



HEART ATTACK SYMPTOMS:

- chest discomfort
- pressure, pain
- shortness of breath
- cold sweat/nausea
- discomfort in arms



STROKE SYMPTOMS:

Balance

sudden loss of balance

Eyes

Check for vision loss

Face

Look for an uneven smile

Arm

Check if one arm is weak

Speech

Listen for slurred speech

Time

Call 911 right away

Adventist Health 
Emergency Care at **Castle**

Adventist Health Castle
640 'Ulukahiki Street
Kailua, HI 96734