language
 - Booths & health screenings at various events throught the calendar year located all around Lake County.
- **Health Need 4: INCREASE OPPORTUNITY FOR CANCER PREVENTION AND SCREENINGS**
 - New screening for Hereditary cancer using Dr. Westgates ‘AHEAD’ program in Family Practice at Hilltop Medical Building, and Women’s Care department in the hospital.
 - 3D Mamography – Incentive gift for compliance.
 - Colon cancer screening
 - Prostate cancer screening
 - Smoking Cessation

The Action Plan presented below outlines in detail the individual strategies and activities Adventist Health Clear Lake Hospital will implement to address the health needs identified though the CHNA process. The following components are outlined in detail in the tables below: 1) actions the hospital intends to take to address the health needs identified in the CHNA, 2) the anticipated impact of these actions as reflected in the Process and Outcomes measures for each activity, 3) the resources the hospital plans to commit to each strategy, and 4) any planned collaboration to support the work outlined.

No hospital can address all the health needs identified in its community. Adventist Health Clear Lake Hospital is committed to serving the community by adhering to its mission, and using its skills, expertise and resources to provide a range of community benefit programs. This Implementation Strategy does not include specific plan to address the following significant health needs identified in the 2019 CHNA.

Significant Health Needs – NOT Planning to Address

- AHCL strives to address all significant health needs in our community. The 2019 Lake County CHNA identified significant 4 priority health needs. AHCL is operating & expanding programs aimed at addressing community health needs in all identified 4 priority areas.

Adventist Health Clear Lake Implementation Strategy Action Plan

PRIORITY HEALTH NEED: ADDRESS DRUG ABUSE/SUBSTANCE USE WITHIN THE COMMUNITY

GOAL STATEMENT: IMPROVE HEALTHY BEHAVIOR BY REDUCING DRUG DEPENDENCY

Mission Alignment: Well-being of People

Strategy 1: Fill gaps in drug addiction recovery services continuum to improve recovery, access, & outcomes.

Programs/ Activities	Process Measures	Results: Year 1	Short Term Outcomes	Results: Year 2	Medium Term Outcomes	Results: Year 3
ED BRIDGE & Substance Use Navigator	# Encounters # Interventions # Bridged # Admitted to recovery		# New encounters. #&new impacted. #repeat encounters. # Bridged & receiving addiction treatment.		#Bridged & reciving addiction treatment. #repeat encounters.	
X-Waiver training & certification	# X-waver certified providers in Lake County		Increase access to opioid treatment. # patients receiving services for each X-wavierd provier.		Reduction in overdoses/opioid related hospitalizations/de aths in Lake count.	
Opioid Recovery Live Well	Success Rate % Visits/Volume Revenue		New clients. Recidivism. Capacity Rate.		New clients. Recidivism. Capacity Rate.	

Source of Data:

- AHCL hospital medical record/Cerner, SUN/Bridge self reporting, & AH corporate financial databases. CA opioid dashboard (<https://skylab.cdph.ca.gov/ODdash>).

Target Population(s):

- SUD diagnosed patients with co-occurring illnesses. New patients ready for SUD treatment.

Adventist Health Resources: (financial, staff, supplies, in-kind etc.)

- Staff, Finanical, Data Tracking Supplies

PRIORITY HEALTH NEED: ADDRESS DRUG ABUSE/SUBSTANCE USE WITHIN THE COMMUNITY

Collaboration Partners:

- All organizations with x-waverd providers: Dr. Bradley, Mendocino Lakeview clinic, Sutter Lakeside Hospital. Lake County Behavial Health, AA, NA, Celebrate Recovery, church groups throught Lake County.*CARE, Inc.
- Tillamook Seventh-day Adventist Church
- AH Tillamook

CBISA Category:

A - Community Health Improvement

PRIORITY HEALTH NEED: INCREASE HOUSING STABILITY AND TARGET HOMELESSNESS

GOAL STATEMENT: CONNECT HIGH UTILIZERS OF HEALTH CARE TO HOUSING

Mission Alignment: Well-being of People

Strategy 1: Grow capacity for existing programs and reduce time to secure supportive housing for program participants.

Programs/ Activities	Process Measures	Results: Year 1	Short Term Outcomes	Results: Year 2	Medium Term Outcomes	Results: Year 3
Expand Project Restoration, Restoration House II	# Clients. # Housed. # Hospitalizations. # ED visits. # Jail days. # EMS transports. # Police calls.		Track client acuity from enrollment to graduation. Time to housing placement. # wait listed		Average acuity improvement per patient. Improvement in LOS. Reduce # wait listed.	
Hope Center	# Served # Housed # Hospitalizations. # ED visits. # Jail days. # EMS transports. # Police calls.		Open Facility		LOS. Admit – placement. Var VISPDAT. \$ Savings after enrollment.	
Hope Harbor (Warming Center)	Operating Budget # Sheltered		#Health/STD Screenings. # Referrals to care.		# Referrals. # Admits.	

Source of Data:

- AHCL EMR, Hope Center & Hope Harbor self reported.

Target Population(s):

- Homeless with health conditions and history of high healthcare utilization
- Patients in need of respite care.
- Homeless during cold months.

