Adventist Health and Rideout Community Health Benefit Plan Annual Report

July 1, 2018-December 31, 2018
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Beautiful Yuba and Sutter County Photos Courtesy of Michelle Zearfoss - MZ Photography
COMMUNITY BENEFITS PLAN AND ASSESSMENT UPDATE

Adventist Health and Rideout is pleased to submit its annual community benefits report to the California Office of Statewide Health Planning and Development (OSHPD). The report includes activity conducted July 1, 2018 through December 31, 2018. This report is typically written and submitted yearly, but this interval submission allows Adventist Health and Rideout to align with the submission schedules of every other Adventist Health facility.

Adventist Health and Rideout, which was known as Rideout Health until April 2018, has been in operation since 1983, when Fremont Medical Center in Yuba City and Rideout Memorial Hospital (established in 1907) in Marysville merged to form a private, not-for-profit health system. The Board of Directors defined a vision to provide high quality, comprehensive health care to all residents of the Yuba-Sutter community and our surrounding region, regardless of the ability to pay, while persistently working toward improvements to, and expansion of, health services and programs.

The legal name remains Fremont-Rideout Health Group, however, the Attorney General approved the organization to conduct business as Adventist Health and Rideout.

MISSION STATEMENT

Living God's love by inspiring health, wholeness and hope.

VISION STATEMENT

Improving the physical, mental and spiritual health of our community
Enhancing interactions with our patients, providers and employees
Managing people’s health to help make care more affordable

VALUES

Integrity
Compassion
Respect
Excellence
Adventist Health and Rideout serves the Sacramento Valley and Sierra Nevada foothill region comprised of Yuba and Sutter counties, with a combined population of 171,533, according to a 2016 California Department of Finance estimate. Yuba and Sutter counties’ population growth has outpaced the growth rate in California over the past two decades, and is projected to continue. Of the total population of the two counties, 26.7 percent are children (under the age of 18), and 13.8 percent are seniors (65 or older). The senior population is expected to more than double from 2010 to 2035.

This region of abundant natural resources grapples with several socioeconomic challenges, including a poverty rate 34 percent higher than all of California, which can create significant community health challenges. According to the U.S. Census Bureau, incomes in both counties are below the statewide average, and the poverty rate is higher than the statewide average. Median per capita income for Yuba County was just $20,471 in 2017, 32 percent below the statewide average of $30,318. Sutter County was at $23,689 which is 22 percentage points behind the rest of the state. The combined poverty rate of the two counties is 19.2 percent, compared to all of California at 14.3 percent.

According to the United States Bureau of Labor Statistics, in the 20 years from 1990 to 2010, the unemployment rate for the Yuba-Sutter region was at a high of 19.5 percent in 2010 and a low of 8.8 percent in 2000. While the region’s economy has improved, the annual average unemployment rate in 2016 was 9.2 percent, compared to 5.4 percent statewide, according to the California Employment Development Department.

According to the University of Wisconsin and Robert J. Wood Foundation County Health Rankings, Yuba County ranked 44th worst out of 58 counties in California for overall health and Sutter County ranked 30th win 2016. According to the California Department of Public Health, Yuba County has the third highest rate of death from all causes in California, and Sutter County has the 22nd highest mortality rate. Yuba County has the third highest, and Sutter County the sixth highest, rate of death due to coronary disease.

The percentage of Yuba County residents with a disability is twice the statewide average (6.8 percent). Yuba County has a disability rate of 14.5 percent in people under the age of 65, and Sutter County has a disability rate of 9.3 percent. More Yuba and Sutter County residents now have health insurance due to the Patient Protection and Affordable Care Act (PPACA). Prior to the PPACA, the percentage of residents without health insurance was higher in Yuba and Sutter counties than the national average, according to the U.S. Census Bureau's Small Area Health Insurance Estimates. According to the Census Bureau, 21.5 percent of Sutter County residents and 19.1 percent of Yuba County residents were without health insurance for all 12 months of 2009, compared to the California uninsured rate of 20.1 percent, and the national uninsured rate of 16.3 percent. An estimated 10,000 additional individuals in Yuba and Sutter counties became Medi-Cal Certified Eligible in 2014 with the implementation of the PPACA, and the percentage of individuals without health insurance has dropped to 14 percent in each county. Many still struggle to find Medi-Cal providers, however.

