

BISTRO MENU: SEPTEMBER 01 – 30, 2019

Enjoy healthful choices at the Bistro every day! VEGAN Entrée items on menu are written in green.

Sunday, 09/01	Monday, 09/02	Tuesday, 09/03	Wednesday, 09/04	Thursday, 09/05	Friday, 09/06	Saturday, 09/07
<p>Tomato Rice Soup Big Frank Hot Dogs Korean Chop Chae Noodles Steamed Mixed Vegetables Rainbow Jello Salad</p>	<p>Red Thai Soup Chicken Katsu Curry Stuffed Zucchini Shells Potatoes O'Brien Steamed Broccoli Macaroni Salad</p>	<p>Chunky 8 Vegetable Soup Fettucine Alfredo Vegan Beef Tomato w/ Bell Peppers Garlic Bread Herb Roasted Baby Carrots Steamed Broccoli Normandy Waldorf Salad</p>	<p>Kale & Cauliflower Soup Mushroom Meatloaf w/ Gravy BBQ Mock Chicken Drumsticks Red Smashed Potatoes Garlic Roasted Asparagus Steamed Corn Amy's Indonesian Salad</p>	<p>Greek Lemon Rice Soup Eggplant Moussaka Portuguese Bean Stew Home Fries Spanakopita Steamed Green Beans Orzo Salad</p>	<p>Corn Chowder Mock Fish Taco's Kabocha Pumpkin Curry Jasmine Rice Caribbean Blend Vegetables Avocado, Cucumber & Tomato Salad</p>	<p>Roasted Butternut Squash Soup Beyond Spinach Pie Penne Pasta w/ Marinara Sauce Garlic Bread Peas & Carrots Herb Roasted Red Potato Salad</p>
Sunday, 09/08	Monday, 09/09	Tuesday, 09/10	Wednesday, 09/11	Thursday, 09/12	Friday, 09/13	Saturday, 09/14
<p>Garbanzo & Swiss Chard Soup Chili 'n Cheese Omelets Fried Saimin Noodles w/ Baked Tofu Strips & Vegetables Steamed Corn with Bell Peppers Garlic Bread Traditional Coleslaw</p>	<p>Coconut Sage Soup Pecan Patties in Mushroom Sauce Red Lentil & Vegetable Stew Parsley Potatoes Roasted Brussel Sprouts Steamed Baby Carrots Curried Rice & Vegetable Salad</p>	<p>Cream of Tomato Soup Beyond Loco Moco <i>(Rice, Beyond Burger, Fried Onions, Gravy, Fried Egg)</i> Cabbage Rolls w/ Brown Rice and Mushrooms Garlic Herb Roasted Potatoes Steamed Broccoli Spinach & Mandarin Orange Salad</p>	<p>Curry Red Lentil Soup Baked Macaroni 'n Cheese Vegan Baked Macaroni 'n Cheese BBQ Pumpkin Meatballs Scalloped Potatoes Italian Style Vegetables Garlic Bread Caesar Salad</p>	<p>Potato Leek Soup Quiche Florentine Three Bean Chili Herb Roasted Potatoes Steamed Fresh Asparagus Cornbread Shaved Brussel Sprout Salad</p>	<p>Cream of Mushroom Soup Breaded Skallops Yellow Thai Curry Jasmine Rice Garlic Roasted Green Beans Fresh Zucchini & Yellow Squash Bistro Cobb Salad</p>	<p>Italian Vegetable Soup Mock Chicken Fried Rice w/ Egg & Vegetables Sundried Tomato and Walnut GF Red Lentil Pasta Garlic Bread Steamed Green Beans Green Bean & Walnut Salad</p>
Sunday, 09/15	Monday, 09/16	Tuesday, 09/17	Wednesday, 09/18	Thursday, 09/19	Friday, 09/20	Saturday, 09/21
<p>Apple Beet Soup Cottage Cheese Loaf w/ Gravy Black Bean & Rice Burritos Scalloped Potatoes Peas and Carrots Quinoa Salad w/ Spinach, Beets & Carrots</p>	<p>Split Pea Soup Cheese Ravioli w/Marinara Sauce Coconut Vegetable Curry Coconut Basmati Rice Caribbean Vegetable Blend Garlic Bread Cucumber Tomato Yogurt Salad</p>	<p>Egg Drop Soup Mock Beef Broccoli Tofu & Vegetable Stir-Fry Egg Foo Yung Jasmine Rice Steamed Edamame Vegetable Spring Rolls Chinese Buckwheat Salad</p>	<p>Kombu Miso Soup Baked Potatoes <i>(with Chili, Broccoli, Cheese, Sour Cream, Whipped Butter, Chives, & Baco Bits)</i> Portuguese Bean Stew Garlic & Herb