

## BISTRO MENU: April 01 – 30, 2019

Enjoy healthful choices at the Bistro every day! Menu entrée's written in green are Vegan.

	Monday, 04/01	Tuesday, 04/02	Wednesday, 04/03	Thursday, 04/04	Friday, 04/05	Saturday, 04/06
	Kombu Miso Soup Spicy Meatball Hoagies <span style="color: green;">Vegetable Stew</span> Homefries Breaded Mushrooms Herb Zucchini & Yellow Squash Cucumber & Cabbage Salad	Chunky 8 Vegetable Soup Chicken Katsu Curry <span style="color: green;">Pita Falafel Kabob</span> Snap Peas & Cauliflower Jasmine Rice Greek Salad	Coconut Curry Lentil Soup Pecan Loaf <span style="color: green;">Mock Chicken Long Rice</span> Red Smashed Potatoes & Gravy Mixed Vegetables Coleslaw	Potato Leek Soup Pad Thai Noodles <span style="color: green;">Mock Duck a l'orange</span> Jasmine Rice Mushroom, Bok Choy, Red Onion, & Baby Corn Stir-Fry Green Peas Spring Rolls Green Papaya Salad	Tomato Florentine Soup Baked Ziti w/ Ricotta <span style="color: green;">Tofu &amp; Garbanzo Curry</span> Coconut Basmati Rice Breaded Okra Carribbean Vegetable Blend Naan Bread Beet & Asparagus Salad w/ Feta	Broccoli Cheese Soup Eggplant Moussaka <span style="color: green;">Sundried Tomato and Walnut                      GF Red Lentil Pasta</span> Sweet Corn Garlic Bread Marinated Vegetable Salad
Sunday, 04/07	Monday, 04/08	Tuesday, 04/09	Wednesday, 04/10	Thursday, 04/11	Friday, 04/12	Saturday, 04/13
Split Pea Soup Crispy Bean & Cheese Burritos <span style="color: green;">Crispy Bean &amp; Vegan Cheese                      Burritos</span> <span style="color: green;">Hawaiian Curry</span> Rice Pilaf Spinach, Mushroom, & Onion Saute Rainbow Jello Salad	Corn Chowder Soup Quiche Florentine <span style="color: green;">Pepper Steak</span> Scalloped Potatoes Garlic Roasted Green Beans Steamed Broccoli Bread Rolls Bistro Cobb Salad	Vegetable Barley Soup Spaghetti Squash with Tomato, Spinach and Feta <span style="color: green;">Korean BBQ Tofu</span> Spanakopita Herb Roasted Baby Carrots Steamed Broccoli & Cauliflower Caesar Salad	Minestrone Soup Tofu Adobo <span style="color: green;">Pancit</span> Pinakbet Steamed Baby Carrots Banana Lumpia Spinach & Mandarin Orange Salad	Red Thai Soup Vegetable Lasagna <span style="color: green;">BBQ Mock Chicken Wings</span> Roasted Vegetables French Style Green Beans Garlic Bread Potato Salad	Kabocha Pumpkin Soup Tofu Spinach Patties w/ Creole Sauce <span style="color: green;">Jambalaya</span> Roasted Cauliflower Steamed Corn & Bell Peppers Cornbread Muffins Ocean Salad with Soba Noodles	Egg Drop Soup Grilled Mock Ham & Cheese Sandwich <span style="color: green;">Mushroom Fried Rice</span> Peas & Carrots Spring Rolls Waldorf Salad
Sunday, 04/14	Monday, 04/15	Tuesday, 04/16	Wednesday, 04/17	Thursday, 04/18	Friday, 04/19	Saturday, 04/20
