Adventist Medical Center
2015 Cancer Program Annual Report
WITH DATA FROM 2014
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Acknowledgements
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To learn more about the Adventist Health Cancer Program visit: AdventistHealth.org/NW/Cancer

Cancer Committee Roster – 2015

CANCER COMMITTEE CHAIR
Drew Chen, DO
Internal Medicine / Hematology / Oncology

CANCER PHYSICIAN LIAISON
Frances Ting, MD
General Surgery / Breast Surgery

QUALITY IMPROVEMENT COORDINATOR
Wesley Rippey, MD
General Surgery / Vascular Surgery

CANCER CONFERENCE COORDINATOR
Rebecca Orwoll, MD
Internal Medicine / Hematology / Oncology

MEDICAL STAFF REPRESENTATIVES
Nitya Alluri, MD
Internal Medicine / Hematology / Oncology
Lynne Dawson, MD
Radiation Oncology
Aaron Hicks, MD
Radiation Oncology
Jingjing Hu, MD
Internal Medicine / Hematology / Oncology
M.C. Theodore Mackett, MD
General Surgery / Vascular Surgery
Meredith Peake, MD
Chief of Pathology
Arnold Petersen, MD
Obstetrics / Gynecology
Jed Peterson, MD
Radiology / Interventional Radiology

CANCER DATA MANAGEMENT SERVICES / REGISTRY
Laura Wallace, RHIT, CTR
Cancer Program Coordinator

OTHER MEMBERS
Lorissa Addabbo
Cancer Service Line Director
Donald Anderson, RT
Administrative Director Medical Imaging
Melva Atkins, RD, LD
Nutritional Services
Thom Crawford, ACHP-SW
Social Work
Kim Earp, RT (T), MBA
Chief Therapist, Radiation Oncology
Kristi Grindle, RN
Clinical Trials Nurse / Radiation Oncology
Linda Henry, RN, MS, CNS, WOCN
Clinical Nurse Specialist

Cindy Hiday, RN
CPI Coordinator
Janice Hogue, RPH
Pharmacy Director
Ed Hoover, MA
Community Outreach Coordinator
Karen Johnson, RN, BSN, CHPN
Palliative Care Coordinator
Shannon Lang, RN
Hyperbaric Medicine Manager
Daryll George
Physician Liaison
Maureen McNabb, RN
Administrative Director, Nursing Services
Pam Proudfit, Mdiv, BS
Chaplain
Julie Robertson
American Cancer Society
David Russell
Senior Vice President, Chief Operating Officer
Dee Santella, RN, OCN, MSN
Cancer Care Nurse Coordinator
Heather Saviage, OTR/L
Specialty Rehabilitation / Occupational Therapy
Susan Steffey, MT
Laboratory Services Director

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Chair’s Report

It is my privilege as the Cancer Committee Chair to give you the 2015 Annual Report for Adventist Medical Center. This is our opportunity to highlight our efforts and success in the care of those with cancer, guided by the Adventist Health values of Integrity, Quality, Compassion, Wholeness, Respect, Family and Stewardship. Our cancer program is American College of Surgeons (ACoS) Commission on Cancer (CoC) accredited, which affirms our commitment to provide high quality cancer care. We are actively involved in the prevention, early diagnosis, and treatment of cancer, providing the support and rehabilitation services needed for excellence. This is evident in our patients’ experiences and their treatment outcomes.

The treatment of cancer is a team effort. At Adventist Medical Center, we are comprised of physicians from multiple disciplines: medical, surgical, and radiation oncology as well as radiology, pathology, palliative and hospice, all dedicated to providing the best care available from diagnosis to end-of-life, working alongside our primary care colleagues. We achieve this goal with the aid of our associated allied health professionals: cancer care nurses, patient navigators, rehabilitation therapists, social workers, nutritionists, chaplains and counselors who complete our team. Our patients and their families feel that the care they receive goes beyond the patient’s physical illness and includes their social and emotional needs. At our OHSU-Adventist East Portland Community Hematology and Oncology Clinic we scored 99th percentile in patient experiences reported by Press Ganey patient satisfaction surveys.