Adventist Health Resources: (financial, staff, supplies, in-kind etc.)

- Staff, Financial, Data tracking.

Collaboration Partners:

- Adventist Church & others, Lake County Transit (bus), Hope Rising community coalition, EMS, Fire, Law Enforcement, City government, Sutter Lakeside Hospital, Lake County Department of Health.

PRIORITY HEALTH NEED: INCREASE HOUSING STABILITY AND TARGET HOMELESSNESS

CBISA Category:

A - Community Health Improvement

PRIORITY HEALTH NEED: COMMUNITY OUTREACH AND ENGAGEMENT FOR ALL HIGH NEED AND/OR DISENFRANCHISED COMMUNITIES AND ACCESS TO HEALTH SERVICES

GOAL STATEMENT: INCREASE HEALTHY BEHAVIORS IN THE COMMUNITY

Mission Alignment: Well-being of People

Strategy 1: Providing services into the community and adding access points to health and social services

Programs/ Activities	Process Measures	Results: Year 1	Short Term Outcomes	Results: Year 2	Medium Term Outcomes	Results: Year 3
Shower Trailer	# showers #health screenings #referrals		Increase in referrals to social services in county.		% of participants utilizing health care services through primary care. Improved chronic disease management as measured by reduced ED visits for target population.	
Safe Sleeping for Baby & New Mothers (English & Spanish)	# attendees. Demographics. Co-Sleeping.		New mothers & baby stay with AHCL PCP		Decrease in SIDS. Improved pediatric outpatient visit compliance.	

Source of Data:

- AHCL EMR, Shower Trailer self reporting

Target Population(s):

- Homeless, Low income families, Spanish speaking

Adventist Health Resources: (financial, staff, supplies, in-kind etc.)

- Staff, Financial, Supplies

Collaboration Partners: (place a "*" by the lead organization if other than Adventist Health)

- Churches & community centers for shower trailer host locations, Easterseals, First 5, Lake County Family Resource Center.

CBISA Category:

- A - Community Health Improvement

PRIORITY HEALTH NEED: INCREASE OPPORTUNITY FOR CANCER PREVENTION AND SCREENINGS

GOAL STATEMENT: REDUCE CANCER MORTALITY RATE IN LAKE COUNTY

Mission Alignment: Well-being of People

Strategy 1: Increase screening opportunities by expanding early detection programming.

Programs/ Activities	Process Measures	Results: Year 1	Short Term Outcomes	Results: Year 2	Medium Term Outcomes	Results: Year 3
'AHEAD' Hereditary Cancer screening	# Screenings # referrals to specialty.		# biopsies ordered. # New patients screened. %Malignant/Benign		# patients in treatment from screening. Mortality rate.	
3D Mamography.	# Screenings # Referrals # Treatments Compliance Rate		# biopsies ordered. %Malignant/Benign		# patients in treatment from screening. Mortality rate.	
Colorectal screening (Scope).	# Screenings # Referrals # Treatments Compliance Rate		# biopsies ordered. %Malignant/Benign		# patients in treatment from screening. Mortality rate.	
Prostate cancer screenings	# Screenings # Referrals # Treatments Compliance Rate		# biopsies ordered. %Malignant/Benign		# patients in treatment from screening. Mortality rate.	

Source of Data:

- AHCL EMR

Target Population(s):

- Vulnerable Population

Adventist Health Resources:

- Facility, Staff, Supplies, Financial

Collaboration Partners: (place a "*" by the lead organization if other than Adventist Health)

- AHSH, AHUV, Howard Memorial

CBISA Category:

- A - Community Health Improvement

Connecting Strategy and Community Health

Community health interventions are a key element in achieving the overall goals of reducing the overall cost of health care, improving the health of the population, and improving access to affordable health services for the community both in outpatient and community settings. The key factor in improving quality and efficiency of the care hospitals provide is to include the larger community they serve as a part of their overall strategy.

Health systems must now step outside of the traditional roles of hospitals to begin to address the social, economic, and environmental conditions that contribute to poor health in the communities we serve. Bold leadership is required from our administrators, healthcare providers, and governing boards to meet the pressing health challenges we face as a nation. These challenges include a paradigm shift in how hospitals and health systems are positioning themselves and their strategies for success in a new payment environment. This will impact everyone in a community and will require shared responsibility among all stakeholders.

Community well-being is not just the overall health of a population but also includes the distribution of health equity. Community health can serve as a strategic platform to improve the health outcomes of a defined group of people, concentrating on three correlated stages:

- 1) The distribution of specific health statuses and outcomes within a population;
- 2) Factors that cause the present outcomes distribution; and
- 3) Interventions that may modify the factors to improve health outcomes

Improving community health requires effective initiatives to:

- 1) Increase the prevalence of evidence-based preventive health services and preventive health behaviors,
- 2) Improve care quality and patient safety and
- 3) Advance care coordination across the care continuum

Adventist Health is on a bold journey to establish sustainable significance with a vibrant mission of living God's love by inspiring health, wholeness and hope. We will advocate for and lead change in healthcare and social policy to benefit the under privileged and the disenfranchised in the diverse communities to which we have been called.

Together we will create lasting impact in people's whole lives and affect profound improvement in the well-being of the entire community.