Adventist Health and Rideout provides community benefits to the communities we serve - demonstrating our commitment to the health of residents in our service area. We provide programs and activities that provide treatment and promote health and healing as a response to identified community needs in such a way as to improve residents’ access to health care services, enhance the health of the community, and advance medical or health knowledge. Adventist Health and Rideout’s community benefit includes education, charity care, subsidized health services, community health improvement activities and more. Adventist Health and Rideout creates access to health care in our region for individuals and families who struggle against poverty, disability and isolation.
Facilities Overview

Adventist Health and Rideout Hospital

In 2016, the Rideout Regional Medical Center, a 221-licensed-bed, acute care facility, which includes a Level III Emergency Department, Trauma Center and STEMI-Receiving Center, opened an attached 220,000 square foot world-class healthcare complex, designed to serve our patients for generations to come. It features the latest in advanced lifesaving technology and was built to provide patients with the best in clinical care, convenience and comfort to support our quest to improve the well-being of everyone in our community, regardless of their circumstances or ability to pay.

- **Adventist Health and Rideout Emergency Department**, located inside Rideout Regional Medical Center, is the only emergency room between Southern Butte County and Sacramento. It is a Level III Trauma Center and STEMI-Receiving Center.
- **The Fountains Skilled Nursing & Rehab Center**, a 145-bed skilled nursing facility, which includes a 24-bed Rehabilitation unit
- **The Courtyard Assisted Living**, a 54-unit residence for seniors
- **The Gardens**, a 25 private and 11 semi-private bed facility staffed with skilled and professional caregivers for Dementia and Alzheimer’s patients. The Gardens also offers an adult day care support center including six additional deluxe units
- **Adventist Health and Rideout Cancer Center**, a partnership between Adventist Health and Rideout and UCD Health System, is a 42,000 Sq. Ft. outpatient cancer treatment center
- **Adventist Health and Rideout Rideout Surgery Center**, a free-standing outpatient surgery center

Adventist Health and Rideout Clinics

Rideout Clinics, established in 2012, is a nonprofit network of primary and specialty care clinics managed and staffed by Adventist Health and Rideout. These clinics are led by the physicians and surgeons of Rideout Medical Associates, with whom we contract. The Physicians are Board-certified in their respective areas of expertise. The clinic structure attracts some of the brightest and best practitioners in Northern California and beyond, furthering our mission of providing the very best in healthcare to the residents of our community, right here in our region. A list of Rideout Clinics which serve patients in Yuba City, Marysville and the surrounding region is below:

**Rideout Clinics Include (2017-2018):**

- Rideout General Cardiology Clinic
- Rideout Interventional Cardiology Clinics
- Rideout Cardiothoracic Clinic
- Rideout Ear, Nose & Throat Clinic
- Rideout General, Bariatric Surgery
- Rideout Orthopedics Clinic
- Rideout Urology Clinic
- Rideout Vascular Clinic
- Rideout Women's Health
- Rideout Occupational Health and Drug Testing
- Rideout Oncology Clinic
- Rideout Primary Care Clinic UCD
- Rideout Primary Care Clinic Town Center
- Rideout Family Physicians
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Community Benefits

Charity Care and Unreimbursed Care
Between July 1, 2018 and December 31, 2018, Adventist Health and Rideout contributed the following:

Charity Care
Adventist Health and Rideout provided $2,457,939 in charity care to patients at Fremont Medical Center and Rideout Memorial Hospital

Medi-Cal Program
Adventist Health and Rideout provided $23,870,883 in unreimbursed hospital care to patients at Fremont Medical Center and Rideout Memorial Hospital

Medicare Payment Shortfalls
The total of government program costs provided were $19,650,929

Community Benefits
Adventist Health and Rideout provided $877,019 in community benefits and services.
Improving community health involves much more than simply providing health care services to the under-served populations; it requires commitment to, and community involvement with the community at all levels. As a not-for-profit healthcare organization with a mission to help others, regardless of ability to pay, Adventist Health and Rideout cares about people while we care for people.