Adventist Health has charged itself with the care of your health and the health of our community. Our LivingWell & Wellness Services continues to provide lectures and activities to help promote cancer-preventing lifestyles and other ways to reduce your cancer risk. As a nation, we struggle to address cancer risk factors such as smoking and obesity. At Adventist Medical Center, we have nutrition conferences as well as programs to help with smoking cessation and weight loss. We also provide the Complete Health Improvement Program (CHIP). In addition to prevention, we believe in the importance of screening. We have provided cancer screening programs in the past and will carry on this tradition into the future. Our efforts to impact cancer in our community have us involved in the Race for the Cure, Relay for Life, and National Cancer Survivors Day. We also work closely with the American Cancer Society (ACS) to offer ACS sponsored programs that offer wigs and fitting services to women, lodging and transportation support to our cancer patients in need, and ‘Look Good, Feel Better’ classes that connect female patients with trained cosmetologists who assist them during and after their cancer therapy.

The treatment of cancer is rapidly changing. Significant progress has been made over recent decades, cancer patients are living longer, and there are more survivors. The future of cancer care will continue to advance with improved data gathering, modern molecular testing, and advanced therapies that will better target cancer and minimize effects on the patient. At Adventist Medical Center, we are committed to providing the best comprehensive care possible for our patients and the community we serve.
Lung cancer continues to be one of the leading primary cancer sites in Oregon. At AMC we diagnosed and/or treated 60 new lung cases during 2014. Lung cancer is the second most common cancer diagnosed at AMC. Worldwide, lung cancer is largely diagnosed at an advanced, and less treatable, stage.

While the leading cause of lung cancer is related to tobacco use, the second leading cause is exposure to radon, a colorless, odorless, radioactive gas, the result of the breakdown and decay of uranium, which is naturally found in some soils. In fact, U.S. reports suggest that around 21,000 lung cancer deaths each year are radon-related. According to the Environmental Protection Agency, nearly one out of every fifteen American homes has an unsafe level of radon gas inside. For many zip codes within Adventist Health’s primary service area, the Oregon Health Authority has listed them as “high risk” for dangerous home radon levels.

As part of our community prevention and screening efforts, Adventist Health in Portland has engaged in a two-year initiative to educate about radon, and to make it easier for families to access low-cost home test kits. Between January 2014 and October 2015 we:

1) Conducted three community education presentations on radon in cooperation with the American Lung Association, American Cancer Society and the Oregon Health Authority
2) Sold 100 low-cost home test kits to local residents (50/year)
3) Provided additional radon education through hospital publications and targeted emails

Of the 35 home radon kits that were submitted and considered to have been done properly, 25% were above 4 pCi/L (“high risk”, where it recommended that residents have work done on their homes to reduce radon exposure), 23% were classified as “moderate risk” where repairs should be considered, and 51% were classified as low risk. Three of the homes tested were over 11 pCi/L.

“If 1,000 people who never smoked were exposed to this level of radon over a lifetime, it is estimated that 18+ could get lung cancer.”

In 2016, we are planning on continuing to offer this lung cancer prevention and screening service.

Additional Prevention and Awareness Activities Included:

• Colorectal cancer awareness campaign—posters, materials & public displays in March
• FREE weekly smoking cessation support group
• Community programs on lifestyle approaches and cancer risk reduction (nutrition, exercise, stress reduction, water, sunlight, rest, etc.) including Complete Health Improvement Program, Sleeping Well Again, No Added Sugar Challenge, New Pre-diabetes class, Holiday Hold’Em Weight Challenge, From Sickness to Health Series, etc.
• Cosponsor of the Northwest Health and Nutrition Conference—a professional conference on the health benefits of a whole food, plant-based diet
• Family Fun and Fitness Fair at Cherry Park Elementary School
• Portland Better Living Show and Portland Vegfest booths on prevention
• East Portland Relay for Life (ACS) and Portland Race for the Cure
• Cancer support group for patients and their significant other
• Grief support group

