Table of Contents

President’s letter 3
Health care access made easier 4
Clinical services 7
Locations 18
Hello!

Health care is one of the hottest topics in our country today. While health care is part of everything around us from politics to social justice and philanthropy, our individual health is a much more personal topic. Recognizing that health impacts every facet of our lives inspires us to care for our community.

While our country grapples with complex issues around the business of health care, our mission remains clear. We are here to live God’s love by inspiring health, wholeness and hope. This commitment to go beyond simply providing health care motivates us to work together as a team.

Adventist Health is uniquely united as a team because of our central mission. Compelled by this mission, we search daily for the best ways to transform the health experience of our communities by improving physical, mental and spiritual health, enhancing interactions, and making care more accessible and affordable.

Our mission drives us to look inward and ask how we can provide ever-better care. It also drives us to look outward to find underserved parts of our community and partners to help us care for them more completely.

In the following pages, you’ll have a chance to learn how our mission and partnerships are shaping health care for the greater Portland area and beyond. You’ll see the breadth of what Adventist Health provides to our community, as well as the depth of our compassion for each person who trusts us with his or her care.

We believe in our mission. We believe excellent care matters. We believe working as a team matters. But, perhaps most importantly, we believe love matters.
Adventist Health and OHSU

Imagine the benefits of combining a teaching and research center with patient-centered, whole-person care right in the local community. Adventist Health Portland, Tuality Healthcare and OHSU did more than imagine it. We've made it a reality that gives Portland-area patients easier access to a broader spectrum of health care than ever before.

Together we have created a health care network like no other in Portland. This collaboration means more people than ever have access to a wide range of specialists and a hassle-free connection to cutting-edge biomedical research and advanced care.
Maternal-fetal medicine

Maternal-fetal medicine (MFM) physicians from OHSU began offering consultations and reading advanced ultrasounds for patients with high-risk pregnancies in Portland’s eastside communities as a result of our partnership with OHSU.

Consultation with these OHSU specialists is valuable for women who have medical illnesses or increased risk for genetic complications, such as a family history of genetic disease or maternal age above 35.

Fetal imaging at Adventist Health Portland now includes specialized examinations for each trimester and fetal tissue examination when needed.

After the MFM consultation, most patients return to their primary OB provider for ongoing prenatal care.

The right place at the right time

The OHSU transfer center manages capacity and patient transfers with its partner hospitals, including Adventist Health Portland. This single point of contact connects referring providers and their patients with the organization that can best serve their needs.

When Jon, a resident of a small Oregon community, needed immediate access to a greater level of care for his damaged leg, his doctor called OHSU in Portland. They were able to activate immediate access to care through Adventist Health Portland that very afternoon. At Adventist Health Portland surgeons helped save Jon’s leg. "It’s for people like Jon that the patient transfer center was created," says Dr. Wes Rippey, surgeon and chief medical officer of Adventist Health’s Pacific Northwest Region.

Since its launch, the patient transfer center has placed over 1,000 patients with Adventist Health Portland, dramatically improving access to care for patients like Jon.

Emergency Room staffing

One of the goals of the new health system is to provide the highest quality and safest emergency care to every Oregonian. To meet that goal, OHSU has stationed board-certified emergency medicine physicians throughout northern Oregon, including at Adventist Health Portland’s emergency room.

Thanks to this new clinical staffing and the ability of our ER team to communicate directly with a wide range of specialists, more patients will receive the life-saving care they need closer to home and to their families.
Adventist Health is a faith-based, nonprofit integrated health system serving more than 80 communities on the West Coast and in Hawaii. Founded on Seventh-day Adventist heritage and values, Adventist Health provides care in hospitals, clinics, home care agencies, hospice agencies and joint-venture retirement centers in both rural and urban communities.

Our compassionate and talented team of 35,000 includes associates, medical staff, physicians, allied health professionals and volunteers driven by one mission: living God’s love by inspiring health, wholeness and hope. Together we are transforming the health care experience with an innovative, yet timeless, whole-person focus on physical, mental, spiritual and social healing.

Whole-person care

Provided by the region’s leading physicians, nurses, surgeons, therapists and other medical professionals, our health services treat patients holistically — going beyond surface-level symptoms to increase our patients’ health and well-being in mind and body, heart and soul.
Cancer care
Diabetes and endocrine care
Diagnostic imaging
Emergency room
Family Birth Place
Gastroenterology
Heart care
Home care
Hospice care
Hospitalist services
Internal medicine
Interventional radiology
Laboratory
Mental health
Occupational medicine
Orthopedics
Pain management
Palliative care
Primary care
Pulmonology
Rehabilitation and physical therapy
Rheumatology
Sleep care
Spiritual care
Stroke care
Surgery
Urgent care
Women’s services
Areas of clinical excellence

**Cancer care**

We believe patients deserve cancer care as unique as they are. Our caring and dedicated team of cancer care specialists includes surgeons, radiologists and interventional radiologists, radiation oncologists, hospitalists and pathologists, a nurse navigator and registered nurses specially certified in cancer care, social workers, oncology dieticians and physical therapists. We work closely with oncologists at OHSU’s Knight Cancer Institute to provide a full spectrum of cancer care.