Creation of the Community Health Benefits Plan

Adventist Health and Rideout has a long history of providing substantial benefits to those we serve. Our aspiration is to provide extraordinary care to our patients and to continue to promote health and healing for those who depend on us. The Community Outreach and Sponsorship Committee includes members of the administration and staff. It is charged with assessing the needs of the community and developing a plan of action to prioritize and meet those needs. The committee gathers information and facts from a variety of sources from within Adventist Health and Rideout and through community members, government and community agencies to develop the overall plan.

Community Health Benefits Plan

Both state and federal law require that nonprofit hospitals conduct a community health needs assessment (CHNA) every three years to identify and prioritize the significant health needs of the communities they serve. The CHNA was conducted over a period of ten months beginning July 2015, and concluding in May 2016. The results of the CHNA guide the development of implementation plans aimed at addressing identified health needs.

Federal regulations define a health need accordingly: “...health needs include requisites for the improvement or maintenance of health status in both the community at large and in particular parts of the community (such as particular neighborhoods or populations experiencing health disparities)”.

Adventist Health and Rideout and Sutter Surgical Hospital – North Valley (SSHNV), two hospitals serving portions of both Sutter and Yuba counties in northern California, share the same service area and jointly conducted the 2016 Community Health Needs Assessment. Adventist Health and Rideout is located in Marysville, California and is a part of the Adventist Health and Rideout System. SSHNV is located in Yuba City, California, and is owned in partnership with physician owners and Sutter Medical Foundation.

Many dedicated community health experts and members of various social service organizations serving the most vulnerable members of the community gave their time and expertise as key informants to help guide and inform the findings of the assessment. Many community residents also participated and volunteered their time and told us what it was like to live in the community with limited or no access to healthcare and the basic resources needed to live a healthy life.
Analysis of both primary and secondary data revealed four communities that met the criteria for classification as a Community of Concern, these included Linda (population 32,569); Live Oak (population 10,575); Olivehurst (population 26,753); Yuba City (population 41,309)

Health Needs for the Communities of Concern:
The identified significant health needs for the Communities of Concern are listed below in prioritized order:

1. **Access to Quality Primary Care Health Services and Prescription Drugs** The highest priority significant health need for the Communities of Concern was access to quality primary care health services and prescription drugs. Primary care resources include community clinics, pediatricians, family practice physicians, internists, nurse practitioners, pharmacists, telephone advice nurses, and similar. Primary care services are typically the first point of contact when an individual seeks healthcare. These services are the front line in the prevention and treatment of common diseases and injuries in a community.

2. **Access to Affordable, Healthy Food** The second highest priority significant health need was access to affordable, healthy foods. Eating a healthy diet is important for one's overall health and well-being. When access to healthy foods is challenging for community residents, many turn to unhealthy foods that are convenient, affordable, and readily available. Communities experiencing social vulnerability and poor health outcomes often are overloaded with fast food and other establishments where unhealthy food is sold.

3. **Access to Mental, Behavioral, and Substance Abuse Services** The third highest priority significant health need was access to mental, behavioral, and substance abuse services. Individual health and well-being are inseparable from individual mental and emotional outlook. Coping with daily life stressors is challenging for many people, especially when other social, familial, and economic challenges also occur. Adequate access to mental, behavioral, and substance abuse services help community members to obtain additional support when needed.

4. **Access to Specialty Care** The fourth highest priority significant health need for RH/SSHNV Communities of Concern was access to specialty care. Specialty care services are those devoted to a particular branch of medicine and focus on the treatment of a particular disease. Primary and specialty care go hand-in-hand, and without access to specialists such as endocrinologists, cardiologists, and gastroenterologists community residents are often left to manage chronic diseases such as diabetes and high blood pressure on their own.