Roasted Brussel Sprouts Corn on the Cob Southern Style Broccoli Salad</p>	<p>Hungarian Mushroom Soup Mock Crab Cakes w/ Tartar Sauce Vegan Coconut Kale w/ Toasted Macadamia Nuts Okinawan Sweet Potato Mash Maple Roasted Vegetables <i>(Beets, Sweet Potatoes, Kabocha Pumpkin, Carrots, & Onions)</i> Steamed Asparagus Beet & Asparagus Salad w/ Feta</p>	<p>Vegetable Barley Soup Pizza Pizza <i>3 Cheese or Spinach, Tomato, Garlic & Mushroom</i> Tofu Sushi Burgers Steamed Broccoli Red Cabbage, Cilantro, & Jicama Salad</p>	<p>Baked Potato Soup Sloppy Joes Mock Chicken Long Rice Fried Mushrooms Steamed Peas Marinated Vegetable Salad</p>
Sunday, 09/22	Monday, 09/23	Tuesday, 09/24	Wednesday, 09/25	Thursday, 09/26	Friday, 09/27	Saturday, 09/28
<p>Lentil Soup Spaghetti Squash w/ Tomato, Spinach & Feta Vegetable Chop Suey w/ Mock Duck Spring Rolls French Style Green Beans Waldorf Salad</p>	<p>Kabocha Pumpkin Soup Mock Beef & Mushroom Stroganoff BBQ Mock Pulled Pork Sliders Red Smashed Potatoes & Gravy Herb Fried Triple Squash Mixed Vegetables Okinawan Sweet Potato Salad</p>	<p>Black Bean and Corn Soup Enchilada Casserole Vegan Enchilada Casserole Crispy Baked Tofu w/ Baby Bok Choy and Tomatoes Spanish Rice Jalapeno Poppers Steamed Peas & Carrots Mexican Corn Salad</p>	<p>Minestrone Soup Pasta Bar <i>(Bowtie, Linguini, Marinara Sauce, Alfredo Sauce, Pesto, & Vegan Meatballs)</i> Pepper Steak Hoagies Roasted Whole Mushrooms Steamed Broccoli Garlic Bread Caesar Salad</p>	<p>Cream of Vegetable Soup Pad Thai Noodles Red Thai Curry Jasmine Rice Steamed Corn Garlic Roasted Green Beans Green Papaya Salad</p>	<p>Mock Turkey & Wild Rice Soup Mock Fish Sandwich Spicy Tofu & Eggplant In a Black Bean Sauce Herb Roasted Red Potatoes Steamed Broccoli Normandy Purple Cabbage Salad</p>	<p>Broccoli Cheese Soup Cheese Quesadilla's w/ Pico de Gallo & Avocados Pasta w/ Garbanzo Beans, Zucchini, and Kalamata Olives Spicy Taters Steamed Cut Green Beans Potato Salad</p>
Sunday, 09/29	Monday, 09/30	Tuesday, 10/01	Wednesday, 10/02	Thursday, 10/03	Friday, 10/04	<p style="color: blue; font-size: 1.2em; font-weight: bold;">Living God's Love By Inspiring Health, Wholeness, & Hope</p>
<p>Roasted Vegetable Soup Grilled Mock Ham & Cheese Sandwiches Jambalaya Steamed Mixed Vegetables Carrot Raisin Salad</p>	<p>Tomato Florentine Soup Lasagna Vegan Lasagna Stuffed Bell Peppers Italian Vegetable Blend Garlic Bread Broccoli Cranberry Almond Salad</p>	<p>Mock Chicken Noodle Soup Zucchini Patties w/ Papaya Salsa Hawaiian Style Curry Steamed Broccoli Scalloped Potatoes Garlic Bread Ocean Salad w/ Soba Noodles</p>	<p>Cream of Cauliflower Soup Eggplant Parmesan Spaghetti w/ Marinara Sauce Garlic Bread Mushroom and Onions Saute Steamed Broccoli Kim Chee</p>	<p>Carrot Ginger Soup Mock Chicken Pot Pie Korean BBQ Tofu Golden Fried Potatoes Mushroom and Onions Saute Steamed Broccoli Pineapple Coleslaw</p>	<p>French Onion Soup Mock Tuna Noodle Casserole Falafel <i>(w/ hummus, romaine, tomatoes, roasted eggplant, and tzatziki sauce)</i> Lebanese Spiced Potatoes Steamed Asparagus Tabbouleh Salad</p>	

The Bistro is open Monday to Friday for Breakfast from 6:30am to 10:30am and for Lunch & Dinner from 11:00am to 6:30pm. Saturdays and Sundays from 11:00am to 6:30pm. The menu is subject to change.