**Diabetes and endocrine care**

The Diabetes Center at Adventist Health Portland offers a team that includes a diabetes physician specialist, dietitian and diabetes nurse specialist. Together, we help patients gain the knowledge and confidence it takes to live a full and healthy life.

**Diagnostic imaging**

An effective treatment plan starts with an accurate diagnosis. The advanced imaging equipment at Adventist Health Portland helps make a more accurate diagnosis, leading to more effective treatment plans and improved outcomes.

At their most vulnerable

Adventist Health Portland recognizes that most patients who come to our emergency room are in a highly vulnerable state. Pain, confusion, fear — these are everyday occurrences in the ER. Caring for people as individuals, not just injuries and illnesses, is our passion.

This passion shows in how swiftly we move patients from the door to a provider for evaluation. It shows in the steps we take to reduce their risk of hospital-acquired infections. And it shows in the follow-up call each patient receives to make sure they are healing and have all their questions answered.
A heartfelt mission near and far

Miriam came to Adventist Health Portland from New Mexico. A direct descendant of the Anasazi people, her routine included regular visits to Sky City, the sacred mesa reserved for her people’s ceremonial gatherings and exchanging of crafts. But fatigue and shortness of breath had gradually overcome Miriam’s ability to climb the steps to the mesa.

Miriam’s doctors realized she had severe rheumatic mitral valve disease. While researching her condition, Miriam discovered Dr. Thomas Molloy, the medical director of cardiothoracic surgery for Adventist Health Portland. Having performed more than 2,000 valve procedures, Molloy was the provider Miriam knew she could trust for the first surgery of her life.

Miriam’s decision proved to be the right one. “I thought I was going to be in a lot of pain, but I have no pain at all,” she says. Now Miriam shares her experience with her Native community, so they know they have options for their health care. For Miriam’s Adventist Health Portland team, her mission is a beautiful extension of their own mission to live God’s love by inspiring health, wholeness and hope to people and communities both near and far.

Emergency room

Adventist Health Portland’s ER, staffed with OHSU doctors, offers the fastest door-to-provider times in Portland as well as nationally accredited and awarded heart and stroke care.

Gastroenterology

Our experienced gastroenterology providers use the latest advancements to diagnose and care for our patients. Our team uses diagnostic tests, screenings, nonsurgical and surgical treatments, and nutritional and lifestyle guidance to help patients feel and live better.

Family Birth Place

Our Family Birth Place brings together obstetricians, family practice physicians, nurse midwives, anesthesiologists and some of the most experienced labor and deliver nurses in the area. The Family Birth Place also offers a level 1 nursery, lactation consultations, classes in childbirth and newborn care.

If an infant requires advanced care, we transport the baby by OHSU’s trained team to the OHSU level 4 NICU. We have telemedicine support with neonatologists from OHSU when we need consultation about an infant.
Heart care
Northwest Regional Heart and Vascular represents a new era of patient-centered cardiovascular care. With diagnostic services, advanced treatments and the latest surgical care housed in one highly specialized cardiovascular unit, patients stay in one place from admission through discharge.

Home care
Adventist Health Portland’s home health brings quality care to homebound patients in the comfort of their own homes around the clock, including weekends and holidays. Patients facing a serious illness or recuperating after a surgery often recover best at home with the support of an individual plan of care provided by our home health team.

Hospice care
Our hospice team offers compassionate, supportive care for patients with life-limiting illnesses who wish to live out the remainder of their lives on their own terms. We focus on preserving the dignity and privacy of the patient while providing relief from the symptoms of their illness.

Hospitalist services
Our team of licensed, board-certified physicians who specialize in the treatment of hospitalized patients are always available on-site to closely monitor patients, follow up on tests promptly and respond quickly if there is an emergency. They also work together with specialists, primary care providers and other patient care team members to ensure comprehensive coverage and continuity of care.

The healing journey
Illnesses and injuries aren’t events. They are journeys, and they don’t end at the hospital door.

Our rehabilitation team is a key part of many people’s road to recovery. Whether helping someone regain mobility after joint-replacement surgery or improving a patient’s speech and daily living abilities after a stroke, our team works together to create a plan not just for each patient but with them.

