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Adventist Health Overview

Adventist Health Simi Valley is an affiliate of Adventist Health, a faith-based, nonprofit integrated health system serving more than 80 communities on the West Coast and Hawaii.

Adventist Health entities include:

- 20 hospitals with more than 3,200 beds
- More than 280 clinics (hospital-based, rural health and physician clinics)
- 13 home care agencies and seven hospice agencies
- Four joint-venture retirement centers
- Compassionate and talented team of 35,000 includes associates, medical staff physicians, allied health professionals and volunteers

We owe much of our heritage and organizational success to the Seventh-day Adventist Church, which has long been a promoter of prevention and whole person care. Inspired by our belief in the loving and healing power of Jesus Christ, we aim to bring physical, mental and spiritual health and healing to our neighbors of all faiths. Every individual, regardless of his/her personal beliefs, is welcome in our facilities. We are also eager to partner with members of other faiths to enhance the health of the communities we serve.

Our commitment to quality health care stems from our heritage, which dates back to 1866 when the first Seventh-day Adventist health care facility opened in Battle Creek, Michigan. There, dedicated pioneers promoted the “radical” concepts of proper nutrition, exercise and sanitation. Early on, the facility was devoted to prevention as well as healing. They called it a sanitarium, a place where patients—and their families—could learn to be well.

More than a century later, the health care system sponsored by the Seventh-day Adventist Church circles the globe with more than 170 hospitals and more than 500 clinics, nursing homes and dispensaries worldwide. And the same vision to treat the whole person—mind, body and spirit—continues to provide the foundation for our progressive approach to health care.
Letter from the President, Jennifer L. Swenson

Each year we prepare a summary of our community benefit work and I write an introductory memo for those reports. This year is different. As I write this, we are in the middle of a global pandemic. Our community members, our partners and our health care providers have been deeply impacted. We have made difficult decisions, such as restricting visitors to the hospital and deferring elective procedures, to keep people safe. We have been operating in disaster response mode for months, preparing for the worst outcomes, while praying for the best. It has been a surreal experience but one that has exposed both strengths and weaknesses in the overall well-being of our community.

Health challenges that we identified in our 2013 and 2016 CHNA reports, cancer, heart disease, diabetes and stroke are now even more important to understand, treat and prevent. COVID-19 is especially dangerous to people living with these conditions. Social challenges such as homelessness, substance abuse, isolated seniors, foster youth needs, and others, are now even more important and urgent. The pandemic has thrown a bright light on our interconnected state and how at-risk populations are now, more than ever before, the focus of our attention.

In 2019 Adventist Health Simi Valley was in our final year of the 2016 CHNA and CHIS cycle. We prepared a new CHNA in 2019 and are already underway on our identified priorities in the new 3-year cycle. We worked within a collaboration in Ventura County which created a chartered group to fund and facilitate a robust CHNA 2019 report. That report led to the group creating a new charter and creating a Community Health Implementation Strategy (CHIS) 2019-2022. Both documents can be found at this website: www.healthmattersinvc.org. We believe the work of the collaboration will result in effective cross-sectoral collaborations to address underlying drivers of poor health outcomes.

But this report is not about the future, it is a look back at 2019 and the close of our 3-year cycle. Looking back at 2019 now, in the midst of the pandemic, I can’t help but feel nostalgic. In 2019, Adventist Health Simi Valley was present at more than 25 community-based events; we hosted a variety of support groups, education sessions and community education events. We began our personal training program at Simi Valley High School, Royal High School and Moorpark High School. We increased our programs with colleges providing nursing and other allied health students with onsite learning opportunities. We sponsored an empathy training program for junior high students in
the Simi Valley Unified School District. These are just a sampling of our activities in 2019 that we added or increased.

**Our 2016 CHNA report helped us to focus on the four areas of Cancer, Diabetes, Access to Care and Behavioral Health.**

**CANCER** is the leading cause of death in Simi Valley and Moorpark. According to our 2016 CHNA report, lung cancer is the most diagnosed cancer and affects more people than other types of cancer. In response to this finding, Adventist Health Simi Valley launched a lung cancer screening program in 2017. We provide free screenings to people who qualify for the service via our partnership with The Free Clinic of Simi Valley. Other cancer initiatives include: nurse navigators who help cancer patients make it through the emotional and often confusing journey of treatment and recovery—a free service they provide to anyone, regardless of where the patient is receiving care. We host, fund and promote support groups that are free to all. We provide hospital-based palliative care to help our cancer patients cope with the serious and often difficult health issues that accompany their diagnosis. We provide education and health articles to raise awareness; sponsor local nonprofit organizations that provide needed support resources to cancer patients; our Patient Financial Services team works with patients and their loved ones to understand their medical bills and answer any questions they have. Adventist Health Simi Valley is working on becoming an accredited cancer center, which will enable us to better serve members of our community who find themselves traveling the path of cancer treatment and recovery. We are actively looking to create robust partnerships with other providers and developing a strong network of support.

