

OCTOBER 2026

Adventist Health Castle Bistro Hours
Monday-Friday 6:30am-8:00pm
Weekend & Holidays 8:00am-8:00pm
**menu subject to change*

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Baked Penne Salisbury Steak Mashed Potato Zucchini Valaision	2 Vegetable Curry Kalua Chicken Roasted Potato Sauteed Cabbage Garden Vegetable	3 Vegetable Yakisoba Teriyaki Chicken Roasted Broccoli Sedona Corn
4 Tofu Curry Meat Lasagna Roasted Carrots Carrot Bisque	5 Vegetable Stir Fry Meatloaf Mashed Potato Zucchini & Squash Split Pea	6 Chickpea Curry Beef Tomato Roasted Kabocha Sauteed Eggplant Minestrone	7 Vegetable Lasagna Pastele Stew Roasted Potato Roasted Broccoli Sweet Potato	8 Vegetable Enchilada Chicken Enchilada Refried Beans Zucchini Cream of Broccoli	9 Tofu Stir Fry Spaghetti w/Meat Sauce Roasted Potato Roasted Carrots Tomato Basil	10 Vegetable Curry Shoyu Chicken Zucchini Mushroom Barley
11 Baked Penne Pastele Stew Vegetable Medley Zucchini Spinach	12 Vegetarian Yakisoba Kalua Chicken Roasted Potato Sauteed Cabbage Vegetable Orzo	13 Vegetable Pot Pie Furikake Salmon Mashed Potato Roasted Broccoli Carrot Curry Ginger	14 Mac & Cheese Chicken Adobo Roasted Potato Zucchini Cream of Potato	15 Tomato & Feta Pasta Hamburger Steak Mashed Potato Roasted Cauliflower Valaision	16 Three Sisters Stew Teriyaki Chicken Roasted Potato Zucchini Garden Vegetable	17 Sweet & Sour Tofu Baked Chicken Katsu Roasted Carrots Sedona Corn
18 Vegetable Enchilada Chicken Enchilada Roasted Broccoli Carrot Bisque	19 Coconut Curry & Rice Parmesan Chicken Angela Hair Pasta Mashed Potato Zucchini & Squash Split Pea	20 Baked Penne Salisbury Steak Mashed Potato Roasted Cauliflower Minestrone	21 Pecan Cutlet Mushroom Chicken Mashed Potato Roasted Carrots Sweet Potato	22 Eggplant Parmesan Miso Salmon Angel Hair Pasta Roasted Potato Roasted Napa Cabbage Cream of Broccoli	23 Vegetable Stir Fry Shoyu Chicken Roasted Potato Roasted Broccoli Tomato Basil	24 Baked Ziti Kalua Chicken Sauteed Cabbage Mushroom Barley
25 Vegetable Lasagna Beef Chili Vegetable Medley Zucchini Spinach	26 Vegetable Pot Pie Chicken Adobo Roasted Potato Zucchini & Squash Vegetable Orzo	27 Mushroom Stroganoff Steamed Salmon Mashed Potato Roasted Broccoli Carrot Curry Ginger	28 Falafel Chicken Shawarma Roasted Potato Roasted Carrots Cream of Potato	29 Tomato & Feta Pasta Teriyaki Chicken Roasted Potato Sauteed Eggplant Valaision	30 Vegetarian Yakisoba Meat Lasagna Roasted Potato Zucchini Garden Vegetable	31 Tofu Stir Fry Spaghetti w/Meat Sauce Roasted Carrots Sedona Corn

Weekdays Breakfast: 6:30am – 9:30am, Lunch/Dinner: 11:00am – 8:00pm / Weekend & Holidays Breakfast: 8:00am – 9:30am, Lunch/Dinner: 11:00am – 8:00pm