5. **Access to Health Education and Health Literacy** The fifth highest priority significant health need was access to health education and health literacy. Knowledge is important for individual health and well-being, and health education interventions are powerful tools to improve community health. When community residents lack adequate information on how to prevent, manage, and control their health conditions, those conditions tend to worsen. Health education around infectious disease control (e.g. STI prevention, influenza shots) and intensive health promotion and education strategies around the management of chronic diseases (e.g. diabetes, hypertension, obesity, and heart disease) are important for community health improvement.

6. **Access to Transportation and Mobility** The sixth highest priority significant health need for RH/SSHNV Communities of Concern was access to transportation and mobility. Having access to transportation services to support individual mobility is a necessity of daily life. Without transportation, individuals struggle to attain their basic needs, including those that promote and support a healthy life.

7. **Additional Identified Health Need** Collaboration and Coordination among Community Services and Programs When community health needs are viewed from a requisite perspective, or those things required to improve the health of the community, the idea that enhanced collaboration and coordination among organizations, programs, and services would lead to better health outcomes for community residents appears logical. All but one key informant identified this as a priority health need for the RH/SSHNV HSA.

To review the full CHNA report, please visit: [https://www.adventisthealth.org/documents/community-benefit/Rideout-Health-Community-Health-Needs-Assessment-2016.pdf](https://www.adventisthealth.org/documents/community-benefit/Rideout-Health-Community-Health-Needs-Assessment-2016.pdf)
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Response Initiatives

Adventist Health and Rideout has chosen to address the following health needs through the intervention resources and programs identified below:

1. **Access to Quality Primary Care Health Services and Prescription Drugs**

   **Meds to Beds** - Adventist Health and Rideout is among many hospitals nationwide that has begun a “Meds-to-beds” program, in which prescription drugs are given directly to patients just before they are sent home from the hospital or emergency room. This serves as more than just a convenience; in some cases, this program assures that patients receive the medications necessary to complete treatment or to treat chronic medical conditions. Hospital pharmacies can bill only for medications used on the premises. Drugs that will be used at home must come from outpatient pharmacies. Rideout Regional Hospital partners with the Medicine Shoppe Pharmacy for both discharge counseling and dispensing. The Pharmacy Plan includes: Managed Medicaid plan formularies to ensure that patients can fill medications at low cost, in addition to all other pharmacy plans. In some situations, when patients met financial criteria, the medications are paid by Rideout Regional Medical Center. Here are the numbers for 340B Charity Care outreach (July 1, 2018 and December 31, 2018): 63 Patients - $16,332.96 of drugs received at cost to patients (cost of drugs with no markup).

   **Street Nursing Program** - This program has been initiated by the hospital as homelessness is a growing problem nearing an epidemic level in Yuba and Sutter Counties. Well over 1,000 people are living in tents or in cars near our river’s edge. Many people are nearing the end of their resources and are about to become homeless. A group of RN’s have begun meeting with a variety of different demographics – from old to young, from single to families, to gather information which will help further develop the new program. Starting in January 2019, RNs will be going out to the streets with backpacks full of basic medical supplies and information to serve the homeless population. Adventist Health and Rideout was awarded a grant for $100,000 to purchase and outfit a vehicle to serve as a mobile clinic, supplementing the Street Nursing Program. Adventist Health and Rideout should receive this funding in 2019. Ultimately, tele-health will be offered through the mobile clinic and assistance will be made to get people into shelters. By going after some of these larger social issues, we believe Rideout can also impact the health of the community as a whole.

2. **Access to Affordable, Healthy Food**

   **Food Insecurity Program** - Food insecurity is not only a national issue but a state and local problem. In California, one in ten people are food insecure. Food insecurity triggers behaviors that exacerbate poor health and lifestyles. Research connects food insecurity with chronic disease, hospitalizations, poor disease management, developmental and mental health problems. All of this leads to an increase in health care spending. Adventist Health and Rideout initiated a food insecurity screening process for all inpatients. Patients are screened upon admission by the case managers. If identified with food insecurity, a referral is submitted to the local Yuba-Sutter Food Bank where the volunteers gather a three-day supply of specific food for each patient. This food is boxed and ready for the patient upon discharge from the hospital. Between July 1, 2018 and December 31, 2018, Adventist Health and Rideout made 202 referrals to the Y-S Food Bank and/or church food pantries have been made. In addition, our commitment to this partnership with the Y-S Food Bank includes volunteering at the Food Bank warehouse once a month and sponsoring food drives. Between July 1, 2018 and December 31, 2018, Adventist Health and Rideout employees volunteered 259 hours at the Food Bank.
3. **Access to Mental, Behavioral, and Substance Abuse Services**