**ACCESS TO CARE** is another serious need in our community. Sometimes, people need care that is out of reach for them. The care they need may be far away, they may need a specialist who doesn’t practice in this area, or they may be limited by their own physical circumstances. AHSV continually assesses gaps and makes resolution of these needs a fundamental part of our strategic planning. Our community needs more surgeons, more psychiatry, more wellness and prevention programs, and a variety of other services that can be difficult to get close to home. In 2019, we began construction on our second catheterization lab that will come online in 2020. This new lab will enable us to provide electrophysiology, peripheral vascular procedures and other services that have not been available in our community. We are recruiting specialists and investing building strong clinical teams to provide vital, life-saving care.

**DIABETES** and obesity are silently growing in our community. These conditions can drive a variety of short-term and long-term health implications. Diabetes is the number one cause of heart disease, which is the second-leading cause of death in our community. Adventist Health Simi Valley is working with community nonprofits to offer interventions that address these needs. We look forward to reporting success in these endeavors in the years ahead. Though we’re at the beginning of this journey toward providing more opportunities for wellness and prevention, we are committed to investing in life-enhancing programs that will encourage kids to exercise, cook at home, and will help their parents make healthier lifestyle choices. We are working with community sports programs, as well as community events that center around exercise and family fun activities. We are transforming the way we fund our nonprofit partners by focusing on specific and measurable actions that will improve the health of our community.

2019 Community Health Plan Annual Update | 5
BEHAVIORAL HEALTH is perceived to be the most serious health challenge by our community. The growth in behavioral health and substance abuse issues is a symptom of other underlying causes. Our plan is to be a convener in helping our community get better at preventing these problems by investing our resources in activities that are proven to reduce drug use. We support education, sports and programs in exercise and nutrition, we that can help some of those who would have otherwise been at risk to avoid the destructive path of substance abuse. We must invest in more resources for people who need counseling and psychiatric care. In addition to the two psychiatrists we recruited in 2018, we are working on care plans for patients who come to us with mental health and/or substance abuse issues. We work closely with our community partners to find solutions to address the current crisis and prevent future problems.

Our 2020 report will be much different than this one. But now, in the midst of our current pandemic, I write this with a great deal of personal satisfaction because of what we accomplished in 2019 along with hopeful anticipation for the future. I know that Adventist Health Simi Valley will adapt and become an even stronger force for good in our community going forward. Our mission keeps us grounded and focused: Living God’s Love by Inspiring Health, Wholeness and Hope.
Mailing Address:
2975 North Sycamore Drive
Simi Valley, CA 93065

Contact Information:
Kathryn Stiles
Director of Community Integration
805-955-7081

Existing health care facilities that can respond to the health needs of the community:

- Adventist Health Simi Valley
- Clinicas del Camino Real, Inc.
- Community Memorial Health System
- Comprehensive Community Health Centers, Inc.
- El Proyecto del Barrio
- Free Clinic of Simi Valley
- Northeast Valley Health Corporation
- Sierra Vista Family Medical Center
- Ventura County Health Care Agency
Community Health Development Team

Jennifer Swenson
President

Kathryn Stiles
Director of Community Integration

CHNA/Implementation Strategy contact:
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Director of Community Integration
805-955-7081
stileskm@ah.org

Request a paper copy from Administration/President’s office. To provide comments or view electronic copies of current and previous community health needs assessments go to: https://www.adventisthealth.org/about-us/community-benefit/
Invitation to a Healthier Community

Fulfilling the Adventist Health Mission

Where and how we live is vital to our health. We recognize that health status is a product of multiple factors. To comprehensively address the needs of our community, we must take into account health behaviors and risks, the physical environment, the health system, and social determinant of health. Each component influences the next and through strategic and collective action improved health can be achieved.