Hungarian Mushroom Soup Vege Meatballs <span style="color: green;">Spaghetti with Marinara Sauce</span> Corn on the Cob Garlic Bread Pineapple Coleslaw	Kombu Miso Soup Zucchini Cakes w/ Papaya Salsa <span style="color: green;">Loco Moco</span> Herb Roasted Red Potatoes French Style Green Beans Orzo Salad	Chunky 8 Vegetable Soup <span style="color: green;">Taco's</span> With Mexi Vege Burger Or <span style="color: green;">Refried Beans</span> <i>(Lettuce, Tomatoes, Onions, Olives,                      Sour Cream, Shredded Cheese,                      Guacamole)</i> Salsa (Papaya, Mango, & Traditional) Spanish Rice	Coconut Curry Lentil Soup Pizza <span style="color: green;">Vegan Pizza</span> <span style="color: green;">Crisp Baked Tofu with Baby Bok                      Choy and Tomatoes</span> Steamed Broccoli Breaded Zucchini Sticks Avocado, Cucumber & Tomato Salad	Potato Leek Soup Breaded Skallops <span style="color: green;">Teriyaki Vegetable Stir Fry</span> Cheesy Potatoes au Gratin Steamed Fresh Asparagus Vegetable Potstickers Jasmine Rice Macaroni Salad	Tomato Florentine Soup Baked Potato Bar <i>(Baked Beans, Broccoli, Cheeses, Mock                      Bacon Bits, Sour Cream, Green Onions,                      Garlic Butter)</i> <span style="color: green;">Ancient Grains &amp; Kale                      With NY Baked Tofu</span> Stir Fry Rainbow Swiss Chard with Caramelized Onions Green Beans Southern Style Broccoli Salad	Broccoli Cheese Soup Vege Chicken Fried Rice <span style="color: green;">Lentil Stew</span> Steamed Broccoli Biscuits Purple Cabbage Salad
Sunday, 04/21	Monday, 04/22	Tuesday, 04/23	Wednesday, 04/24	Thursday, 04/25	Friday, 04/26	Saturday, 04/27
Split Pea Soup Cabbage Rolls <span style="color: green;">Korean Chop Chae Noodles</span> Roasted Brussel Sprouts Carribbean Blend Vegetables Carrot Raisin Salad	Corn Chowder Soup Eggplant Parmesan <span style="color: green;">Coconut Vegetable Curry</span> Yellow Basmati Rice Steamed Green Peas Ocean Salad with Soba Noodles	Vegetable Barley Soup Crimini Mushroom Stroganoff <span style="color: green;">Three Bean Chili</span> Creamed Corn Broccoli Normandy Mexican Rice Marinated Vegetable Salad	Minestrone Soup Baked Macaroni 'n Cheese <span style="color: green;">Vegan Baked Macaroni</span> <span style="color: green;">Italian Sausage &amp; Pepper Hoagie</span> Fried Jalapeno Poppers French Style Green Beans Amy's Indonesian Salad	Red Thai Soup Vege Crab Cakes w/ Tartar Sauce <span style="color: green;">Vegan Coconut Kale                      With Toasted Macadamia Nuts</span> Okinawan Sweet Potato Mash Maple Roasted Vegetables Steamed Baby Carrots Corn Bread Shaved Brussel Sprouts Salad	Kabocha Pumpkin Soup Sweet 'n Sour Mock Chicken <span style="color: green;">Vegetable Chop Suey</span> Egg Foo Yung Jasmine Rice Steamed Broccoli Spring Rolls Crunchy Thai Kale Salad	Egg Drop Soup Cheese Quesadillas With Pico de Gallo and Avocado <span style="color: green;">Vege Beef Broccoli                      with Fried Ramen Noodles</span> Steamed Cut Green Beans Herb Roasted Red Potato Salad
Sunday, 04/28	Monday, 04/29	Tuesday, 04/30	LIVING GOD'S LOVE BY INSPIRING HEALTH WHOLENESSE & HOPE			

The Bistro is open Monday to Friday for Breakfast from 6:30am to 10:30am and for Lunch & Dinner from 11:00am to 6:30pm. Saturdays and Sundays from 11:00am to 6:30pm. The menu is subject to change.