Rehabilitation is another important way Adventist Health Portland focuses on whole-person care, more than just urgent, short-term health.

This multidisciplinary team offers:
- Occupational therapy
- Speech-language rehabilitation
- Audiology
- Specialty rehabilitation
- Inpatient rehabilitation
- A variety of specialty programs
Internal medicine
Adventist Health Portland’s internal medicine physicians are experts at taking care of the whole patient — mind, body and spirit. These primary care providers diagnose and treat adults with everything from common to rare conditions, including situations where more than one illness strikes at one time.

Interventional radiology
Our interventional radiologists diagnose and treat problems with the most minimally invasive techniques possible. Radiological images direct interventional procedures, allowing the interventional radiologist to guide instruments through the body to the areas containing disease.

Laboratory
Adventist Health Portland offers a full-service clinical laboratory serving physicians, clinics, nursing homes and hospitals throughout the Portland/Vancouver metropolitan area and other communities. Our services include all routine and most special and esoteric tests.

Mental health
Licensed therapists are embedded in most of our primary care clinics to provide mental and emotional care in collaboration with primary care providers. Our Emotional Wellness Center also offers outpatient psychiatric care and a specialized and effective depression treatment — transcranial magnetic stimulation — to increase the activity of mood-controlling nerve cells.

Reaching an underserved community
The greater Portland metro area is home to more than 50,000 immigrants and their families from the former Soviet Union. This growing community and others around Oregon have made Russian the third-most spoken language in the state.

Recognizing a huge need for Russian language support in the health care setting, Adventist Health Portland began reaching out directly to the area’s Slavic community. This outreach has included health-related articles published in Slavic media, Adventist Health providers interviewed on Slavic Family Radio, and direct advertising of the Adventist Health clinics staffed with Russian-speaking providers.

We have also added Russian navigators to our emergency room staff. These navigators help our Russian-speaking patients communicate with providers. Equally important, they provide an important cultural bridge between providers and patients whose experiences in the Soviet Union have left them skeptical of the medical establishment.
Occupational medicine

Our occupational medicine program is focused on treating injured workers promptly and getting them back to work safely. Outcomes for all involved parties — employees, employers and workers’ compensation payers — are improved with early use of rehab programs, employer light-duty programs and patient-directed treatment programs.

Orthopedics

Our board-certified specialists provide comprehensive surgical and nonsurgical services to treat a wide range of orthopedic problems using today’s most advanced treatment techniques. Our innovative healing environment supports an individual’s needs as a person, not just as a patient.

Palliative care

Our palliative care team provides advanced treatment to patients diagnosed with a serious, chronic or life-threatening illness to ease their symptoms and improve their quality of life. We help patients of any age and any stage of an illness, both in the hospital and at home.

A lifesaving connection

Adventist Health Portland’s commitment to the area’s Russian-speaking population recently saved a man’s life. The 77-year-old Russian-speaking man arrived by ambulance and desperately needed a blood transfusion. But he declared he did not want “another person’s blood” in his body.

Our emergency room is staffed by Russian-speaking navigators. One of these navigators, Irina, was on duty that day. She was able to translate to the patient Dr. Sara Larry’s explanation of how a blood transfusion would save his life. Irina called the man’s wife and explained to her too. After talking to his wife, the patient accepted the life-saving treatment and was promptly transferred to OHSU for further care.
Primary care

With 10 primary care clinics located conveniently across the east side of the Portland/Vancouver metro area, Adventist Health Portland primary care connects patients with a provider who knows not just what’s happening today, but what’s been going on in patients’ lives over time. Our medical home model means we partner with patients to coordinate their whole-person care, from primary medical care to nutritional counseling, mental health care and specialty care.

Rehabilitation and physical therapy

Our rehabilitation team is key to helping patients with their short- and long-term physical and mental health. Our rehab experts help patients with physical therapy, occupational therapy, speech-language rehabilitation, audiology, specialty rehabilitation, inpatient rehabilitation and a variety of specialty programs.

Sleep care

At the Adventist Health Sleep Clinic, we strive to offer patients comprehensive and integrated evaluation as well as, diagnosis and management of their sleep disorders. Sleep testing occurs in our American Academy of Sleep Medicine-accredited sleep testing lab with certified sleep technicians.

Patient-centered primary care

Birth is just the beginning of a person’s lifelong health journey. Primary care for all ages is the cornerstone of Adventist Health Portland’s mission to the greater Portland community.

To help provide the best care, our primary care clinics are certified as Patient-Centered Medical Homes. This model transforms health care from a series of unconnected providers and into a coordinated team that offers truly comprehensive care that is convenient, safe and accessible for patients.
Spiritual care

Physical health and well-being are significantly improved when spiritual health is also improved.