The Community Health Plan (Implementation Strategy) marks the second phase in a collaborative effort to systematically investigate and identify our community’s most pressing needs. After a thorough review of health status in our community through the Community Health Needs Assessment (CHNA), we identified areas that we could address through the use of our resources, expertise, and community partners. Through these actions and relationships, we aim to empower our community and fulfill our mission, “to share God’s love by providing physical, mental and spiritual healing.”

Identified Community Needs

The results of the CHNA guided the creation of this document and aided us in how we could best provide for our community and the most vulnerable among us. As a result, Adventist Medical Simi Valley has adopted the following priority areas for our community health investments for 2017-2019:

- Access to health care
- Cancer
- Diabetes
- Mental health/substance abuse

Additionally, we engage in a process of continuous quality improvement, whereby we ask the following questions for each priority area:

- Do our interventions make a difference in improving health outcomes?
- Are we providing the appropriate resources in the appropriate locations?
- What changes or collaborations within our system need to be made?
- How are we using technology to track our health improvements and provide relevant feedback at the local level?
- Do we have the resources as a region to elevate the population’s health status?

Building a healthy community requires multiple stakeholders working together with a common purpose. We invite you to explore how we intend to address health challenges in our community and partner to achieve change. More importantly though, we hope you imagine a healthier region and work with us to find solutions across a broad range of sectors to create communities we all want for ourselves and our families.
2019 Community Benefit Update

In 2016 Adventist Health Simi Valley conducted a community health needs assessment and was followed by a 2017 Community Health Plan (Implementation Strategy) that identified the priority needs listed below. The prioritized needs were chosen based on community health data and the voices of our community. Working together with our community is key to achieving the necessary health improvements to create the communities that allow each member to have safe and healthy places to live, learn, work, play, and pray. Below you will find an inventory of additional interventions supporting the health of our communities.

Priority Need – Access to health care

Focus: Workforce Development & Training

Metric: Number of Students Served

COPE Health Scholars Program
- Number of Community Members Served: 1,057 Students

Moorpark College School of Nursing and Allied Health
- Number of Community Members Served: 141 Students

The College of The Canyons School of Nursing
- Number of Community Members Served: 47 Students

Ventura College Paramedic Training
- Number of Community Members Served: 24 Students

Simi Institute for Careers EMT, Radiology, Lab, CNA
- Number of Community Members Served: 68 Students

Total Students: 1,337
Priority Need – Access to health care

Focus: Clinical Services for the Underserved

Metric: Number of Patients Served

The Free Clinic of Simi Valley

- 1,242 Patients Served
  - 55 Mammograms
  - 90 Diagnostic Radiology Tests
  - 1097 Diagnostic Lab Tests
  - 4 Lung Cancer Screening Tests
  - Supplies
  - EMR

- $250,000 in support
- Sponsorship of Fundraiser Events for The Free Clinic

Priority Need – Access to health care

Focus: Sports Medicine for High School Athletes

Metric: Number of Athletes Screened

- Personal Trainers and Primary Care for Athletic Programs at Simi Valley and Moorpark High Schools
- Over 260 Athletes Screened
- Program began in September 2019 for Simi Valley High and Royal High

Partners in Access to Care

- COPE Health Scholars
- Moorpark College
- Simi Institute for Adult Education
- College of the Canyons
- Ventura College
• The Free Clinic of Simi Valley
• Simi Valley High School
• Royal High School
• Moorpark High School

Priority Need – Cancer

Focus: Cancer Care Navigation

AHSV provides full time cancer navigators to provide step by step help in navigating a cancer diagnosis. We provide this to anyone in our community regardless of where they receive their treatments.

Number of patients served: 300 +

Priority Need – Cancer (Breast & Female Cancers)

Focus: Support Groups and Events

AHSV provides support group locations, staff, food, marketing and education materials for various support group activities on a weekly, monthly and annual basis.

Number of people served: 500 +

• Monthly Support Group
• Weekly Crochet Group
• Free Camisoles for Breast Cancer Patients
• Free Wigs and Scarves
• Grant Funding for Cancer Patients
• Pampered in Pink Annual Education Event

Partners

• Marcelle Erian Cancer Foundation
• Cancer Support Community
• American Cancer Society
• Simi OBGYN
• City of Hope
• Nancy Reagan Breast Center
• Adventist Health Physicians Network
• Adventist Health Glendale
• Godiva Wigs
• Bare Necessities
• Yoga Nook
• Brighton
• Simi Valley Police Department
• Festival of Trees Simi Valley
• Adventist Health Simi Valley Foundation

Priority Need – Cancer (Lung)

**Focus: Lung Cancer Screenings for Free Clinic of Simi Valley Patients**

AHSV provides free lung cancer screenings for patients of the Free Clinic of Simi Valley.