**The Behavioral Health Collaborative** - Recognizing the impact of patients placed on involuntary psychiatric holds being sent to the emergency department, Adventist Health and Rideout came up with a new innovative way to care for the behavioral health patient waiting in their emergency department. The goal was to deliver the highest quality care for the psychiatric patient while they were in the emergency department. Realizing the county would be closing their involuntary psychiatric services, Rideout worked collaboratively with the county and agreed to imbed county paid crisis counselors in the emergency department 24 hours a day. Using tele-psychiatry services and clear clinical pathways the team worked together to see 100 percent of the patients with a behavioral health diagnosis. Medications are started or resumed, safety plans designed, and follow up appointments are arranged by the team. As a team, the county and hospital have created a process to provide high quality care to the psychiatric patient in the ED. The Behavioral Health Collaborative saw 331 behavioral health patient visits between July 1, 2018 and December 31, 2018. By working together, we have safely discharged back into our community approximately 50% of the patients seen. This ability to discharge patient's home is made possible through the creation of a robust safety program and discharge plans by our county worker's and tele-psychiatry services. Every patient receives true psychiatric care while they are in the ED and this includes the same type of assessment, medication recommendations, and discharge and safety plans performed by behavioral health experts.

**Additional Mental Health and Substance Abuse Services**

- Adventist Health and Rideout aided the Rideout Emergency Department Sexual Assault Response Team (SART) by providing equipment and training to help women and children of sexual assault crimes
- Adventist Health and Rideout provided meeting space to host Sutter-Yuba Network of Care and Mental Health Services training on Suicide Prevention and Aggression Replacement
- Facilitates the Grief Support group to help people grieve in safe, creative and healing ways, including a Grief During the Holidays session
- Yuba-Sutter Health Care Council – to help fight opioid abuse

4. **Access to Specialty Care**

Adventist Health and Rideout clinics has opened, enhanced or added new specialty care physicians to our clinics. These new physicians now provide patient care at:

- Rideout Interventional Cardiology Clinic
- Rideout Women's Health Clinic
- Rideout Vascular Clinic
- Rideout Orthopedics Clinic
- Rideout Primary Care Clinic
- Rideout Urology Clinic
- Rideout General and Bariatric Surgery Clinic.

5. **Access to Health Education and Health Literacy**

Community Health Education resources focusing on wellness and prevention were provided to individuals who represent patients, the underserved and broader communities. Our free Community Health Education Classes include:

- **Tobacco Cessation Classes:** Adventist Health and Rideout’s Cardiac Rehab department holds smoking cessation courses on Wednesdays. The program used is called Freedom from Smoking and is an American Lung Association Program. These classes are free and open to the public

- **Cancer Programs:** Rideout offers a variety of support groups and therapy sessions for cancer patients and their caregivers

- **Diabetes Classes:** Topics include: An Overview of Diabetes; Healthy Food Choices; Physical Activity; Blood Glucose Monitoring; Medications; Complications of Diabetes; Sick Day Management; Self-Care Behaviors Healthy Eating and Nutrition

- **Childbirth Education:** Childbirth and Breastfeeding Preparation held bi-monthly. Mothers-to-be who are in their first and second trimester. Topics include normal breastfeeding (how to and why to), discomforts of pregnancy, comfort measures, body changes, nutrition and more. Maternity Department Tours are scheduled monthly and are designed to familiarize mothers-to-be and their families with the labor and delivery nursery and post-partum units.