Cancer Screening Activities

• New lung cancer screening program, paid by most insurers, for eligible clients. Started in January, and approved by Medicare and insurers in April 2015, over 350 patients have been screened using low-radiation CT scans, and eight cancers identified and treated. Screening criteria requires clients to have NO symptoms of lung cancer
• Colorectal cancer screening improvement project in AHMG clinics
• Community mammography project
2014 Community Outreach
Prevention, Education & Screening Programs

- Breast cancer/breast health education
- Colorectal cancer education
- Cooking with the Doc
- Great American Smokeout/Walk-in Smoking Clinic
- Health fairs and seminars
- Jump Start to Quitting Tobacco
- LivingWell staff wellness education program
- Lymphedema education and prevention program
- Nutritional education and screening
- Oral health screening
- Pink Fling Luncheon (Breast Cancer Awareness)
- Prostate cancer education
- Relay For Life events
- Skin cancer education and screening
- Tobacco cessation program support groups/services
- Breast cancer support group
- Bereavement luncheons
- Camp T.R.
- Cancer navigation services
- Cancer survivors day
- Cancer support group
- Genetic counseling
- Grief counseling
- Look Good, Feel Better
- Lymphedema support and treatment

- Home radon screening project
- Lung cancer awareness month—“should you be screened” new lung cancer screening eligibility and informative lung cancer awareness posters placed in community areas

- Ostomy support group
- Pastoral care
- Pathways support group
- Prostate cancer education and support group
- Reach for Recovery
- Road to Recovery
- Studio YOU
- The Red Devils
- Widows/widowers support group
Cancer Program Practice Profile Reports (CP3R)

The Cancer Program Practice Profile Reports (CP3R) is a web-based reporting tool that provides local providers comparative data to assess adherence to the standard of care therapies for leading cancers. A major focus is to encourage clinicians, administrators, and additional staff to work supportively and collaboratively to detect barriers in practice and delivery and to exercise best practices that will reduce disparities in care throughout Commission on Cancer (CoC) accredited cancer programs.

CP3R Measure Comparison

The cancer program practice profile report estimated performance rates in six breast, two colon and one rectal measure. Rates below are for 2012.

<table>
<thead>
<tr>
<th>SITE</th>
<th>MEASURE</th>
<th>AMC</th>
<th>OREGON STATE</th>
<th>PACIFIC REGION</th>
<th>ALL CoC APPROVED PROGRAMS</th>
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<tbody>
<tr>
<td>BREAST</td>
<td>Breast Conservation surgery rate for women with AJCC clinical stage 0, I or II breast cancer (BCS)</td>
<td>80.90</td>
<td>60.2</td>
<td>60.5</td>
<td>62.6</td>
</tr>
<tr>
<td></td>
<td>Image or palpation-guided needle biopsy (core or FNA) of the primary site is performed to establish diagnosis (nBx)</td>
<td>98</td>
<td>88.4</td>
<td>91.7</td>
<td>89.4</td>
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<tr>
<td></td>
<td>Radiation therapy is considered or administered following any mastectomy within 1 year (365 days) of diagnosis of breast cancer for women with &gt;=4 positive regional lymph nodes (MAST/RT)</td>
<td>75</td>
<td>94.2</td>
<td>86</td>
<td>89.2</td>
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<tr>
<td></td>
<td>Radiation is administered within 1 year (365 days) of diagnosis for women under the age of 70 receiving breast conservation surgery for breast cancer (BCS/RT)</td>
<td>90</td>
<td>93.6</td>
<td>90.8</td>
<td>92.4</td>
</tr>
<tr>
<td></td>
<td>Combination chemotherapy is considered or administered within 4 months (120 days) of diagnosis for women under 70 with AJCC T1c, or stage II or III hormone receptor negative breast cancer (MAC)</td>
<td>100</td>
<td>96.9</td>
<td>90.5</td>
<td>92.1</td>
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<tr>
<td></td>
<td>Tamoxifen or third generation aromatase inhibitor is considered or administered within 1 year (365 days) of diagnosis for women with AJCC T1c or stage II or stage III hormone receptor positive breast cancer (HT)</td>
<td>100</td>
<td>94.5</td>
<td>90</td>
<td>91.5</td>
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<td>COLON</td>
<td>Adjuvant chemotherapy is considered or administered within 4 months (120 days) of diagnosis for patients under the age of 80 with AJCC stage III (lymph node positive) colon cancer (ACT)</td>
<td>100</td>
<td>95.6</td>
<td>97.1</td>
<td>89.8</td>
</tr>
<tr>
<td></td>
<td>At least 12 regional lymph nodes are removed and pathologically examined for resected colon cancer (12RLN)</td>
<td>78.6</td>
<td>90.1</td>
<td>89.1</td>
<td>88.2</td>
</tr>
<tr>
<td>RECTUM</td>
<td>Radiation therapy is considered or administered within 6 months (180 days) of diagnosis for patients under the age of 80 of with clinical or pathologic AJCC T4NO MO or stage III receiving surgical resection for rectal cancer (REC/RT)</td>
<td>100</td>
<td>89.4</td>
<td>84.8</td>
<td>85</td>
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</table>