Number of people served: 4

Priority Need – Cancer (Breast)

**Focus: Mammography Cancer Screenings for Free Clinic of Simi Valley Patients**

AHSV provides free lung cancer screenings for patients of the Free Clinic of Simi Valley.

Number of people served: 55
Partners

- The Free Clinic of Simi Valley
- Adventist Health Glendale
- Nancy Reagan Breast Center
- AHSV Radiology
- AHSV Lab

2019 Evaluation Metrics

<table>
<thead>
<tr>
<th>Objective</th>
<th>Baseline Measurement</th>
<th>Performance Target</th>
<th>Indicator</th>
<th>Data Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increase early identification of Cancer and support treatment of cancer</td>
<td>56 Screenings in 2018</td>
<td>Increased number of preventive screenings and decreased abnormal screenings. (Decreased ratio of abnormal/screenings) Not Available</td>
<td>Normal screening results. Not Available</td>
<td>Patients/clients 59 Cancer Screenings in 2019</td>
</tr>
</tbody>
</table>

Priority Need - Diabetes/Obesity

Focus Area: Providing Education and Activities for Kids in Our Communities

AHSV Provided 9 Free Healthy Kids Fun Zones at sports events and community events in Simi Valley and Moorpark. Paired with education about healthy lifestyle choices and materials for parents, the fun zones encouraged all children attending events to enjoy physical activities such as the rock-climbing wall, bungee jumpers, bounce houses, petting zoos and much more. Events typically charge for these activities making them out of reach for some families. Our funding and participation help the fun zone to have more impact and purpose.

- Number of Community Members Served: Approximately 15,000

Intervention: Healthy Food Program with Simi Valley and Moorpark Boys and Girls Clubs

- Number of Community Members Served: Unknown

Intervention: Enhancement Grants with Simi Valley Education Foundation

- Number of Community Members Served: 117
- $5,000
Partners

- Simi Valley Chamber of Commerce
- Moorpark Chamber of Commerce
- Simi Valley Sunrise Rotary Club
- Simi Valley Kiwanis Club
- Simi Valley Youth Baseball League
- Moorpark Education Foundation
- Simi Valley Education Foundation

The sponsorship of Healthy Kids Fun Zones has made it possible for the healthy activities to be free to all kids who attend community events. AHSV provides health education, gifts, blood pressures, shaded resting stations, pet snacks and water station and 2-step CPR training. 2019 was our third year and we expanded our impact by providing four additional large EZUPS and 80 chairs to create resting stations where families can gather and relax while their kids play in the fun zone. By doing this we created a safe and restful environment for families to get some needed downtime during a very fun and busy event. They also took advantage of health screenings, CPR education and the healthy kids spinning wheel for prizes.

Community Feedback: Attendees enjoy the event much more because it is free and relaxing for the parents. Event organizers no longer need to block off the entrances to the fun zone and staff entrance to gather payment for tickets and wrist bands. Event staff and volunteers no longer must monitor the lines and manage crowds. The individuals who ran the climbing wall, bungee jumpers and other attractions all reported that the environment with the event being free was much better, less stressful and parents were more friendly and relaxed. They loved the shaded resting stations that gave grandparents and parents a place to rest in the shade and watch the kids have fun. Organizers of each event that hosted free fun zones reported that having the sponsorship clearly made the fun zone more accessible to more families who may not have been able to afford the tickets in prior years. During events AHSV staff interviewed parents of children who were enjoying the fun zone and received nothing but grateful reports of how much better the event is with the sponsorship. During the events we provide blood pressure tests and had a prize wheel with health lifestyle questions for kids. This activity was very popular and created a dialogue with families on how they can make healthy choices tougher. We plan to continue to invest in these events as they are very effective at helping us reach young families with a health education message.
2019 Evaluation Metrics

<table>
<thead>
<tr>
<th>Objective</th>
<th>Baseline Measurement</th>
<th>Performance Target</th>
<th>Indicator</th>
<th>Data Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increase prevention of diabetes and support diabetes education and treatment.</td>
<td>Sponsor 9 Fun Zones in 2019</td>
<td>Increased number of fun zones from 3 to 9 in 2019</td>
<td>Number of Events</td>
<td>AHSV</td>
</tr>
<tr>
<td>Number of Children who Played Social Determinant of Health Game</td>
<td>4,000 Prizes Awarded in 2019</td>
<td>Number of Children Awarded Prizes for Playing the Education Game</td>
<td>AHSV</td>
<td></td>
</tr>
</tbody>
</table>

Priority Need - Diabetes/Obesity

Focus Area: Diabetes Undone & SiMi Fit

AHSV helped fund two cohorts of Diabetes Undone and SiMi Fit classes with the Simi Valley Seventh-day Adventist Church. 48 people participated and achieved weight loss and reduction in blood pressure and blood sugar levels.