- **Adventist Rideout Healthy Kids:**
  For youngsters, we offer our free Adventist Health and Rideout Healthy Kids School Assemblies for K-8th grade students in Yuba, Sutter and Colusa counties. This program provides health education to elementary and middle school children in an interactive musical theater performance. Since Spring 2014, Adventist Health and Rideout Healthy Kids has performed
every fall and spring in 11 tours, over 200 performances for over 68,000 students, faculty, staff and community members at public and private schools, community health fairs and other events, service clubs, banquets and many other community activities, bringing the message of good health, wellness and encouragement to audience young and old.

- **Stop-the-Bleed®**: A national awareness campaign was established and has been cultivating grassroots efforts that encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives. The Rideout Trauma Team members led by Dr. Amir Amiri, Trauma Medical Director, held six sessions over 2 days at the Yuba County Government Center where they instructed 200+ Yuba County government officials and staff members. The Trauma Team has also presented classes at several locations in Yuba and Sutter counties including Wheatland Union High School, Yuba College, Lindhurst High School and to ROP Students and educated many Rideout Hospital staff members. 541 people have been educated since September 2017

- **California Highway Patrol Safe Senior Driving**: Adventist Health and Rideout Health provides conference pace for Safe Senior Driving classes through California Highway Patrol Safe Senior Driving program

- **Translations**: Adventist Health and Rideout Health continues to provide translation of vital written material in Spanish, Punjabi and Hmong languages, including drug- testing consent, home care consent, information for women on caring for their newborn, breast self-exams and mammography

- **Adventist Health and Rideout Teen Leadership Council (TLC)**: The TLC Program is a 12-month program designed to engage young adults who have demonstrated outstanding leadership skills and a strong desire to make a difference in our community and healthcare. The program recruited 39 high school students from eight surrounding high schools to be part of this program.

6. **Access to Transportation and Mobility**
   The Adventist Health and Rideout Foundation assists cancer center patients, senior care and other patients with transportation needs and more by providing provisions such as gas cards, bus passes and food cards to help indigent or low income patients with their travel needs. A new passenger van was recently donated to Adventist Health and Rideout by the Geweke Caring for Women Foundation. The new van soon will offer patients free transportation to and from the hospital and the cancer center.

7. **Collaboration and Coordination Among Community Services and Programs**
   Rideout Health coordinates with the Sutter and Yuba County Health agencies and local low-income health providers to distribute health information and assist with health services including a no cost/low cost directory which publishes in the local newspaper and is made available at Sutter and Yuba County Public Health.

**Additional Collaborations:**

- **SART Program**: Adventist Health and Rideout aids the Rideout Emergency Department Sexual Assault Response Team (SART) for equipment and training to help women of assault crimes. Adventist Health and Rideout collaborates with law enforcement and Women's Advocacy Groups to establish the Yuba Sutter Sexual Assault Response Team.

- **TIP Program**: Adventist Health and Rideout provided support to train volunteers for a Trauma Intervention Program (TIP). This program has more than 25 local citizens who provide comfort and support to those in distress. Rideout Health financially supports the Trauma Intervention Program.
VII
Health and Service Line Related Community Education

Education for Health Professionals
Adventist Health and Rideout employees provide oversight for internships, externships and preceptorships at Rideout Hospital and other locations:

- Dietetics: 1 student
- EMT: 32 students
- Nursing: 82 students
- Pharmacy: 6 students
- Phlebotomy: 9 students
- Physical Therapy: 1 student
- Psych Technician: 7 students
- Radiology / Imaging: 14 students
- Respiratory Therapy: 8 students
- Surgery Technician: 1 student

Cancer Community Education
- Cancer Center Patient & Family Advisory Council – New Goals to Improve Patient Care (Quarterly)
- Chemotherapy & You Class for New Chemotherapy Patients (Every Tuesday)
- Wellness Center, providing yoga, art and writing expression (Every Friday)
- Cancer Support Group (Every Thursday)
- Cancer Grief Support Group (Every Thursday)
- Wellness Center, Look Good Feel Good (Every Other Month)
- Survivorship Program for patients after they have completed their course of treatment
- Information at Senior Health Fairs
- Peer Navigator Program

Senior Community Education
Our Senior Living campus includes The Fountains, Skilled Nursing and Physical Rehab Center; The Courtyard, Assisted Living and The Gardens, Assisted Living Memory Care and Adult Day Program for seniors with memory care needs.