All measures were thoroughly analyzed by the Cancer Committee. As a plan of action, AMC will soon participate in the CoC’s Rapid Quality Reporting System (RQRS) to further monitor patients to reduce any disparities in treatment.

**BREAST MAST/RT**

One patient began radiation therapy 14 months after diagnosis vs recommended 12 months after diagnosis due to ongoing medical issues.

**BREAST BCS/RT**

Treatment was contraindicated for one patient due to ongoing medical issues; two patients declined further treatment.

**COLON 12RN**

As a plan of action, the Cancer Committee, the Cancer Committee Quality Coordinator and the Cancer Liaison Physician met with colorectal surgeons and the Chief of Pathology to reaffirm the significance of removing more than 12 lymph nodes. In addition, the pathologists were asked to recheck the specimen for additional nodes to ensure that a minimum of 12 lymph nodes were examined. The Cancer Committee will continue to meticulously assess this quality measure.
AMC’s Cancer Data Services is a key component of the cancer program and is under the direction of the oncology service line, the Cancer Committee and stringent compliance to the American College of Surgeons Commission on Cancer program standards.

Cancer Data Services is responsible for managing and analyzing clinical cancer data to collaborate with physicians, administrators, and health care planners to provide support for cancer program development, treatment, providing cancer incidence, and to ensure compliance of reporting standards.

### 2014 Cancer Data Year Analytic Cases – Site & Stage Distribution

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<th>Primary Cancer Sites</th>
<th>Male</th>
<th>Female</th>
<th>0</th>
<th>I</th>
<th>II</th>
<th>III</th>
<th>IV</th>
<th>UNK</th>
<th>N/A</th>
<th>Total Cases</th>
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<td>100</td>
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<td>35</td>
<td>40</td>
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<td>TOTAL</td>
<td>186</td>
<td>246</td>
<td>29</td>
<td>114</td>
<td>114</td>
<td>75</td>
<td>72</td>
<td>13</td>
<td>15</td>
<td>432</td>
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</table>
Adventist Medical Center Cancer Program offers:

- Educational, prevention, community outreach, and early cancer detection programs
- Financial Advisors specialized in uninsured or complex financial situations
- Generous and easy to apply for scholarships for partial to full hospital care
- Cancer-related support groups—grief, bereavement, cancer survivor, smoking cessation
- Inpatient and outpatient psychiatric consultation and care
- Medical oncology inpatient and outpatient units staffed by oncology-certified, bachelor-degreed, registered nurses (RN, OCN)
- Oncology nutrition and dietitian services
- Social work services
- Grief and bereavement support
- Pastoral care services
- Inpatient palliative care service by a certified hospice and palliative care RN
- Cancer care coordination service by oncology-certified RN patient navigator
- Radiation oncology
- Surgical oncology
- Clinical trials
- Diagnostic and interventional radiology
- Hyperbaric medicine therapy for some cancer-related conditions.
- Durable medical equipment services
- Personal home care by home health aides, personal caregivers, and nurses
- Hospice—MD, RN, social worker, chaplain, nurses aide, and trained hospice volunteer home visits
- Outpatient palliative care for CareOregon Plus patients
- Rehabilitation services including physical therapy, speech/swallow therapy, occupational therapy, and cancer-related lymphedema therapy
- Interpreter and translator services in dozens of languages and dialects—face to face, telephonic, or via live internet

