

JOIN US FOR A
HOLIDAY PARTY DRIVE THRU

FRIDAY, DECEMBER 11TH
11:00AM-1:00PM

WINDWARD COMMUNITY COLLEGE

Canned Food Drive

Get your family in the holiday spirit and donate to our canned food drive when you pick up your meal.



Christmas Car Decorating Contest

Enter the contest. 3 winners will be chosen by social media to win a \$50 gift card.



RECEIVE A GOURMET MEAL FOR \$8

prepared by Executive Chef Daniel Swift
of Uala Leaf Cafe

Blue Zones
inspired.

MENU

Buy a meal for a
loved one.

Oven Roasted Veggies

with whole grain risotto and mushrooms

Focaccia

Low fat chocolate brownie

(Heating Instructions will be included.)

Registration information on page 2.



Uala Leaf Cafe
AT WINDWARD COMMUNITY COLLEGE

Adventist Health
Castle

Funded in part by the Hawaii Community Foundation

Wellness & Lifestyle Medicine

Meal Registration

1. Visit <https://www.vagaro.com/adventisthealthcastle/classes>
2. Go to Dec. 11th and sign up & chose a 15 min slot between 11am-1pm.
3. Choose number of meals, create an account, and checkout

Register by Dec. 4th

Directions to meal pick-up:

Windward Community College

45-720 Keaahala Road, Kaneohe, HI 96744

Enter from Keaahala Rd. from Kahekili Hwy.

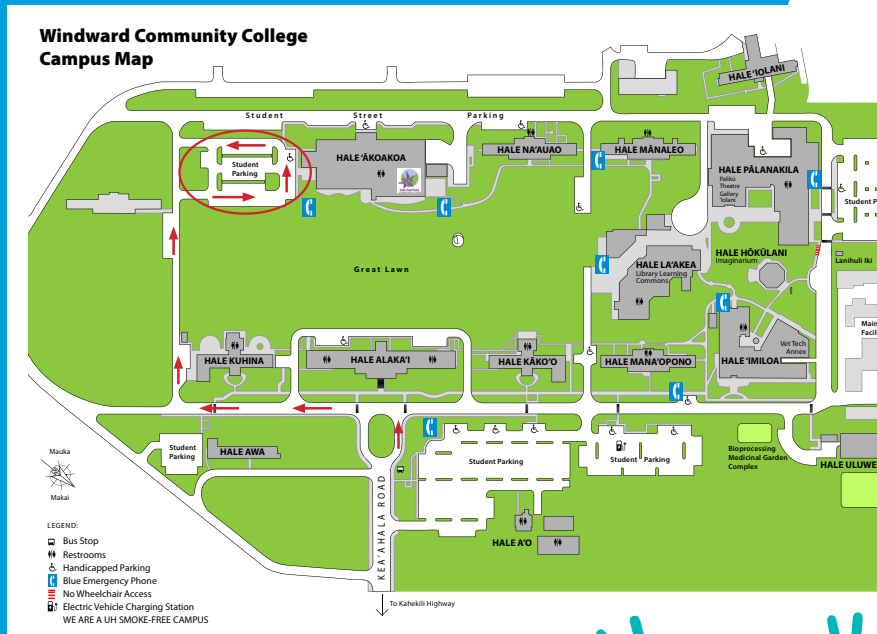
Continue up to the key hole and go left.

Take the next right up the hill to parking lot

Daniel Swift is the culinary coordinator of the Hiilaniwai Foodservice Innovations Training Program at Windward Community College in Kane'ohe, HI.



Daniel earned his doctorate in Organizational Leadership from the University of Laverne in California in 2017. He is a Certified Master Baker through the Retail Bakers of America and hold certifications with the American Culinary Federation as a Certified Executive Chef, Certified Executive Pastry Chef, and Certified Culinary Administrator.



Questions or concerns about the event?

Contact us at (808) 263-5050 or email us at ahcastlewellness@ah.org

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