Outreach efforts include:
- Participates in local Senior Health Fairs and community events and provides free health screenings and healthcare information wherever and whenever possible
- Directors present Senior Health topics to regional service groups and organizations
- Participates in and monetarily supports the Alzheimer Association’s Walk to End Alzheimer’s
- Provides a “Community Resources for Seniors” handbook to senior citizens
- Hosts important senior health classes to patients and residents

Emergency Department, Trauma and Stroke Team Community Education
- Peach Festival Booth
- Teen Impact Train the Trainer
- Stop the Bleed – Sutter Union High School Staff, River Bend Elementary School Staff, Pleasant Grove Elementary School Staff, Britain Elementary School Staff, City of Live Oak Employees
- Senior Fair – Fall Prevention Booth
- Impact Teen Driving – Marysville High School
- Christmas Stroll Booth
Support For Community Organizations

Adventist Health and Rideout provided financial support and additional in-kind support to other organizations dedicated to improving the health of the community. Some of the organizations we sponsored, attended or participated in planning are listed as follows:

Community Support – Sponsorships and Donations July 1, 2018-December 31, 2018 - $26,023

- 13th District Agricultural Association
- AHRO Perinatal Department
- Alzheimer’s Association
- Beale Air Force Base – 9th Support Squadron
- Beale Military Liaison Committee
- Friends of Maysville Stampede
- Beale Military Liaison Committee: Sponsor - Annual Golf Tournament
- Geweke’s Caring for Women Foundation
- Hands of Hope
- Ilses Academy of Golf for Kids
- Live Oak Chamber of Commerce
- National Child Safety Council
- Newspapers in Education Program Sponsorship
- Regional Emergency Shelter Team
- Rotary Club of Yuba City
- Sutter Medical Foundation
- Trauma Intervention Programs of Yuba, Sutter, and Butte Counties
- Yuba City Downtown Business Association
- Yuba Sutter Chamber of Commerce
- Yuba Sutter Colusa United Way
- Yuba Sutter Diabetes Support Group and Resource Center

Seniors
- Walk to End Alzheimer’s: Rideout Senior Services Booth provided health education
- Senior Living Van participated in Veteran’s Day Parade in Marysville
- Rideout Hospital Auxiliary assembles Vial of Life packets for senior citizens and community members. The completed packet assist first responders with vital information on medications and medical history

Cancer
- Cancer Center Van participated in the Marysville Christmas Parade
- Pink October Race For Awareness: Provided survivor gifts and cancer education literature
- Pink October Scramble Fore A Cure: Booth provided breast cancer education materials
- Happy Landings: Provided a welcome gift for new families at Beale AFB

Domestic Abuse
- Adventist Health and Rideout provided temporary shelter for Casa de Esperanza, an organization that provides protection and education for victims of domestic violence and their children

The Rideout Hospital Auxiliary provided more than 5,300 hours of volunteer services at Rideout Memorial Hospital between July 1 and December 31, 2018. The Auxiliary renders service to the hospital, patients and families. Since 1958, the Rideout Memorial Hospital Auxiliary members have served more than 853,284 volunteer hours. The Auxiliaries’ various fundraising efforts throughout the year enable them to fund scholarship awards, help purchase needed equipment and fund programs for Adventist Health and Rideout.
Other volunteer groups that render service include associates from the Teen Leadership Program, Rideout Cancer Center, Rideout Senior Services, Rideout Emergency Department, Rideout Hospital Greeters, Adventist Health and Rideout Board of Directors and the Adventist Health and Rideout Foundation Board of Directors and associated committee members.