American Cancer Society

- Adventist Medical Center (AMC) Cancer Program partners with the American Cancer Society (ACS), and provides up-to-date, educational materials published by the ACS. AMC helps provide ACS-donated new wigs, private wig fitting appointments, as well as “Look Good, Feel Better” classes, guided by a licensed cosmetologist, and offered to women experiencing temporary side effects of certain cancer treatments. All ACS material and services are free.
- The AMC cancer navigation program offers assistance with cancer education and information, as well as guiding patients and families to AMC and community resources, with a goal to reduce any barriers to cancer care. The cancer nurse navigator may assess emotional health and distress, find a care provider, or help a patient address transportation, financial, and insurance concerns he or she may encounter on their cancer journey. AMC cancer navigation services are free.

Community Outreach

- Adventist Medical Center Cancer Program actively reaches out to the communities it serves to share information about enjoying a healthier lifestyle, the importance of regular cancer screenings, and maintaining good physical, mental, and spiritual health by being mindful of the benefits of good sleep, stress reduction, smoking cessation, a plant-based diet, and physical exercise. Outreach wellness services are open to the public, and most programs are available as free or low-cost.
- The Adventist Medical Center Cancer Program Committee is a multidisciplinary team that meets four times a year to monitor and strengthen the services offered and ensure cancer prevention, screening, and care is current, comprehensive, and meets the needs of our community. In addition, a Cancer Program subcommittee meets once a month to evaluate the cancer program objectives and progress.
• Breast and Cervical Cancer Program (BCCP) screening and services, and BCCP treatment application assistance for medically urgent Oregon Health Plan enrollment.

• Mammography outreach program offering free or low-cost breast cancer screening to eligible women.
A special thank you . . . to our community, the American Cancer Society and our private donors.

Cancer Services
AdventistHealth.org/NW/Cancer

Treatment
Surgery
Chemotherapy
Radiation Oncology
Interventional Radiology
Hematology Services
Cancer Specialty
Rehabilitation
Clinical Trials

Diagnostic Radiology Services
CT Imaging
MRI
PET/CT
Pathology/Laboratory
Nuclear Medicine Imaging
Digital Mammography
Ultrasound
Skin Cancer Screenings
Colonoscopies
Low-dose CT Lung Cancer Screening

Support Services
Cancer Care Coordinator
Pain Management
Wellness Services
Physical Therapy
Specialty Rehabilitation
Lymphedema Clinic
Occupational Therapy
Audiology Services
Speech/Swallow Therapy
Nutritional Services
Home Health
Social Services
Hospice & Palliative Care
Nurse Specialist Ostomy
Care Management & Instruction
Cancer Treatment Transport

Staff Education
Physician Cancer Lectures
Oncology Nursing Training
Lymphology Association of North America

Program Activities

Support Groups
Cancer Support Group
Breast Cancer Survivor Support Group
Mammography Program
Smoke Free Support
Bereavement Support Group
Hospice: Grief Support Groups & Classes

Educational Activities
Look Good, Feel Better American Cancer Society
The Latest Nutrition Discoveries
Creating Health Series
Self-Help Materials for Tobacco Cessation
Computerized Health Risk Assessments
Great Race Fitness Challenge
LivingWell with Stress Series
Web-based classes: weight, tobacco, nutrition, stress, etc.

Community Activities
American Cancer Society’s Relay for Life
Race for the Cure Expo & Walk
Community & Worksite Screenings
Plant-based Nutrition Conference
Portland VegFest
Better Living Show

When it comes to providing the best care to our community, Adventist Medical Center depends on your donations. Contact the Adventist Health Foundation at (503) 251-6197.

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