Our chaplains and spiritual care volunteers are available 24/7 to provide spiritual and emotional support for patients, family members and caregivers. Our team is also available for counseling, prayer, blessings and crisis support for those of any faith or those without a religious affiliation.

Stroke care

Our specialized stroke team works together to individualize the care of each patient, following the guidelines of the American Stroke Association. These guidelines have been shown to improve the outcomes of patients who have a stroke and help prevent future strokes.

Core care

Our muscles and bones are at the core of our bodies and our ability to stay mobile. That makes our orthopedic team core to our healing mission.

The Aspire Orthopedic Institute team of board-certified orthopedic surgeons has extensive experience in surgical as well as nonsurgical approaches to musculoskeletal healing.

We offer minimally invasive and robotic surgery options, including direct anterior approach hip replacement. Combined with innovative rehabilitation processes that begin even before surgery, our patients recover faster and go home sooner.

Whether you have a hand and wrist injury, shoulder instability or a sports injury, our orthopedic team will work with you to create a treatment and therapy plan customized for your body, your lifestyle and your goals.
Surgery

Adventist Health Portland’s skilled surgical teams have earned statewide recognition for their outstanding quality outcomes for inpatient and outpatient surgery. Our operating rooms are equipped with the latest diagnostic and surgical technology, designed with high-level patient care and safety in mind. Depending on the type of surgery, our surgeons may offer a robotic-assisted or minimally invasive surgical option, which promotes quicker healing from surgery.

Urgent care

Sometimes patients need urgent access to a provider even though they’re not facing a life-threatening emergency. Our three urgent care clinics provide medical care for a wide range of health issues on a walk-in basis during extended and weekend hours. Patients can check wait times and reserve their spot online.

The heart of our community

Northwest Regional Heart & Vascular provides exceptional care for a variety of cardiac conditions, from aortic aneurysm and atrial fibrillation to mitral valve repair and coronary artery disease.

Our treatments include extensive and highly advanced electrophysiology, interventional cardiology and surgery, including robotic-assisted minimally invasive options. Most importantly, we are committed to encouraging lifestyles that help prevent and improve heart disease.

We have built a patient-centered culture that values personalized care as well as clinical quality. The impact of our compassionate, safe care is our exceptional outcomes.
Women’s services

Women have unique health care needs. Adventist Health Portland offers a variety of services that cater to women, from our Family Birth Place to surgical services and specialty rehab. Our caring professionals are eager to listen and understand the health needs that women face, while encouraging wellness and offering the latest in medical technology to provide the best care available.

Wound healing and hyperbaric medicine

The Adventist Health Portland wound healing and hyperbaric medicine care team provides comprehensive wound care using a multidisciplinary, whole-patient approach to wound healing. We specialize in the advanced treatment of difficult-to-heal wounds caused by a variety of ailments.

Worshipping as a community

First Friday

Adventist Health Portland provides hope and fellowship through an evening of joyful praise and fellowship the first Friday evening of every month. Friends, neighbors, patients, families and associates are welcomed with a soup and salad supper. Then this independent worship community joins in song and fellowship.

We want our neighbors and patients to know they are welcome here anytime. Our commitment to the community includes building relationships outside the walls of our medical center and clinics. First Friday is one way we are inspiring hope and wholeness in southeast Portland.
The Adventist Health Portland Foundation was established to sustain the healing work of the physicians and associates of Adventist Health Portland. Through the development of philanthropic support, the Foundation seeks to fortify the promise to provide world-class health care close to home, now and for generations to come.

Founded in 2009, volunteer community leaders recognized that for the hospital to continue to provide compassionate, cutting-edge health care, additional funds are necessary beyond that provided by direct patient services. The foundation exists to provide a comprehensive program of fund development to supplement, enhance and enrich the programs, facilities and services of Adventist Health Portland.

The foundation raises funds through a variety of ways including corporate partnerships and major gifts, planned giving, bequests and charitable gift annuities, tribute gifts and general donations and an annual support program consisting of our Heroes of the Heart Gala and Golf Tournament, an Employee Campaign and Year-End Appeal. In doing so, the foundation impacts the health care and well-being of every patient who seeks care and support.
Even in retirement, Carol Kunau, former Adventist Health Portland chief nursing officer, is on a mission to provide whole-person care to our patients. After patients are discharged from the medical center, they receive a call from Carol. She asks how they’re doing and checks on their symptoms, medications and challenges. Patients who visit the emergency room receive similar follow-up calls.

In addition to helping patients understand how much we care about their health and well-being after they leave our hospital, this connection helps reduce readmissions by addressing patients’ questions and concerns before they develop into an emergency.