Priority Need – Mental Health/Substance Abuse

Focus Area: Prevention

Intervention: Sponsorship of empathy program for junior high students in Simi Valley Unified School District
  - Number of Community Members Served: 820

Intervention: Funding and Hosting of Every 15 Minutes DUI Awareness Experience
  - Number of Community Members Served: 1,400

Intervention: Sponsorship of Sports Programs
  - Number of Community Members Served: Unknown

Intervention: Provided 2 Personal Trainers for Simi Valley High and Royal High
  - Number of Community Members Served: 200+

Intervention: Provided Primary Care for Moorpark College Health Clinic
  - Number of Community Members Served: 500
Partners

- Simi Valley Unified School District
- Every 15 Minutes
- Simi Youth Baseball
- Simi Valley Girls Baseball
- Moorpark High Football
- Moorpark College

Evaluation Metrics

<table>
<thead>
<tr>
<th>Objective</th>
<th>Baseline Measurement</th>
<th>Performance Target</th>
<th>Indicator</th>
<th>Data Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Connect with 1,000 Simi Valley and/or Moorpark Youth with Health Education</td>
<td>1,000 Encounters</td>
<td>2,000 Encounters</td>
<td>Encounters</td>
<td>AHSV</td>
</tr>
</tbody>
</table>

Other Community Benefits 2019

Breastfeeding and Early Infant Development

AHSV is a Baby-Friendly hospital which means we have invested thousands of dollars each year for staff training, processes, community education and support for successful long-term breastfeeding. We practice the following 10 steps as outlined by the criteria of a Baby-Friendly designation:

1. Have a written breastfeeding policy that is routinely communicated to all health care staff.
2. *Train all health care staff in the skills necessary to implement this policy.*
3. Inform all pregnant women about the benefits and management of breastfeeding.
4. *Help mothers initiate breastfeeding within one hour of birth.*
5. **Show mothers how to breastfeed and how to maintain lactation, even if they are separated from their infants.**
6. Give infants no food or drink other than breast-milk, unless medically indicated.
7. Practice rooming in – allow mothers and infants to remain together 24 hours a day.
8. Encourage breastfeeding on demand.
9. Give no pacifiers or artificial nipples to breastfeeding infants.
10. **Foster the establishment of breastfeeding support groups and refer mothers to them on discharge from the hospital or birth center.**

The above items in bold italics are steps that the hospital invests extra dollars to support that are not tied to reimbursement. We do these things as part of our mission and to help our young families get started on their best health journeys early and stay on the path.

**Immediate and Long-Term Benefits**

Breastfeeding has been shown to improve the immediate and long-term health outcomes of both the mothers and the babies. Mothers who breastfeed the longest have the best outcomes and babies who are breastfed the longest also have better overall health outcomes. Babies will have better sleep, digestion and reduced rate of SIDS. Babies will also be less likely to have illness as they are receiving the benefits of their mother’s immune system in the breastmilk, something no formula can provide. Long term, babies who grow up and were breast fed will be less likely to have diabetes, allergies or become obese.

- Babies who are breastfed for 9 months have a 30% reduction in their odds of becoming obese later in childhood. *
- Only 5% of babies born in the United States are born in a Baby-Friendly hospital. *
- 1 out of 3 mothers who don’t have support and education from their hospital about breastfeeding will stop early because of the challenges. *

*Citations are from CDC: [https://www.cdc.gov/vitalsigns/breastfeeding/index.html](https://www.cdc.gov/vitalsigns/breastfeeding/index.html)*

Mothers who breast fed are less likely to become obese and have diabetes. Additionally, women who breast feed have lower rates of female hormone-related cancers. There is a correlation between the length of breastfeeding seasons and the number of times a woman breastfed and the reductions in rates of female, hormone-driven cancers. Bottom line: **The more breastfeeding, the less cancer.**

Successful breastfeeding is a powerful investment in the future health of both moms and babies. AHSV augments our Baby-Friendly environment with free community resources.