**Community Partnerships**
Members of the hospital's leadership and management teams volunteer significant time and expertise as board members of nonprofit health care organizations and civic and service agencies, such as:

- American Cancer Society • Yuba-Sutter Healthcare Council
- Beale Air Force Base Community Council • E Center Board of Directors – Head Start
- Honorary Beale Air Force Base Commander • Healthy Kids Health Board
- Make A Wish Foundation • Pink October / Breast Cancer Awareness
- Rotary, Kiwanis and Soroptimist Civic Clubs • Sutter County Chronic Disease Prevention
- TIP Program Volunteers • Yuba City Downtown Business Association
- Yuba Sutter Chamber of Commerce • Yuba Sutter Economic Development Corp.
- Sutter–Yuba Homeless Consortium • Alzheimer’s Association: Walk to End Alzheimer’s
- A variety of Adventist Health and Rideout employees volunteer at local schools, participate as guest speakers or lecturers at schools relating to health topics and career opportunities

**The Rideout Hospital Auxiliary** provided more than 15,000 hours of volunteer services at Rideout Memorial Hospital in Fiscal Year 2017-18. The Auxiliary renders service to the hospital, patients and families. Since 1958, the Rideout Memorial Hospital Auxiliary members have served more than 835,735 volunteer hours. The Auxiliaries’ various fundraising efforts throughout the year enable them to fund scholarship awards, help purchase needed equipment and fund programs for Rideout Health.

Other volunteer groups that render service include associates from the Rideout Cancer Center, Rideout Senior Services, Rideout Emergency Department, Rideout Hospital Greeters, Rideout Health Board of Directors and the Rideout Health Foundation Board of Directors and associated committee members.

**Free Conference Room Use:**

- Adventist Health and Rideout provides meeting rooms for the following community support groups: Grief Support; Yuba-Sutter Children’s Type 1 Diabetes Support and Cancer Support Groups; TOPS (Take Off Pounds Sensibly); Tri–Counties Breastfeeding Alliance Seminar: Clinical Aspects of Substance Use & Abuse in Pregnancy and Beyond; Valley Quilt Guild Meetings and Classes; AAUW Meetings; California Highway Patrol: Safe Senior Driving Program
- Adventist Health and Rideout provides meeting rooms for the following service organizations and educators: Kiwanis, United Way, Yuba College, American Cancer Society, Yuba–Sutter Chamber of Commerce, Family SOUP, Rideout Hospital Auxiliary meetings.
Recruitment Efforts

Nurse Recruitment
We participate in several programs partnering with local and regional education institutions for alumni recruitment and internship opportunities, as well as partnering with external specialty recruiting firms. Some additional efforts include:
• Local career fairs
• High school career fairs
• Adventist Health and Rideout RN Career Fair
• Local and National advertising efforts directed through a healthcare marketing firm
• Social Media advertising targeting clinical/healthcare professionals
• Specific targeted ad's on a variety of association or membership sites

Physician Recruitment
In an effort to always strive towards our mission to provide superior healthcare to everyone in our community, we continue to recruit physicians in areas of great need. Some areas of focus have included Critical Care, Primary Care and Specialty care. Additional medical practices allow health care access to all patients including those patients with Medi-Cal or without insurance. Remote services for Tele-neurology and Tele-radiology continue to ensure 24/7/365 coverage.

Education & Training: Medical Staff Education
Adventist Health and Rideout challenges itself to be a catalyst, advocate for, and a provider of education that promotes change, development and improvement.

Our CME program sees its purpose as providing high quality, evidence-based educational opportunities that are designed to advance physician competence, enhance practice performance, promote patient safety and, wherever possible, improve patient outcomes in the populations served by our physicians and healthcare providers. We seek to serve not only the educational needs of healthcare professionals with privileges at Adventist Health and Rideout but the needs of other local and regional providers as well.

As an acute care facility, our educational activities include department-specific and specialty-specific conferences and symposia. These events take the form of live courses and live regularly scheduled series. The educational design, instructional method and learning format for each event is chosen to best serve the educational needs and learning objectives of the planned educational activity. Methods for each activity will depend upon the identified need. They will include but not be limited to didactic lectures, workshops and panel discussions which include attendee interaction and case presentations.

Included among our educational offerings are updates in clinical medicine and basic scientific research and reviews of current or best practice recommendations for clinical care.