We provide all our classes and resources free to anyone in our community no matter where they deliver their babies.

**Baby Care Basics**
16 Classes per year
- Free education materials and refreshments
- Hosted by the hospital
- Paid employee educator

Breastfeeding Classes

- 6 classes per year
- Free materials and refreshments
- Hosted by the hospital
- Paid employee educator

Breastfeeding Weekly Support Group

- 50 sessions per year
- Free materials and refreshments
- Hosted by the hospital
- Paid employee educator

Childbirth Preparation Classes

- 72 Classes
- Free materials and refreshments
- Hosted by the hospital
- Paid employee educator
- Includes introduction breastfeeding

2019 is the first year that we removed all fees for childbirth education. All our classes are now free to the community and any member can participate that is expecting or needs additional support for caring for and breastfeeding their infants. We deliver over 600 babies per year. At the time of discharge, 87 percent of babies are successfully breastfeeding. We do not track the length of breastfeeding by the moms who deliver. Being able to do so in the future is a goal for us. Our commitment to helping our families and community members establish and sustain breastfeeding is a commitment that will only grow as we grow our family birthing program. We cannot overstate or overinvest in this vital activity for prevention of illness and promotion of healthy, strong families.
Other Community Benefit Activities

- **Human Trafficking Awareness and Education Initiative**
  - Partnered with Soroptimist of Simi Valley, Simi Valley Police, Ventura County Sheriff and others to build a community outreach and education program to be launched in 2020.

- **AHSV Leaders participating on community-based organization boards**
  - Boys & Girls Club of Simi Valley and Moorpark
  - Simi Valley Education Foundation
  - Simi Valley Chamber of Commerce
  - Moorpark Chamber of Commerce
  - Samaritan Center of Simi Valley
  - The Free Clinic of Simi Valley
  - Moorpark College
  - Ventura County Medical Resource Foundation
  - The YMCA of Simi Valley

- **AHSV Leaders and Employees participating in CBO organizations**
  - Every 15 Minutes
  - 2-Step CPR Training
  - First Five
  - Child Abuse Prevention Council
  - Rotary Club of Simi Valley
  - Kiwanis Club of Simi Valley
  - Interfaith Council
Connecting Strategy and Community Health

As hospitals move toward population health management, community health interventions are a key element in achieving the overall goals of reducing the overall cost of health care, improving the health of the population, and improving access to affordable health services for the community both in outpatient and community settings. The key factor in improving quality and efficiency of the care hospitals provide is to include the larger community they serve as a part of their overall strategy.

Health systems must now step outside of the traditional roles of hospitals to begin to address the social, economic, and environmental conditions that contribute to poor health in the communities we serve. Bold leadership is required from our administrators, healthcare providers, and governing boards to meet the pressing health challenges we face as a nation. These challenges include a paradigm shift in how hospitals and health systems are positioning themselves and their strategies for success in a new payment environment. This will impact everyone in a community and will require shared responsibility among all stakeholders.

Population health is not just the overall health of a population but also includes the distribution of health. Overall health could be quite high if the majority of the population is relatively healthy—even though a minority of the population is much less healthy. Ideally such differences would be eliminated or at least substantially reduced.

Community health can serve as a strategic platform to improve the health outcomes of a defined group of people, concentrating on three correlated stages:

1) The distribution of specific health statuses and outcomes within a population;
2) Factors that cause the present outcomes distribution; and
3) Interventions that may modify the factors to improve health outcomes.

Improving population health requires effective initiatives to:

1) Increase the prevalence of evidence-based preventive health services and preventive health behaviors,
2) Improve care quality and patient safety and
3) Advance care coordination across the health care continuum.

Our mission as a health system is to share God's love by providing physical, mental and spiritual healing and we believe the best way to re-imagine our future business model with a major emphasis of community health is by working together with our community.
Community Benefit

Our community benefit work is rooted deep within our mission, with a recent recommitment of deep community engagement within each of our ministries.

We have also incorporated our community benefit work to be an extension of our care continuum. Our strategic investments in our community are focused on a more planned, proactive approach to community health. The basic issue of good stewardship is making optimal use of limited charitable funds. Defaulting to charity care in our emergency rooms for the most vulnerable is not consistent with our mission. An upstream and more proactive and strategic allocation of resources enables us to help low-income populations avoid preventable pain and suffering; in turn allowing the reallocation of funds to serve an increasing number of people experiencing health disparities.